



ઓશવાળ
સમાચાર

OSHWAL news

August 2019 Edition

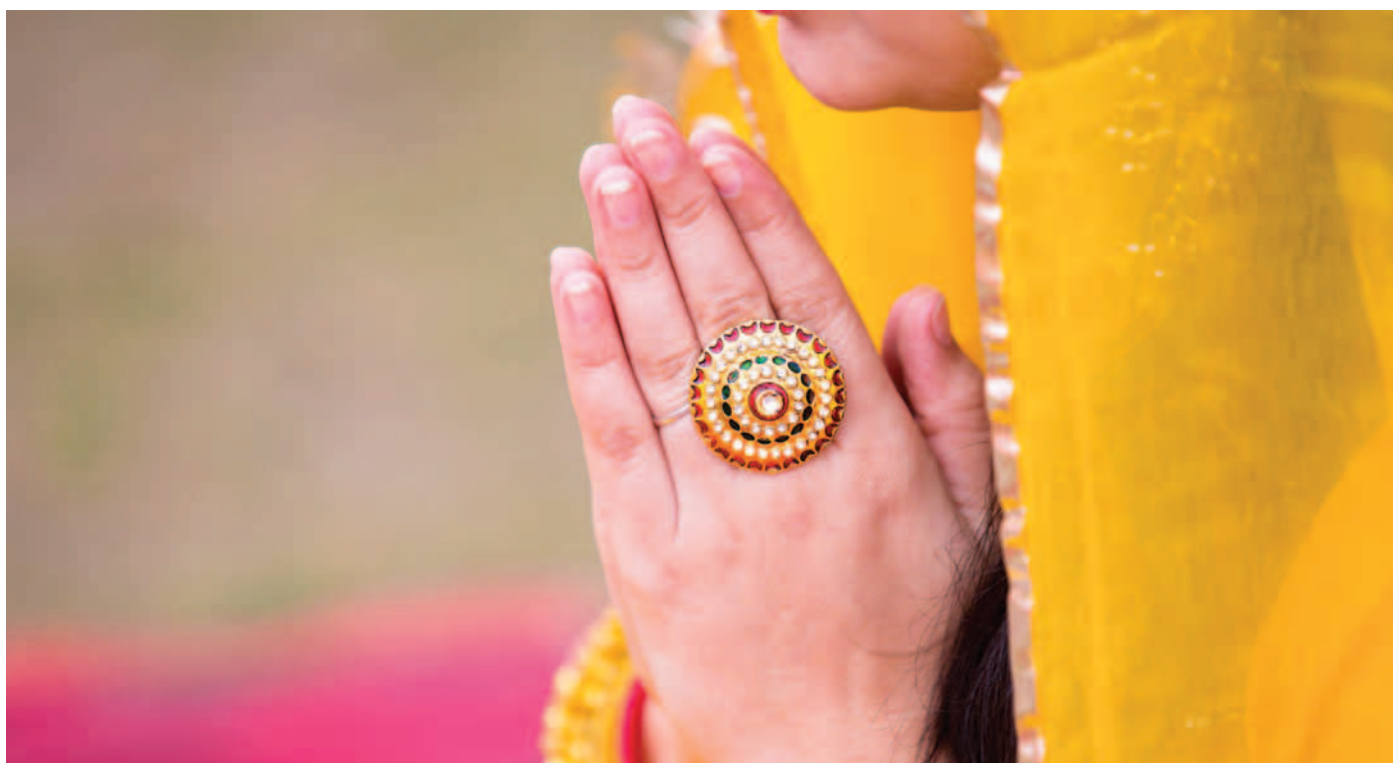
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Paryushan 2019





With best wishes from the partners of Lubbock Fine to the members of the Oshwal Association on the occasion of Paryushan

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Editors message 2019

Many couples have recently got married or engaged; people have retired or won big Awards for their achievements. New additions to the family, special birthdays, new house, or promotion at work etc. - Congratulations to you all.

Very sadly we have also lost so many people due to old age or sickness - our Condolences goes to all the people affected by this tragic news.

This is our Paryushan issue full of many good articles and details on events planned for the coming weeks, our next big event will be the Diwali celebrations – our team are planning a wonderful Diwali programme for you, Children's talent show and much more on the 3rd November - see updates on www.oshwal.org

OAUk has come a long way since those early days. To run our large organization and the Properties experts are needed, most of the work is done on a Volunteer basis, by the many Committees and Trustees - thanks to all of them plus the background workers that we have they all work so hard.

Looking ahead to 2020 an important year for OAUk, next April our AGMs will be held to elect new Committees and the main EC body. You will agree that good leadership, with good positive ideas; honesty and dedication are some of the important points to consider when you come to the AGM to cast your vote. It will be very good to know if you would consider joining OAUk as a Committee member or take up the Trustee role in the main EC body, - please do come forward but it is more important to attend these Annual General meetings.

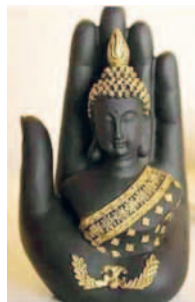
Micchami Dukkham

Sudhir Meghji Shah

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All other articles and reports to:

Sudhir.M.Shah@Oshwal.org

Pictures must be very high quality in Jpeg files

Articles from members should be max one page

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25TH AUGUST
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IN OCTOBER**



President's Message

Jai Jinendra and Pranam
Hope you are all enjoying the summer and holiday break.

online application for specialist workers visas to come from India and finish our Derasar extension work. I am hoping that by the time this publication lands on your doorstep we would have heard the good news and work would have commenced in August.

Paryushan

Our most important festival begins on 26.08.19 and all the Area Committees have been busy planning this event for our members. Full details of the events are being published in this issue of Oshwal News. As Trustees we will be visiting all Areas during this festival. Our most auspicious day is on 15.09.19. On this day we have organised a Puja followed by Dhaja Din (a ceremony of new flag raising on our Jinalay). As in previous years we have organised a token scheme so that every member has an opportunity to do the ceremony of Flag Raising. Tokens will be available during the Paryushan time and I encourage each member to purchase the token as the lucky person has an opportunity to do the Dhaja ceremony which is very auspicious and once in a lifetime opportunity. On the same day we have our Swamivatsalya Bhojan and all of you are invited to take part on that day.

Derasar Extension

I am pleased to say we have now managed to resubmit

Volunteer Work

Our congratulations go to Jatinbhai Shah for his extensive 19 years Volunteer service being appreciated by NHS Trust. Please watch his video on our website which should inspire others for the tremendous effort he has given to the NHS Trust.

External fund raising

Our North West area donated £13925 to Northwich Park Hospital to fund the purchase of New Haemodialysis machine and treatment chair. We thank all the donors for their generous donation which will enable to benefit many patients at the hospital.

One Jain conference

This was held on 29th June 2019 at Ekta Centre. Leaders from different Jain organisation were present and healthy debate took place on various challenges we as Jains would be facing and there was a panel discussion on this matter.



Special Advisor to PM

On 21st June 2019 at Oshwal Centre we had a visit from Jonathan Hellewell who is special advisor on faith to our Prime Minister. A tour was organised at the centre to see the temple and our site. We would like to thank Institute of Jainology for arranging this visit and we were fortunate to be able to discuss the problems we had for granting visas to specialist workers from India and how he could assist us speak to the high authorities so that Visas can be granted.

Series of Regular Talks and lectures

On 10th July our guest speaker at Oshwal Centre was Kiran Jethalal Shah. We are proud of this first Oshwal who had taken up a unique career and profession as actor and stuntman. He has appeared in many Hollywood films such as Lord of rings, Star Wars etc. It was quite an inspiration to hear his story and lifetime. Hope This will inspire others. His name also appears on Guinness world of records.



Oshwal Wedding Show

On 24th November 2019, we will be hosting the biggest and most fashionable event of the year - the Oshwal Wedding Show at Oshwal Centre!!

Preparations have already started for this huge event and we are looking for volunteers, as well as for those who want to exhibit their wedding related services at the Show. Find out more about this great event on our website:

Other Events

Various events are being held by all areas throughout the year. For further details please visit our website.



Finally, on behalf of my fellow trustees and committee members I seek your forgiveness for any misdeeds or actions on our part which may have hurt your feelings in any way.



Michammi Dukkadam
Jai Mahavir, Jai Oshwal
Nilesh Bhagwanji Shah
Hon. President
Oshwal Association of the UK
Email: President@oshwal.org



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Best wishes to all Jains for a successful Paryushan festival



from the Directors and staff at Sigma

During this period of Paryushan all Jains forgive and seek forgiveness from all living beings by way of fasting and meditation.

**Michammi Dukkadam on the last day of Paryushan.
May all evil that has been done be fruitless.**



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Anand Yatra

by
Mradula Babul Shah

દર શુક્રવારે આનંદ યાત્રાનો કાર્યક્રમ નિયમિત ચાલે છે જેમાં આપણા વડીલો, ભાઈઓ, બહેનો આવીને વિવિધ પ્રવૃત્તિઓમાં લાભ લેતાં હોય છે. દેરાસરમાં સવારે ૧૦.૦૦ થી ૧૨.૩૦ વિવિધ પૂજા ભણાવવામાં આવે છે, તેમજ ૧૦.૦૦ થી ૧૨.૩૦ હોલમાં યોગા અને પત્તાની રમતમાં જોડાઈને સભ્યો આનંદ માણે છે. ત્યાર બાદ મધુર અને ગરમાગરમ ભોજન બધા સાથે મળીને પ્રેમથી જમે છે. આપ દરેકને આનંદયાત્રામાં પધારવા ભાવભર્યું આમંત્રણ છે.

તારીખ ૨૫-૧૦-૨૦૧૯, શુક્રવારે આનંદયાત્રામાં દિવાળી ઉત્સવ ઉજવવામાં આવશે.

તારીખ ૧-૧૧-૨૦૧૯, શુક્રવારે આનંદયાત્રામાં જ્ઞાનપંચમી આરાધના કરવામાં આવશે.

Anand Yatra Schedule 2019:

North & Hounslow	Aug 2 nd , 23 rd	Sep 20 th	Oct 18 th	Nov 8 th , 29 th	Dec 20 th
North East	Aug 9 th	Sep 6 th , 27 th	Oct 25 th	Nov 15 th	Dec 6 th
North West	Aug 16 th	Sep 13 th	Oct 4 th	Nov 1 st , 22 nd	Dec 13 th

The pickup points for the coach are as follows:

North East Area:	Starting from Bounds Green Station (9.30am) to Southgate Station to Cockfosters Station to Oshwal Centre
North West Area:	Starting from Kenton Library (9am) to Queensbury Station to Canons Park Station to Edgware Station to Oshwal Centre
North Area:	Starting from Lodge Lane (9am) to Waitrose, Totteridge to Odeon Cinema to Oshwal Centre
West Area:	Starting from Shakti Centre, Hounslow (8am) to Oshwal Centre

Return trips leave Oshwal Centre at 2.30pm

For further information please contact your area representatives:

North -	Sarojben	020 3091 3910
Hounslow -	Kesubhai	07735 382657
North East -	Pushpaben	020 8886 9812
North West -	Suhilaben	020 8907 1570
	Champaben	020 7461 0587

For any other queries please contact Mradulaben 020 8441 4387

ધજાદિન અને સત્તરભેદી પૂજા

આપણા દેરાસરની તેરમી ધજાદિનના પ્રસંગ નિમિત્તે, તા. ૧૫.૦૯.૨૦૧૯ – રવિવારે, ઓશવાલ સેન્ટરના હોલમાં સવારે ૯.૦૦ વાગ્યે સ્નાત્રપૂજા અને ત્યાર બાદ સત્તરભેદી પૂજા ભણાવવામાં આવશે. બપોરના ૧૨.૩૦ના સમયમાં દેરાસરના શીખરે ધજા આરોહણ કરવામાં આવશે. ધજા આરોહણના લાભ માટે £5.00 ટોકન રાખેલ છે જે પર્યુષણ દરમિયાન દરેક એરિયામાં આપવામાં આવશે. ધજાદિનના શુભ પ્રસંગે સકળ સંઘનું સ્વામી-વાત્સલ્ય ભોજન રાખવામાં આવેલ છે. સકળ સંઘના ભાવિકોને પધારવા ભાવભર્યું આમંત્રણ છે.

વિશેષ નોંધ:

તા.૦૧.૦૯.૨૦૧૯ - રવિવારે, શ્રી કલ્પસૂત્ર પૂજા રાખેલ હતી. તે હાલમાં મુલતવી રાખવામાં આવેલ છે.

તા. ૨૭.૧૦.૨૦૧૯ – રવિવાર, દિવાળી નિમિત્તે સવારે ૧૦.૦૦ – ૧૨.૩૦, પાવાપુરી તીર્થની ભાવયાત્રા થશે તેમજ સાંજે ચોપડાપૂજન રાખવામાં આવેલ છે.

તા. ૦૧.૦૧.૨૦૨૦ - બુધવારે, દરેકને વિશેષ ધર્મનો લાભ મળે તે માટે મહાપૂજન રાખવામાં આવેલ છે જેની વિગત આગામી ઓશવાલ ન્યૂઝમાં જણાવવામાં આવશે.

Dhaja Din and Sattar Bhedi Puja

The thirteenth Dhaja Din ceremony of our Derasar is on Sunday, 15.09.2019. Snatra Puja will be performed at the Oshwal Centre Hall at 9.00am followed by Sattar Bhedi Puja.

The Flag raising ceremony will take place at 12.39 at the Derasar. To participate in this ceremony, a token of £5.00 has been kept which will be distributed in every area during the Paryushan celebrations. All are also warmly invited to attend the Swami Vatsalya Bhojan on this auspicious day.

Please note:

01-09.2019 – Sunday – Kalpasutra Puja had been arranged however, it has been postponed for now.

27.10.2019 – Sunday – For Diwali, a Bhav Yatra of Pavapuri Tirth will take place between 10.00 – 12.00 in the morning and Chopda Puja will be performed in the evening.

01.01.2020 – Wednesday- A Maha Puja has arranged to provide an opportunity for all to participate. Further details will be published in the forthcoming Oshwal News.

Dhaja Din Tokens





SAMEET SHIKHAR JATRA 2019

Our religious experience started with the Sametshikhar Jatra 2019 meeting held on a windswept rainy Savantsari Bhojan day at Oshwal Centre. Nilesbhai provided us with a detailed itinerary put together by Jagatbhai. The Jatra was amazing and spiritually uplifting made more special by Jayeshbhai's detailed teaching and explanations. The members of the tour group helped every step of the way with the Darshan and Puja. We were kept entertained on the coach journeys with stavans, quizzes and stories. Jagatbhai's team kept us fed and water with Jain food ranging from scrumptious Chinese cuisine to full Gujarati thalis at breakfasts, lunches, high teas and dinners the whole experience including the stunning scenery was spiritually fulfilling and left us with a thirst for more religious knowledge. – **Mala**

We enjoyed being in OAUK's first Sammet Shikhar Jatra group. We only knew half the people; now we know all. Everyone got on well together and enjoyed the good mix of personalities. Jayeshbhai explained things nicely and gave everyone a chance to participate in rituals. The view of the night sky as one is carried uphill on doli leaning slightly back, the beautiful views of Shikharji as the sun rises and seeing so many "kalyanak" spots were all quite amazing for me. The food was good and the trip also covered other historic Jain centres in the region. - **Anil Meghji Shah**

On 11th February 2019, 36 oshwals from UK and 2 from Nairobi met at Ranchi airport to commence our 9 day pilgrimage of Sammet Shikhar, which is on the top of Parasnath Hills, near Madhuban in the Giridh district of Jharkhand. This trip was an amazing experience, Jayeshbhai guided us and gave a brief history of all the places we visited, and lastly Jagatbhai and his team for looking after us throughout the trip. We were privileged to do Puja at Jalmandir and climbing the challenging Parsvanath and Chandraprabhu tunks. Visiting Champapuri where Vasupujyaji attained moksha, has a lasting impression, due to the peace and serenity of the temple and its surroundings.- **Jyoti & Viren**

I had the opportunity of visiting the most holy place Sametshikhar, a chance that I never thought would happen. As a group of 38 pilgrims, the tour was very well planned and organised by Nilesbhai. We became a family and at each holy place we visited we enjoyed doing Darshan and Chaita Vandan together as a group. Jayeshbhai was very good in his explanations of the history behind each place visited. - **Sarla**

શ્રી સમ્મેતશિખરજી યાત્રા

સમ્મેતશિખરજીની યાત્રા એટલે સમ્યક્ત્વ પ્રાપ્ત કરવાની જાત્રા, જે આપણી સ્મૃતિમાં વારંવાર આવ્યા કરે અને મનમાં સતત તેનું ચિંતન ચાલે. પહાડોની દુનિયામાં પોતાની અનોખી આભાથી તે શોભાયમાન છે. વીસ તીર્થકરોની નિર્વાણ ભૂમિ અને સેંકડો સાધકોની સાધના ભૂમિ એટલે સમ્મેતશિખર. સમ્મેતશિખરની ભૂમિ એટલે કર્મનો ભૂકો બોલાવી દેનાર અને માનવીને ઉત્કૃષ્ટ માર્ગે દોરનાર. તેની સ્પર્શના માત્રથી જીવન ધન્ય બની જાય. આ પહાડનો કણેકણ અને તળેટી પણ અતિ પાવનકારી છે. ઋજુવાલિકા એટલે મહાવીરની

કેવળજ્ઞાન કલ્યાણક ભૂમિ. પ્રભુની ગોહાદિક આરસની પ્રતિમા પાસેથી ખસવાનું મન જ ન થાય. ભોમિયાજીના દર્શન વગર પર્વતારોહણ થાય નહિ અને કરીએ તો વિપત્તિ આવે. એની પાછળ શામળા પાર્શ્વનાથનું અતિ ભવ્ય મંદિર. પાછળ આદિનાથની સ્નેહ નિતરતી પ્રતિમા જોઈ શંત્રુજયની જાત્રા થઈ. ટુંકા ઇન વન. સમ્મેતશિખરમાં શંત્રુજય ઈશ્વરસથી પારણું કરાવી રહેલ શ્રેયાંસકુમારનું અતિ ભવ્ય દૃશ્ય. આગળ ૧૦૮ પાર્શ્વનાથના નામ સાથે આખું એક જ ભવ્ય પટ્ટ. ચંપાપૂરીમાં વાસુપૂજ્યના પાંચ કલ્યાણક અને પાંચેના એક જ દેરાસરમાં સુંદર સમાવેશ. ચંપાપૂરીમાં અલૌકિક પાર્શ્વનાથનું કાયનું અતિ સુંદર મંદિર. તેની પાછળ ભક્તામર મંદિર. બરાબર તેની પાછળ ભોમિયાજીનું રાજકુમાર સ્વરૂપ જોવા જેવું છે. ભોમિયાજીને પેંડા અને નાળિયેરનું નૈવેદ્ય ચડાવાય.

રાજગ્રહી પાંચ પહાડની યાત્રા. વીસમાં મુનિસુવ્રત સ્વામીના ચાર કલ્યાણક અહીં થયા છે. ત્યાર બાદ બીજા પહાડના ચઢાણ, રોપ વે ઉપર ગૌતમ સ્વામીની અતિ ભવ્ય મોટી પ્રતિમાવાળું સુંદર મોટું મંદિર. વીરાયતનનું સંગ્રહસ્થાન અને નવા દેરાસરે ભક્તિ કરી. ક્ષત્રિયકુંડની તળેટીના ૧૫૦૦ વર્ષ જૂનું મહાવીરનું ચ્યવન દેરાસર. ગુણિયાજી, પાવાપુરી, જલમંદિર કેમ વિસરાય.ઘણાં કહે તીર્થ પત્યું, પણ મારા મત પ્રમાણે તીર્થ પતાવે નહિ પણ તેને માણે, દર્શન કરી ભાગે નહિ પણ પૂજા કરી દિલમાં વસાવે - **રમીલાબેન કાંતિલાલ શાહ.**

“Those who have experienced the vibrations in Palitana but have not been to Samet Shikharji, we wish to recommend to them to make this Jatra once in their lifetime and you will come back with an amazing experience of this important Jain Pilgrimage Place “- **Hasmukh & Saroj Shah**

It was a unique opportunity & a privilege to be part of the Jain pilgrimage yatra to Sammet Shikherji with Oshwal Association of the UK. This centre is a peak of concentration where 20 of the 24 Tirthankaras attained Moksha through meditation. This was the first time the Association had arranged such a yatra. The Sangh made up of 38 Oshwals, assembled at Ranchi Airport, in the Indian state of Jharkhand to embark on a tour of Jain tirths for the next nine days finishing at Patna Airport, Indian state of Bihar. We walked up the Shikherji at 4 am in pitch dark with a torch and a stick and a ride on a dolly to visit the tirths and the derasers. These were accompanied by pujas conducted and detailed explanations given by our own par excellence Jayeshbhai, OAUK's Vidhikar. No trip was ever complete without the garma garam food varieties freshly prepared & served by Jagatbhai and his team at all meal times. We all had a great time during long coach journeys where we sang religious songs, played quiz and listened to many religious stories narrated by Jayeshbhai. We really became good friends. In fact, like a big parivar! We stayed in good accommodation and most of us sailed through without any ill effects. We had travelled in cars, autos, horse carts and cable chairs. We enjoyed taking many photos of the party at most locations throughout the tour. Yatra of a lifetime to Sammet Shikherji in February 2019 – **Usha & Ashwin**

Samet Shikhar jatra with the Oshwal brothers and sisters was a very unique experience. During the trip, we visited Champapuri, town, where 12th Tirthankara Vasupujya swami's five kalyank occurred. Many great souls including Mahavir Prabhu and Parashnath visited this town. Mahavir Prabhu's one of the samvosharan also took place in this town. There is an ancient derasar of Vasupujya swami and inside, there are 5 kalyank shrines. This mandir is on 3 floors and is very colourful and intricate carvings all around inside. Early morning, we performed puja/darshan of the main murti and also all the kalyanak shrines, under the guidance of Jayeshbhai. During this vidhi, I was very emotional but also felt privileged to be performing this puja. The whole jatra experience made me feel proud of my Jain religion. It is so very remarkable to note that our sadhus/sadhvis still follow the same principles as were laid down by Mahavir Prabhu's sangh. Here, I wish to express my appreciation to the Oshwal president, Nileshbhai, Jayeshbhai and the tour operator for organising this jatra and guiding us heartily during the puja darshan and lastly for making it a comfortable journey. – **Pratipa Shah**

A wish which came to reality. - A Jain life is incomplete without a visit to this holy place. The feeling one experiences on landing at Samet Shikharji is inexpressible. The moment we stepped into holyland we got unique feelings from within. The numerous Jain temples, Jain monks, devotees all these added to the experience. Darshan of Bhomayji and trek through Parasanth Hillock that spans over 27km is once again a life time unforgettable experience. Experience of Doli, Darshan of all paduka, Seva Pooja at Jalmandir which has all facilities was so peaceful. Places visited Rujuwalika, Champapuri, Rajgir, Lachwaad, Pava puri, Guniyaji, Kundalpuri. Each had unique Derasar and we had chance to do seva, pooja, thaal for our Prabhuji. 20 Tirthankar had their kalyanak in this bhoomi. Jagat caterers gave mouthwatering dishes throughout. Much appreciated by all. A trip and date 11th Feb 2019 will be remembered by the whole group. - Pushpa

We had always heard that the toughest Jain tirth pilgrimage is Sametshikhar. Apparently, one can only do this pilgrimage when it's one's calling. Definitely true for us as we had been planning this trip for the last seven years and when it happened, it was totally unplanned!! The experience we had was truly heavenly. Presence of Jayeshbhai on the trip made each experience very interesting, informative and meaningful. Thank you to Nilesh and Bindu for their patience in organising and accommodating each one of us. Big thank you to Jagatbhai and team who made it a seamless travel and every meal a treat! To all the yaatris on this journey, great company and wonderful people to know and meet. – **Mahesh & Nila**

સમેતશિક્ષર તિર્થ નજરે નિહાળવાનો અવસર ક્યારે મળશે એમ ઘણા વખતથી મનમાં ગુંજતું હતું. ધાર્યું નહોતું કે તે સમય પણ આટલો ઝડપી આવી જશે. વીસ વીસ તિર્થકરોની, નિર્વાણ ભૂમિની સ્પર્શના અને યાત્રા, મારા જીવનની યાદગાર પળ બની ગઈ. ૩૧ ટુંકના દર્શન અને ચૈત્યવંદન કરવાથી ખુબજ અદ્ભુત અનુભવ થયો. અમારી જાત્રામાં ઘણા બધા પહેલી વાર આવેલ અને જયેશભાઈ સાથે હોવાથી જાત્રામાં ચાર ચાંદ લગાડી દીધો. તેમના ધર્મના જ્ઞાનથી અમોને ઘણોજ લાભ અને જાણકારી થઈ. હું ઓશવાળ સમાજની ઘણી આભારી છું કે આ જાત્રા કરવાની મને તક મળી. સુશીલાબહેન અનીલભાઈ ના પ્રણામ



Dipesh Shah

Sean Fitzgerald

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2019 SEMINAR DATES

Dates	Time	Venue	Topic	Speaker
Wednesday 28th August 2019	7.00 pm – Indian Buffet Dinner (includes soft drinks)	Mumbai Junction Restaurant, 231 Watford Road, Harrow, Middlesex, HA1 3TU	‘Inherently Unfair’? Inheritance Tax is widely viewed as unfair, and even the Chancellor agrees it’s complex, but only effective and early planning can minimise its impact on your estate.	Dipesh Shah DipPFS, CeMAP MSc BA (Hons) Wealth Manager & Company Director of Oakdale Financial Services Ltd Dipesh has a wealth of experience advising his clients in the important subject of inheritance tax Planning. Dipesh enjoys helping his clients minimise the impact of this tax on their estate, leaving more for their loved ones after they have passed away.
Wednesday 2nd October 2019	Followed by			
Wednesday 30th October 2019	Seminar talk: ‘Inherently unfair’?			
Wednesday 27th November 2019	Q & A Session 9.30pm – Finish	Limited parking available onsite		
Thursday 12th September 2019	7.00 pm – Refreshments (soft drinks) and canapes provided	Moor Park Golf Club, Rickmansworth, Hertfordshire, WD3 1QN	This seminar talk will include a look at: Wills, Lasting Power of Attorney, Gifting, Trust Planning*, Business Relief, Protection for Inheritance Tax Planning.	
Thursday 10th October 2019	Followed by	Parking available on site		
Thursday 7th November 2019	Seminar talk: ‘Inherently unfair’? Q & A Session 9.30pm – Finish	When using the sat-nav, please use WD3 1QL		

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'Inherently Unfair'

Inheritance Tax is widely viewed as unfair, and even the chancellor agrees it's complex: only effective and early planning can minimise its impact on your estate.

Well overdue, perhaps, was the news that Chancellor Philip Hammond had asked the Office of Tax Simplification (OTS) to review Inheritance Tax (IHT) with a view to simplifying the regime. In writing to the OTS, he acknowledged that "IHT, and the system within which it operates, is particularly complex".

Currently, if your net estate is worth more than the standard nil-rate band of £325,000, 40p in tax is charged for every pound that exceeds the threshold; except that, broadly, if you leave your main residence to a lineal descendant, £150,000 is added to that nil-rate band (rising to £175,000 in 2020/21). Unused elements of both allowances are transferrable on death to a surviving spouse or civil partner.

The regime has been criticised also for being discriminatory against those who do not own their own home, those who do not have children, and those who are not married or in a civil partnership.

Even if there is potential to simplify IHT exemptions, it's probably too much to hope that the tax will be scrapped. After all, a cash-strapped Exchequer seems increasingly reliant on taxing people's estates posthumously. In 2022/23, the UK's Exchequer is expected to raise £6.38 billion from IHT.¹

That said, several governments around the world have convinced themselves that reforming or repealing estate taxes is vital to their political survival. If Donald Trump's ambition is realised, the United States will join a growing list of nations where taxing people's estates is being phased out or abandoned. Sweden abolished the practice in 2004, while Hong Kong and Russia did the same in 2006. In Norway, inheritance and gift taxes were abolished in January 2014.²

IHT is often referred to as a 'voluntary tax', and it does seem that inertia or ignorance is largely to blame for wealth ending up in the hands of the taxman rather than surviving family members. The fact is that with some careful planning, those with estates currently worth more than the nil-rate band can legitimately reduce their IHT liability, or possibly pay nothing at all.

In your gift

Gifts are normally included in the net estate for IHT purposes if they were made less than seven years before death. However, these gifts are ignored if they total less than £3,000 in any one tax year. This means that you can make gifts of up to £3,000 in total in any tax year without attracting IHT. The £3,000 can be given to one person or

it can be split between several people. If the exemption is not used in one tax year, it can be carried forward to the next year, potentially enabling a couple to remove £12,000 from their joint estate in just one tax year.

That money could be used to help with the financial challenges faced by younger family members; for example, topping up a child's pension or Junior ISA could go a long way to providing them with an invaluable head start in life. With the end of the tax year looming, this opportunity could be lost unless action is taken soon.

Those with sufficient surplus income may also want to take account of the 'normal gifts out of income' rule – if you make regular gifts out of income and in doing so don't affect your standard of living, the gifts are exempt from IHT. However, to reduce the possibility of a disagreement with HMRC, it is wise to seek professional help from a financial adviser or accountant.

While lifetime gifts can significantly reduce an IHT liability, it's worth noting that if you don't take time to write a valid Will*, your estate will be handled according to the laws of intestacy. If you die intestate, you will have no control over how your estate is distributed, and rather than everything passing to a spouse or civil partner, a proportion could be transferred to descendants, triggering a potential IHT liability.

If your children's share is worth more than the individual IHT threshold, they could be liable to pay 40% tax on anything they inherit over that amount. This could be avoided by writing a Will that leaves assets worth up to the tax-free threshold of £325,000 to children, with the balance of the estate left to a surviving spouse. But there may be even better options, depending on circumstances, through the use of trusts.

Take advice

IHT often falls on the ill-prepared and unadvised. That's why it's important to seek financial advice, so that all your assets are properly protected. Shockingly, fewer than a fifth of over-55s have taken action to reduce their potential IHT bill.³

The value of an investment with St. James's Place will be directly linked to the performance of the funds you select and the value can therefore go down as well as up. You may get back less than you invested.

The levels and bases of taxation, and reliefs from taxation, can change at any time and are generally dependent on individual circumstances.

¹ Office for Budget Responsibility, *Economic and fiscal outlook* – March 2018

² EY, *Worldwide Estate and Inheritance Tax Guide 2017*

³ Prudential, May 2017

To receive a complimentary guide covering Inheritance Tax Planning, contact Dipesh Shah on 020 8150 7565 or email Dipesh.Shah@sjpp.co.uk



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SUNDAY 3RD NOVEMBER 2019
OSHWAL CENTRE, POTTERS BAR

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O.A.U.K. - NW 1st AGM

Introducing - Harish Motichand Shah

Role with Committee	OAUk Honorary Secretary and Trustee
E-mail	harish.m.shah@oshwal.org
Profession	Chartered Accountant
Qualifications	FCA, MBA (dip)
Profile	<p>I am a masters graduate and fellow of the Institute of Chartered Accountants in England and Wales. I am the Chairman of North West London Society of Chartered Accountants, previously serving as Treasurer and Secretary.</p> <p>I have wide ranging experience working with clients and the development of business in numerous sectors ranging from manufacturing, wholesale and retail activities, property, construction, renewable energy, fashion, media, entertainment, solicitors, travel agents and start-ups.</p> <p>Having also worked on Oxford Colleges, academies, independent schools and charities I have gained valuable knowledge of the financial and tax environments they operate in.</p> <p>I have significant experience in investigating business acquisitions and preparing financial due diligence reports for clients and financiers, successfully guiding clients through tax and valuation issues.</p> <p>My key interests are travel and tennis, and I carry the burden of being an avid supporter of Liverpool Football Club with humour!</p> <p>I have taken this role with the full support of my wife, Mayuri, and our three children. I was born and attended schools in Kisumu. I spent some of my best time there with friends and family. My dad, Motichand Fulchand Shah, was very active and always ready to serve the closely - knit communities. He acted in many capacities – Mayor of Kisumu, President of the Oshwal Association in Kisumu and President of the Rotary Club come to mind. His inspiration drives me.</p>
Vision for Oshwal	<p>I hope to help our community in any way I can, at the same time sharing the experience I have gained over the years working with commercial and not for profit organisations.</p> <p>I believe together we can grow and build a stronger, happy and healthy community. Somehow we have to bring the younger generation back to the fold – they are our future. And not to forget the elderly – we must do everything possible to keep them happy and healthy over their remaining time here. In line with our principals we should always be humble, open-minded and willing to learn. Don't be fearful, Make each small success into a bigger one</p>



Motichand Fulchand Shah – meeting The Queen Mother in Kisumu

Born in Limuru on 19 January 1922 and educated in Kisumu. His father Fulchand Keshavji Shah and mother Rupaben Fulchand Shah had migrated from India to Kenya in 1917. He joined the family business in 1937.

Elected to the Municipal Board in 1951. He served in the capacity of Councillor, Alderman, Deputy Mayor and Mayor. He was the first mayor elect from the Indian Community in Kenya. He met dignitaries such as Queen Mother during her visit to Kisumu in 1957, the Imam of Ismaili Community the Aga Khan in 1957 and the Prime Minister of India Indira Gandhi in 1963. He led an active public life and supported many social, cultural and education institutions. His services included:

Chairman of Visa Oshwal Community of Kisumu from 1969 to 1976

President of Rotary Club of Kisumu from 1969 to 1970.

Chairman of the M M Shah Gujarati Girls School

Founder and life member of the Gymkhana Club.

Keen tennis and cricket player.

Commodore of the Nyanza Club from 1978 to 1980.

Married to Maniben daughter of Meghji Kachra Shah and Amratben Meghji Shah of Moshi in 1945. They had eight children, four sons and four daughters, he passed away in 1981 at the young age of 59 years

OAUK officially welcomes Harishbhai as our new Trustee with the key role as Honorary Secretary of the Oshwal Association of the UK, Heminiben who did this role up to now has recently gone to Kenya to start her new life with her husband – we will miss her very much

The above account of Mr Motichand Fulchand – Harishbhai's dad is very important to understand our history and what our Past Leaders have achieved. & done

Events in your area

Northampton

Monthly Fun Club- Every 3rd Saturday of the Month
Time – 19:00 pm – 22:45pm
Venue – Weston Favell Parish Hall, Northampton
Light Refreshment followed by fun and games
i.e. board games or any suggested activities
Contact – Gitaben Shah 01604 584971
/ 07751982975 or gita.shah@oshwal.org

Twin Heart Meditation (Pranic Healing- Every 2nd and 4th Wednesday of the month
Time – 19.30pm – 20.30pm
Venue – Weston Favell Parish Hall, Northampton
Contact – Gitaben Shah 01604 584971 /
07751982975 or gita.shah@oshwal.org

South London

Bridge Club-
Time: 8:00PM -11.00PM
Contact: Ansuyaben Ansuya.h.shah@oshwal.org 07877
410390

Ramat Gamat & Welfare Club- 1st Friday of every month
Time: 11.00AM – 4.00PM
Venue: Oshwal House
Contact: Maiuriben – maiuri.v.chandaria@oshwal.org

Gujarati School- From ages 5 upwards
Every Saturdays
Time: 9.00AM – 12.00PM
Venue: Harris Academy.

Karata Club
Every Saturday evening
Venue: Oshwal House

Satsang Mandal
Every Saturday
Time: 2.00PM – 4.00PM
Venue: Oshwal House

Sports and Social Club
Racquets and Kids Club
Time 10-11.30am every 2nd and 4th Sunday
Venue: Harris Academy, Purley (off Pampisford Road)
Contact: southyouth@oshwal.org

Walking4Health
Every Sunday morning
TIME: 9.20am
Venue: meeting point Oaks Road Car Park off
Coombe Lane
Contact: Nila (07941 300867)

Wellbeing Events
Yoga Classes from Monday 7th January Time:
7.30 – 9pm
Venue: Mahanjanwadi.
Contact: Kanchan on 07947 866402 for

North East London

Tuesday Welfare Club – Chair Yoga
Time: Every Tuesday, 10:30 to 12:30
Venue: Oshwal Centre, Coopers Lane Road, EN4
4DG
Contact: Rohit, rohit.z.bidd@oshwal.org

Keep Fit – stay healthy with our exercise classes
Time: Every Tuesday, 20:00 to 21:00
Venue: Trinity at Bowes Methodist Church,
Palmerston Road, N22 8RA
Contact: Madula on 07944 010 464

Gujarati School – learn the language of our ancestors
Time: Every Saturday, 09:30 to 12:30
Venue: Woodhouse College, Woodhouse Road,
NL2 9EY
Contact: Bakul, bakul.h.patani@oshwal.org

Sunday Youth Club Class
Time: Every Sunday, 09:00 to 10:30
Venue: Alexandra Park School, Rhodes Avenue,
N11 2AZ
Contact: Aashni, aashni.s.shah@oshwal.org

Yoga Classes – unite the body and mind in one of our classes

Monday Class

Time: Every Monday, 19:00 to 20:30
Venue: Southgate School, Sussex Way, EN4 0BL
Contact: Maysuri on 07960 127 100

Tuesday Class

Time: Every Tuesday, 19:00 to 20:30
Venue: Southgate School, Sussex Way, EN4 0BL
Contact: Dilipbhai on 07966 443 607

North West London

Bhakti @ EKTA- Once a month on a Wednesday
Time: 8:00PM – 10:00PM (doors open at 7:45PM)
Venue: Oshwal Ekta Centre
Contact Mahesh Shah (07804 648 197)

Weekly Bhukar- Every Thursday
Time: 8:30PM – 10:30PM
Venue: Oshwal Ekta Centre; 366A Stag Lane; NW99AA
Contact: Mahendra Chandaria – 07714 712713

Elderly Monthly Meets- On 3rd Saturday of each Month.
Tickets: £5 per session (OAUk Members Only) – payable at the door
Time: 11:30AM – 4:00PM
Venue: Oshwal Ekta Centre; 366A Stag Lane; NW99AA
Contact: Manjulaben Shah – 020 8864 2522

Oshwal Ekta Mandals
Every Monday and Thursday (Except when hall is not available). Tickets: £2 per session (OAUk Members only)
Time: 10:30am – 12:30pm
Venue: Oshwal Ekta Centre; 366A Stag Lane; NW99AA
Contact: Pritiben Gudka – 07737 150832

North London

Friday Youth Club
Time: 6-8pm Under 12s, 8-10pm Over 12s
Venue: Woodhouse College – Sports Hall
Contact Rakhee, yc.north@oshwal.org

Friday Yoga
Time: 7-8pm, Suitable for all levels ages 16+.
Venue: Woodhouse College – Dance Studio
For more information contact Simran:
activities-n@oshwal.org

Saturday Gujarati School
Time: 9.30- 12.30
Venue: Woodhouse College – Main building
From ages 4+ (including adult classes) Free trial classes available.
Contact: Dipa/Kuntesh, education-n@oshwal.org

Zumba Classes – dance to energetic music
Time: Every Wednesday, 19:00 to 20:00
Venue: Ruth Winston Centre, 190 Green Lanes, N13 5UE
Contact: Pushpa, pushpa.j.shah@oshwal.org

Youth Club – play a variety of sports and a free taster session
Time: Every Sunday, 09:00 to 13:30
Venue: Alexandra Park School, Rhodes Avenue, N11 2AZ
Contact: Aashni, aashni.s.shah@oshwal.org

Bhukar Every Once a month on a Saturday
Time: 7:30PM – 11PM
Venue: Oshwal Ekta Centre; 366A Stag Lane; NW99AA
Contact: Ajitbhai Shah – 07737 418603

ReActive8 (Sports and Leisure)
On Friday's (during term times)
7.30pm to 11.00pm
Harrow Leisure Centre, Christchurch Ave, Harrow, HA3 5BD
Contact: reactive8-nw@oshwal.org

Whist Drive (Chokdi)
Once a month on a Saturday. Tickets: £7 for members £9 for non-members
Dates: Click here.
Time: 7.00pm to 11.00pm
Contact: Premharbhai Shah– 07961 048465

FunSkool, NWACAS & Communicate
Every Saturday (term time)
Contact: education@northwest.oshwal.org

Friday Social Club
Time: 7.30 – 10.30 pm
Venue: Woodhouse College – Foyer
Contact: Kuntesh, social-n@oshwal.org

Saturday Bollyaerobics
Time: 10am to 11am
Venue: Woodhouse College Dance Studio
Contact: Simran, activities-n@oshwal.org

Friday Yoga
Time: 7-8pm, Suitable for all levels ages 16+.
Venue: Woodhouse College – Dance Studio
For more information contact Simran:
activities-n@oshwal.org

Saturday Cultural Activities
(included for all that attend Gujarati school) from £170 per year.
Time: 11.30-12.30
Contact: Dipa/Kuntesh education-n@oshwal.org

Luton

Games Night- 1st Friday every month.
Time: 6-8pm Under 12s, 8-10pm Over 12s

Venue: Warden Hill Community Centre
Contact Neil on 07880 310221.

West London

Kurri Klub

Time: First Saturday of the month, From 6:30pm
Venue: Oshwal Shakti Centre
Contact: Keshubhai (Columbo) on 07735 382 657 (between 2:30pm and 9:30pm only).

Wednesday Social Club (Two sessions)

Time: Every Wednesday, 1st Session – From 1:45pm to 4:30pm (Tea and snacks at 4:00pm);
2nd Session (card games only) – From 8:00pm to 11:00pm.
Venue: Oshwal Shakti Centre
Contact: Keshubhai (Columbo) on 07735 382 657 (between 2:30pm and 9:30pm only).

Satsang Mandal

When: Second Thursday of the month, From 8:00pm to 10:00pm.
Contact: Dipakben on 07908 780 589 or Chunibhai on 07904 878 657.

English Classes (run by Centron Skills Training)

– Learn English in an Easy way.
When: Every Thursday, From 12:30pm to 2:30pm.
Contact: Chunibhai on 07904 878 657.

Gujarati School

When: Every Friday (term time), From 6.00pm to 8.00pm.
Contact: Ushaben Shah on usha.shah@oshwal.org.

OAUK Shakti Salon

When: Last Wednesday of the month, From: 2:00pm to 5.00pm.
Contact: Shejal – 07825 371 875

Friday Night Card Games .

When: Every Friday, From 8:30pm to Midnight.
Charge: Each session: members: £1.00 pp and non-members £2.00 pp.
Contact: Dhirubhai Nathoo Shah on 07960 631 602 after 7pm.

Youth Club – Play sports and enhance your fitness.

When: Sunday Morning: Football, Basketball, Netball
For further information and charges contact: Ketan K Shah.

East London

Yoga Classes

Note: Bring your yoga mat and a bottle of water.
Time: 8.00PM – 9:00PM (Every Tuesday)
Venue: St. Johns Church Hall, St. Johns Road, Seven Kings, IG2 7BB
Contact: Bhartiben Babulal Shah – 020 8590 0091.

Monthly Social Gathering

Note: Bring your yoga mat and a bottle of water.
Time: 7.00PM – 10:00PM (Last Saturday of the each Month)
Venue: St. Johns Church Hall, St. Johns Road, Seven Kings, IG2 7BB
Contact: Sumita Shanti Shah 07504 032 517 or 020 8518 1848

Monthly Social Gathering

Note: Bring your yoga mat and a bottle of water.
Time: 7.00PM – 10:00PM (Last Saturday of the each Month)
Venue: St. Johns Church Hall, St. Johns Road, Seven Kings, IG2 7BB
Contact: Lalitaben Ambritlal Shah – 020 8220 8827 or 07557 901 321



OSHWAL ACADEMICIANS – EDUCATORS - INSPIRERS – ACHIEVERS



Guest Speaker: **Milan Shah**
 Topic: **University challenge: an untold story of institutional renaissance**
 Date: **Thursday 26th September 2019**
 Programme: 7:30pm Registration - 8:00 pm Start
 Followed by Tea & Biscuits
 10:30 pm Finish
 Venue: Ekta Centre, 366A Stag Lane, London NW9 9AA

A spice trader by profession, Milan has over two decades of experience at the nexus of food security, sustainability and international trade. With a keen awareness of the challenges facing global food and farming supply chains, Milan has been a director of the EU lobby for agri-produce traders, CELCAA, President of a global commodity trade association, the IGPA, & a Council member of GAFTA, on whose contracts the majority of the grain crops that feed the world are traded.

Adept at working with the FAO and the WTO, he participated in the UN International Year of Pulses 2016 steering committee. Milan has also chaired the Council of Trustees at the Vegetarian Society.

Milan has been President of Northamptonshire Chamber of Commerce, director of the Local Enterprise Partnership and Chairman of the University of Northampton, where he is now an Honorary Fellow. Milan is a Fellow of the Institute of Directors and a Chartered Director. He is also a Member of the Chartered Institute of Arbitrators, specialising in international commodity trading disputes. Milan is a Member of the Order of the British Empire and read Philosophy, Politics and Economics before entering the spice trade.

Dr Rajveen Punatar Research Scientist, Francis Crick Institute giving a talk on “My DNA”



SPECIAL MESSAGE FROM THE HON. PRESIDENT ON SWAMIVATSALYA BHOJAN

My Fellow Oshwals

Jai Jinendra

We are approaching one of the most important festivals in the Jain Calendar. The Paryushan Maha Parva is to be celebrated from Monday 26th August 2019 to Monday 2nd September 2019. As always this is an exciting time for everyone and I look forward to visiting the Areas together with my fellow Trustees.

The Paryushan Maha Parva culminates with the holding of a Swamivatsalya Bhojan (or Savantsari Bhojan as we sometimes call it). The true spirit of the Swamivatsalya Bhojan, in keeping with the Jain Religion traditions, is upheld with members from the WHOLE ASSOCIATION, attending at ONE SINGLE PLACE on ONE SINGLE DAY to dine together as ONE BIG HAPPY FAMILY. It also gives our next generation the opportunity to get to know fellow members from Areas other than their own.

Keeping this in mind the Executive Committee has, this year, taken a decision that from henceforth ONLY ONE SWAMIVATSALYA BHOJAN will be held EVERY YEAR at OSHWAL CENTRE, under the banner of the Oshwal Association of the U.K., as a JOINT event for ALL THE NINE AREAS to participate together. It will be held on the same day as the DHAJA DIN for the Deraser. Whilst the Executive Committee is ready to organize the event it is also open to letting ANY ONE AREA or A GROUP OF AREAS take the lead to execute this very special event with the proviso that ALL MEMBERS of the Association, irrespective of which Area they reside in, would be invited to partake the Bhojan.

Any Area wishing to arrange a localized Swamivatsalya Bhojan, in their Area, is at liberty to do so on a date other than the Joint event being organized at the Oshwal Centre. The respective Areas would need to find a venue other than Oshwal Centre to hold their individual Area Swamivatsalya Bhojan.

We have noted a handful of members making demands at some Area AGMs, for separate Swamivatsalya Bhojans for their Areas. We believe that they speak only for themselves. They CANNOT BE PERCEIVED to represent or speak on behalf of the members not present at the AGMs. Our sincere view is that by and large our wonderful collective of members would always be happy to participate in a Joint event especially as it gives them an opportunity to come together and socialize at the same time as partaking the Bhojan.

Please take a moment to consider this – Does it make any ECONOMIC or LOGISTICAL sense for example for THREE of our largest Areas, who are in reasonably close proximity to Oshwal Centre, to organize THREE individual and Area specific Swamivatsalya Bhojans on THREE different Sundays and thereby block Oshwal Centre for THREE weekends for doing EXACTLY THE SAME THING? Is it not better for them to join hands and have ONE JOINT event TOGETHER with the participation of all the other Areas as well? This will mean that Oshwal Centre would then be blocked for ONE weekend only!

Before concluding I would like to highlight an important facet about the management and administration of the affairs of the Association. Please note that the TRUSTEES, who are collectively called the EXECUTIVE COMMITTEE, are WHOLLY and SOLELY responsible for managing the affairs of the Association and to MAKE DECISIONS as well as issue DIRECTIVES about various matters including important policy issues. The Nine Areas of the Association are NOT separate legal entities. They are only branches of the Association and are required to comply with and operate in accordance with the Area Rules as set out in the Regulations of the Association. The Area Committees, as well as ALL the members of the Association, are required to comply, at all times, with the decisions and directives issued by the Trustees.

I can assure you that ALL decisions taken by the Trustees and any directives issued are always preceded by very healthy and transparent discussions / debates at the Executive Committee meetings. There are sometimes vast differences of opinion, but ultimately final decisions are taken in keeping with the overall interest of the Association. Once a decision is taken ALL the Trustees stand by it in unison.

My colleagues and I now look forward to welcoming you all at the Dhaja Din followed by the Swamivatsalya Bhojan on Sunday 15th September 2019 at Oshwal Centre.

Finally I seek your forgiveness if I inadvertently and unintentionally hurt the feelings of any members as a result of what I have said in this message. No individual member or a group of members or anyone else should feel as being targeted in what I have stated. MICCHAMI DUKKADAM.

Nilesh Bhagwanji Shah
Hon. President

સ્વામી વાત્સલ્ય ભોજન વિશે માનનીય પ્રમુખશ્રી નો ખાસ સંદેશ

મારા સાથી ઓશવાળો

જય જિનેન્દ્ર

વર્તમાન વર્ષનો પર્યુષણ મહાપર્વ નજીક આવી રહ્યો છે. સોમવાર ૨૬ ઓગસ્ટ ૨૦૧૯ થી સોમવાર ૨ સપ્ટેમ્બર ૨૦૧૯ સુધી આપણે સહુ આનંદપૂર્વક આ મહાપર્વની ઉજવણી કરશું. હું અને મારા સાથી ટ્રસ્ટીઓ પર્યુષણના આઠ દિવસોમા દરેક પરાની વારા ફરથી મુલાકાત કરશું.

પર્યુષણ મહાપર્વ પુરા થયા પછી સ્વામી વાત્સલ્ય ભોજનનું આયોજન કરવામાં આવે છે. સમાજના દરેક સભ્યો એકજ જગ્યાએ, એકજ દિવસે એકત્રીત થઈ એક મોટા સુખી કુટુંબની જેમ સમુહમાં આ ભોજનનો આનંદ માણે ત્યારેજ જૈન ધર્મની પરંપરાની સાચી ભાવના જળવાઈ રહે. આ સમયે આપણી ભાવી પેઢીને પણ બીજા પરાઓમાં વસતા સાથી સભ્યોની સાથે હળવા મળવાનો અવસર મળે.

ઉપરોક્ત વાતને લક્ષમાં રાખી મધ્યસ્થ કાર્યવાહી સમિતિએ આ વર્ષે નિર્ણય કરેલ છે કે હવેથી દર વર્ષે ઓશવાળ સેન્ટરમાં, ઓશવાળ એસોસિએશનના નેજા હેઠળ, એકજ સામુહિક સ્વામી વાત્સલ્ય ભોજનનું આયોજન કરવામાં આવશે જેમાં આપણા નવે નવ પરાઓ સંયુક્ત રીતે ભાગ લેશે. આ ભોજનનું આયોજન આપણા દેરાસરની ધજા બદલીના દિવસે કરવામાં આવશે. આ આયોજનનું સુકાન સંભાળવા માટે કોઈ એક પરા સમિતિ અથવા એકથી વધુ પરાઓ જવાબદારી લેવા તૈયાર થશે તો મધ્યસ્થ કાર્યવાહી સમિતિ તેમને પુરો સહયોગ આપશે. સહુએ એક વાત ખાસ યાદ રાખવાની રહેશે કે એસોસિએશનના દરેક પરામા વસ્તા દરેક સભ્ય આ સ્વામી વાત્સલ્ય ભોજનમાં ભાગ લઈ શકશે.

આ ઉપરાંત જો કોઈ પણ પરા સમિતિને પોતાના પરા માટે અલગ સ્વામી વાત્સલ્ય ભોજનનું આયોજન કરવું હોય તો તેમને છુટ આપવામાં આવેલ છે. પરંતુ આ ભોજન ઉપરોક્ત જણાવેલ સામુહીક ભોજન પછી જ કોઈ પણ દિવસે રાખી શકાશે અને પરા સમિતિએ તેના માટે ઓશવાળ સેન્ટર સીવાય કોઈ પણ અન્ય સ્થળ નક્કી કરવું પડશે.

અમારા ધ્યાનમાં છે કે અમુક સભ્યોએ પરાઓની વાર્ષિક સભાઓમાં હાજર રહી અને પોતાના પરા માટે અલગ સ્વામી વાત્સલ્ય ભોજનની માંગણી કરેલ છે. અમારું એવું માનવું છે કે આ સભ્યો પોતાની અંગત માંગો રજુ કરે છે. આપણે એમ ન માની લેવું જોઈએ કે સભામા જે સભ્યો એ હાજરી નથી આપી તેમના વતી બોલવાનો કે માંગણી કરવાનો આ જુજ સભ્યોને અધિકાર છે. અમારો અભિપ્રાય છે કે આપણી આ મહાન સંસ્થાના મોટા ભાગના સભ્યો રાજી ખુશીથી સામુહીક કાર્યક્રમો માં હાજરી આપી આનંદ માણતા હોય છે કારણ તેમને ભોજન કરતાની સાથો સાથ અન્ય પરામા વસ્તા તેમના સગા સંબંધીઓ અને મિત્રોને મળવાનો અનેરો અવસર પણ મળે છે.

આપ સહુ અમુક ક્ષણ માટે વિચાર કરો કે દાખલા તરીકે શું એ વાત આર્થિક દૃષ્ટિએ વ્યાજબી છે કે આપણા ત્રણ મોટા પરાઓ તેમના પોતાના પરાઓ માટે ત્રણ અલગ અલગ સ્વામી વાત્સલ્ય ભોજનનું ત્રણ અલગ અલગ રવિવારોના દિવસે આયોજન કરી અને એકજ સરખા કાર્યક્રમ માટે ત્રણ શનિવારો અને ત્રણ રવિવારો માટે ઓશવાળ સેન્ટર બ્લોક કરી નાખે? તેના કરતા શું એ વધારે વ્યાજબી અને લાભદાયક નથી કે આ પરાની સમિતિઓ બીજા પરાઓ સાથે હાથ મિલાવી અને મધ્યસ્થ કાર્યવાહી સમિતિ ના નિર્ણય મુજબ સામુહીક અને સંયુક્ત સ્વામી વાત્સલ્ય ભોજનમાં ઉત્સાહથી ભાગ લે? આ રીતે ઓશવાળ સેન્ટર ફક્ત એકજ વિકએન્ડ માટે બ્લોક રહેશે.

અત્રે આપણા એસોસિએશનના સંચાલન વીશે અમુક મહત્વની બાબતો આપ સહુના ધ્યાનમાં લાવવી જરૂરી છે. એસોસિએશનના સમગ્ર સંચાલન અને વહીવટની સંપૂર્ણ જવાબદારી તેમજ તેને લગતી વિવિધ બાબતો અને નીતી ઓ વિશે નિર્ણયો લેવા તથા નિર્દેશો જાહેર કરવાનો સંપૂર્ણ અધિકાર ફક્ત મધ્યસ્થ કાર્યવાહી સમિતિ ના સભ્યો એટલે કે ટ્રસ્ટીઓ ને હસ્તક છે. આપણા નવ પરાઓ કોઈ આગવી કે અલગ કાયદાકીય હકકો ધરાવતી સંસ્થાઓ નથી. આ પરાઓ ફક્ત એસોસિએશનની નવ શાખાઓ છે. પરા સમિતિઓ એ એસોસિએશનના બંધારણ પ્રમાણે નક્કી કરેલા ક્ષેત્રના નિયમો અનુસાર તેમની પ્રવૃત્તિઓનું સંચાલન કરવા નુ આવશ્યક છે. પરા સમિતિઓ તેમજ એસોસિએશનના સભ્યોએ ટ્રસ્ટીઓ દ્વારા જાહેર કરેલા નિર્ણયો, ફરમાનો તેમજ નિર્દેશો નું પાલન કરવું જરૂરી છે.

હું તમને ખાતરી આપું છું કે ટ્રસ્ટીઓ કોઈ પણ નિર્ણય લેતા પહેલા કે નિર્દેશ જાહેર કરતા પહેલા તેમની સમિતિની બેઠકોમાં ખુબજ સ્વસ્થ અને પારદર્શક ચર્ચાઓ કરે છે. ઘણી વખત ભરપુર મતભેદો પણ થાય છે પણ અંતમા સંસ્થાના સમગ્ર હિતને લક્ષમા રાખી અને નિર્ણયો લેવાય છે અને તે નિર્ણયો દરેક ટ્રસ્ટીને શિરોમાન્ય રહે છે.

મારા સાથી ટ્રસ્ટીઓ અને હું રવિવાર તા. ૧૫ સપ્ટેમ્બર ૨૦૧૯ ના દિવસે આપ સહુને ધજા દિવસ તેમજ સામુહીક સ્વામી વાત્સલ્ય ભોજના કાર્યક્રમમા આવકારવાની રાહ જોઈ રહ્યા છીએ.

અંતમાં મારા આ સંદેશ દ્વારા અજાણતા અને અનિચ્છનીય રીતે કોઈ પણ સભ્યની લાગણીઓને ઠેસ પહોંચી હોય તો હું તેમની ક્ષમા ચાહું છું. મારી રજુઆતમા થયેલ અમુક ટિપ્પણીઓને કોઈ પણ સભ્યએ અગંત રીતે લેવી નહી તેવી મારી સહુને નમ્ર વિનંતી છે.

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Award winner FLEMMINGS

President of the Institute of Chartered Accountants in England and Wales (ICAEW) graces Flemmings offices for the sixth time as Flemmings celebrates its 30th year in business.

Founded in 1989, Flemmings has developed into a dynamic and enterprising multi-disciplinary advisory group. During the 30 years the firm has trained 104 Chartered Accountants, and over 100 ACCA affiliates. The firm, founded by Hitesh, Sailesh and Sumi, were delighted to welcome the OAUk Executive Committee to this momentous occasion.



Section Manager Anupa Shah wins award

52 year old Anupa Shah, Section manager at Marks and Spencer in Watford has become one of the 28 winners of the annual 'Spotlight Star of the year Award', which received 33,000 nominations this year, nationally. Working from the age of 14, Anupa has worked her way up and has been associated with M&S for just under 3 years. Anupa is extremely passionate about her role and a great believer in recognition which she never fails to show her team. She was born with hearing impairment and got by most of her life by lip reading, proving her resilience towards any challenge thrown her way.

She was born in Nairobi, while her family roots go all the way to Navagam, Saurashtra, in Gujarat. She was raised for the first four years of her life by her maternal grandparents, who migrated to East Africa from India. Her mum had a tough pregnancy, so she was not in a fit position to look after anupa and her twin brother Anup.





Sigma Pharmaceuticals plc are pleased to announce that Dr Bharat Shah has been honoured with a CBE in the Queen's Birthday Honours List 2019.

The award was made for 'services to business, economic growth, exporting, the independent pharmacy sector and philanthropy.'

The honour crowns a long and a distinguished career in the pharmacy profession for Dr Shah. A highly respected professional and 'elder statesman for pharmacy', he has been a passionate advocate for independent community pharmacy, helping the sector raise standards and campaigning for the profession to become an integral part of the enlarged NHS.

Dr Shah came to the UK from Kenya in the early 70's, and after graduating with a first class degree in pharmacy from the University of Bath, opened his first pharmacy in 1975 and ventured into wholesaling a few years later. Today,

Sigma is the largest independent shortline wholesaler in the country with a turnover in excess of £250m. The company now operates from a state-of-the-art fully automated facility in Watford employing over 400 people and supplying 2,500 pharmacies nationally.

Apart from his numerous philanthropic projects in India, Kenya and across the UK, he continues to have a passion to help the poor and to raise the quality of life for the less fortunate in our world.

Recently, he has been at the forefront of a Sigma sponsored PhD project, working in conjunction with Bath University, to develop a strategy to 'inform the future of community pharmacy in the UK'. This academic project aims to define a clear vision for pharmacy up to the year 2025.

Dr Shah is also a distinguished Fellow of the Royal Pharmaceutical Society and has garnered numerous personal awards and accolades throughout his career.

Commenting on the award, Dr Shah said "I am truly humbled by this honour and have been left completely speechless. It is beyond anything that I could have imagined and I hope I can live up to this high accolade bestowed upon me".

For further information about the award, please contact Andy Coomar, Sigma Marketing Department on 01923 241311 or email her at marketing@sigmaplc.com

Bhavin Shah wins Contact Lens Practitioner of the year 2019

Finchley based Behavioural Optometrist, Bhavin Shah, has won a prestigious national award. Bhavin who founded north London practice Central Vision Opticians in 2009, has been announced as Contact Lens Practitioner of the Year in the AOP Awards 2019, which is organised by the Association of Optometrists (AOP).

Bhavin, who is passionate about championing contact lens wear in the practice and beyond, said: "It's so exciting to receive industry recognition for my work in contact lenses, especially in fitting contact lenses for children. As an independent optometrist, winning the award will help to raise the profile and credibility of our role in providing uncompromised eyecare."

As well as providing specialist lenses for a people with complex needs, he has been pioneering contact lenses for children who are short-sighted (myopic). This ground-break and cutting-edge work has helped hundreds of children, many as young as 6 years of age, to slow down the deterioration of their eyes. "Myopia management should be considered for every child who develops short sightedness. We have the knowledge and technology to help children, this makes a huge impact to their lives now and will protect their eyes in the future from the effects and damage that high myopia can cause."

"Contact lenses have been shown to boost confidence and self-esteem in children and adults. They make sports and activities easier to participate in. Those who have never considered them or believe they are uncomfortable should think again and give them a try."

The Awards recognises the highest levels of achievement in UK optics. The Contact Lens Practitioner of the Year accolade celebrates those who champion contact lens wear - particularly focusing on groups such as teens and the elderly. The winner will have constantly identified ways to expand the presence of contact lenses within the practice, and, through their promotion, have seen the sales of lenses grow.

The winners of the AOP Awards 2019 were announced in January 2019 at a national awards ceremony in London.

For more information about the AOP Awards, visit www.aop.org.uk/awards



Her Majesty the Queen Hosts Faith & Belief Communities Reception

On 25th June 2019, Her Majesty the Queen hosted a special reception at Buckingham Palace to celebrate the work of Faith and Belief Communities in helping to bring communities together. The reception took place in the spectacular Blue Drawing Room overlooking the Palace lawns, where Her Majesty greeted each of the 160 community workers described as the Defenders of Faiths and met with a handful of them. Her Majesty is the head of Church of England and holds title Defender of Faith

Many of the attendees were part of the “Near Neighbours” project, an initiative of the Church Urban Fund, of which the Queen is a patron. The programme seeks to work with all faith groups to create grass-roots projects that support charitable and worthy causes, bringing people of all backgrounds together.

There have been over 1,500 such projects since the inception of the fund in 2011. The Jain community was represented at the reception by Vinay Shah and Kumar Mehta from the Institute of Jainology. They had a good opportunity to meet other faith groups to exchange ideas and share common issues.

OAUK – sends Congratulations to both Vinaybhai Shah & Kumarbhai Mehta



One Jain Service Awards 2019

This year Sushilaben Laxman Shah has won this award, for her services to the Community.

Congratulations from OAUK & IOJ





Congratulations to you all



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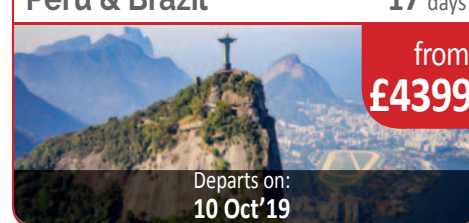
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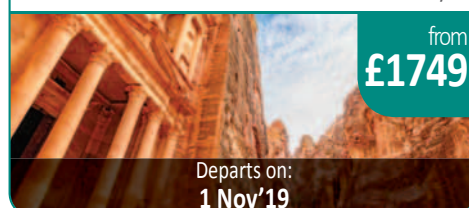


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I started walking with Desi Ramblers from May 2018 and walked almost every Sunday without fail. The best thing was that I was seeing spectacular scenery at different times of the year and at the same time being able to take in lots of fresh air!

I am mainly desk bound whilst at work and so this extra physical activity helped - I was out of my comfort zone and my health especially my posture improved.

The trek, 100 miles in total, was going to start on Friday 03 May with the final day being Bank Holiday Monday 06 May. 75 participants were driven up to Glasgow in 4 minibuses plus a van for luggage on Thursday 02 May and stayed in a very nice Youth Hostel in a posh part of Glasgow. Day 1 of the walk, Friday 03 May, began and I never looked back, we were all given so much support and encouragement, were fed well - breakfast, lunch, sometimes at breaks and finally at dinner. Nothing was too much trouble for the support staff including the catering team. They were all concerned with our well-being, ensured we drank enough water, took in the right nutrients for our daily walk and dietary needs were well catered for – Vegetarian and Vegan as well. The evening of Day 1 of the walk was spent at another Youth Hostel, in Rowardennan, a lovely lakeside setting and; we were at another Youth Hostel, in Crainlarch for the evening of Day 2. For the evenings of Days 3 and 4, we were accommodated in a newly refurbished Youth Hostel in

Fort William which overlooked a mountain. Every evening we looked forward to a hearty and wholesome dinner, we would all gather around to have a chat and take part in some light entertainment before we retired for the night.

Finishing the challenge, I was overcome with joy, not only because I had literally walked almost a marathon every day (in fact one day we had walked 27 miles), but also because of the money that my friends and family had donated to the worthy causes that the Desi Ramblers Group were supporting - a total of £30,000 plus gift aid has been raised so far to date. My wife, Nishma, also joined me for this endurance challenge and I am proud to say that she too completed it! Both of us did not suffer from any injuries including blisters!

My advice to new walkers is that as long as you take part in the walks every Sunday or most Sundays; do exercises at the gym or at home such as Spin, Cardio, Stretches, climbing stairs or on the Stepper; follow the leaders and sweepers advice as well as other experienced walkers; you will definitely be able to undertake a similar endurance challenge as I did. From January of this year, I spent on average 11 hours a week training which over 4 months is 187 hours in total. Good luck!

Milan Jayantilal N Shah



Viyan Shah

11th March 2011 – 21st September 2018

Viyan was a happy and healthy baby and instantly won the hearts of everyone who met him with his cheeky personality and sweet smile. He was born on March 11th, 2011, to Binita and Mital Shah, was a younger brother to Neev and was the grandson of Anilaben & Shashikant Shantilal Popatlal Shah (aka Batuk of Finchley, London) and Champaben & Shantilal Jeshang Dahya Shah (aka Babu of Durahard Ltd, Mombasa, Kenya).

Viyan was just 14 months old when he was diagnosed with a rare and aggressive form of cancer, but he was determined to beat his illness.

He underwent major surgery, radiotherapy and chemotherapy treatment and was placed in remission. However, in July 2014, doctors found the tumour had returned to Viyan's spine and he was given chemotherapy once again, but this time we were given the devastating news that he would not get better.

As parents we were faced with a heartbreaking decision of stopping his chemotherapy to give him a better quality of life, and a better life is exactly what Viyan had.

No matter what he was going through, Viyan always had a smile on his face

The bright and witty young boy lived life to the full and in just seven years, he did more than most do in a lifetime. He visited Dubai and Kenya several times, went on a Mediterranean cruise, rode in a helicopter, swam with dolphins, met his TV hero, Mr Tumble, and was even a mascot at the Burton Albion Football Club.

Due to his medical requirements, Viyan was unable to attend school in the last 15 months. However, the school provided a teacher who would come home to teach him whilst his friends visited him regularly after school. He enjoyed learning and writing and communicated by using Makaton sign language. Viyan and Neev also learnt to sign songs using Makaton. Viyan was known for being an UNO champion! The school are now going to hold an annual UNO tournament in Viyan's memory. Also in his memory, they will be awarding a courage and determination award to a child in school every year. His passion for Trains, Lego, Rummikub and Shopkins are still talked about amongst his friends.



My experience at the House of Lords



Jaiveer Shah, 9 years

On the 13th of April 1 and my family went to The House of Lords to commemorate the Jallianwalla Bagh massacre. I requested to my dad if I could attend this very commemorative event. He asked Lord Loomba and he said yes.

When we entered the House of Lords we had to go to the Cholmondeley room which was overlooking the River Thames. Whilst we were waiting for dinner we mingled with other guests over some refreshments. Whilst we were having our starters there was a line-up of 10 speakers including Her Excellency Ruchi Ghanashyam Indian High Commissioner.

They spoke about the tragic day of the Jallianwalla

Bagh massacre which happened on the 13th of April 1919. I really enjoyed listening to all the speeches, but in particular I admired the Indian High Commissioner for her sober and articulated nature due to the current position she's in.

I really wanted to come to this House of Lords event so I can meet lots of distinguished people and start networking.

It enabled me to learn the history of the Jallianwalla Bagh massacre and see what price India had to pay in its struggle for independence. I am proud to say that India is one of the fastest growing economies and the largest democracy in the world.

(9 year old Jaiveer, is the son of Nilesch Shah, Managing Director/Partner of Plurimi Wealth LLP)

We have managed to upload the Health and Care Awareness videos x 4 on the If there is an article on the success of the H&CAF perhaps you may want to add a line

Videos of the Health & Care Awareness Fair have been uploaded on the OAU Video gallery.

<https://www.oshwal.org.uk/latest-videos/>

Oshwal Health & Care Awareness Fair – Sunday 2 June 2019

The Oshwal Health & care Awareness Fair was held on Sunday 2 June 2019 at the Oshwal Centre in Potters Bar. This was a fantastic event where many thousand of our members and friends attended to hear the various talks on the subject of health. OAUK would like to thanks all the volenteers, visitors and the main organising team in charge. Together with our good sponsors. Please visit our website for full details and videos of the event.





OSHWALS OF MOSHI - 2019 REUNION

A little over two years from the first reunion of Moshi Oshwals in the UK, a second gathering took place at EKTA Centre in North West London on 29th April 2019.

The event was organised under the avid leadership of Prabhulalbhai Raishi Shah assisted by Chandrika (Bena) Shah, Ketan and Alpa Malde and was once again fully subscribed!

The occasion started with the usual 'Jambos' over a very delicious lunch which was kindly sponsored by Shobhag and Dinesh Shah and Families in memory of their late parents Maniben and Zaverchandbhai Samji Shah. After lunch we had some lively and entertaining music with jain and other stavans and Bollywood songs from yester years. Special thanks to Paras Malde and party for keeping everyone mesmerised.

We grew up amongst the small Oshwal, Hindu and indeed other communities and we all have fond memories of our time in Moshi! Our small community was very close-knit and we would never

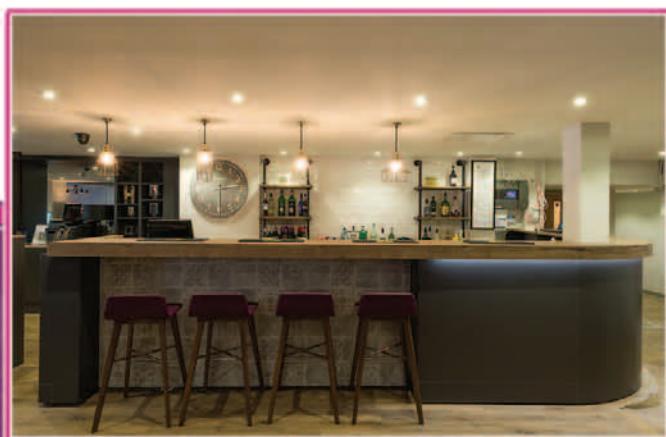
hesitate to run and help fellow oshwals at anytime of the day or night!

A big thank you to all who attended and a huge appreciation to our kind sponsors. Finally, many thanks to each and everyone of you who helped us out on the day as well as both before and after the event.





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18 Days Tour with optional 3 days add on tour for Laos includes 2 nights on Ha Long Bay Junk Boat

Tour Dates: 03 September, 08 October & 12 November 2019 and 11 February, 10 March 2020

From **£2685** P/P

South American Discovery



24 Days Tour includes Lima, Arequipa, Coca Canyon, Cusco, Machu Picchu, Puno, Lake Titicaca, Sun Island, La Paz, Buenos Aires, Iguassu Falls, Rio De Janiero

Tour Dates 10th Sept 2019 16th Apr & 8th Sept 2020

From **£5350** P/P

Enchanting China



17 Days Tour includes Beijing, Xian, Gulin, Longsheng, Yangshuo, Chongqing, Yangtze River Cruise, Shanghai, Suzhou

Including tips & Kung Fu Show, Dumpling Cooking Class, Tang Dynasty Show, Impression, Lijiang Show & Acrobatics Show in Shanghai

Travel Dates 10 September 2019 and 05 March, 07 May, 02 April & 4 June 2020

From **£3150** P/P

Japan Highlights Tour



13 Days Tour includes Tokyo, Mt Fuji, Hakone, Hiroshima, Kyoto, Nara, Osaka

Travel Dates 10th Nov 2019

From **£4550** P/P

02nd April 2020

From **£4750** P/P

Highlights of Myanmar



15 Days Tour includes Yangon, Golden Rock, Bago, Mandalay, Inwa, Bagan, Salay, Popa, Heho, Inle Lake, Ngapali.

Travel Dates 02 October & 12 November 2019 and 07 Jan, 18 February & 17 March 2020

From **£2650** P/P

Sri Lankan Discovery



13 Days Tour includes Colombo, Sigiriya, Polonnaruwa, Anuradhapura, Dambulla, Kandy, Peradeniya, Nuwara Eliya, Ella, Beruwla

Travel Dates 10 Sep & 10 Nov 2019 and 07 Jan, 03 Mar 2020.

From **£1780** P/P

Packaged Holidays

A Glimpse of Jordan

5 Days From **£880 P/P** based on 2 PAX

Private Turkey Tour

7 Days From **£1249 P/P** based on 4 PAX

Bali Grand Inna Kuta

13 Days From **£1199 P/P** based on 2 PAX

North West Coast of Sri Lanka

14 Days From **£1367 P/P** based on 6 PAX

Journey to the heart of Myanmar

17 Days from **£1928 P/P** based on 8 PAX

Petra & Dubai

9 Days From **£1122 P/P** based on 2 PAX

Istanbul & Dalman

13 Days From **1116 P/P** based on 4 PAX

Sri Lankan Explorer

13 Days From **£1830 P/P** based on 2 PAX

Colours of Nepal

9 Days From **£1437 P/P** based on 2 PAX

Grand China Tour with Chengdu & Yangtse River

13 Days From **£2101 P/P** based on 2 PAX

West Area



Jai Jinendra and Pranam,

We are approaching our important and main festival, Paryushan.

This is when we take time out and reflect on the account for the whole year.

Before the start of the festival, let us seek forgiveness from our family members, friends and relatives whom we may have knowingly or unknowingly wronged them. Also let us forgive everyone we feel may have wronged us.

I wish everyone a very happy and stress free Paryushan. Let Lord Mahavir give strength to all the tapasvis during this Paryushan festival.

We have a WhatsApp group for West area members and if you wish to keep updated of the local area news and events then please join using the following link: <https://chat.whatsapp.com/2tDhWq7BAnr4dHVFkEP0rL> or contact any committee member.

Please accept from West Area committee a sincere Michhami Dukhdam.

Michhami Dukhdam.

Chunilal P Shah



OSHWAL ASSOCIATION OF THE UK- WEST AREA

Paryushan Parva 26th August 2019 to 2nd September 2019

Venue:

Oshwal Shakti Centre, Inwood Road, Hounslow, TW3 1UX

Telephone contact:

Chunibhai - 7904878657**Keshubhai - 0773 538 2657 (between 3.00pm and 9.00pm)**

Date/Day	Hall Opening Time	Event / Programme Time	Event / Programme Details	Nakro / Uchhavni
Monday 26th August	5.00pm	6.00pm	Pratikraman	
			Prayers	
			Performance by Children	
			Swapnas	Uchhavni
			Aarti	£15.25
			Mangal Divo	£15.25
			Bhavna	
Tuesday 27th August	6.00pm	7.00pm	Pratikraman	
			Prayers	
			Swapnas	Uchhavni
			Aarti	£51.25
			Mangal Divo	£51.25
			Bhavna	
Wednesday 28th August	6.00pm	7.00pm	Pratikraman	
			Prayers	
			Performance by Children	
			Swapnas	Uchhavni
			Aarti	£51.25
			Mangal Divo	£51.25
			Bhavna	
Thursday 29th August	5.00pm	6.00pm	Pakhi Pratikraman	
			Prayers	
			Swapnas	Uchhavni
			Prabhuji nu Parnu take home	Uchhavni
			Prabhuji nu Parna Pokhavanu on return on Saturday	Uchhavni
			Aarti	£51.25
			Mangal Divo	£51.25
			Bhavna	
Friday 30th August (Mahavir Jayanti)	5.00pm	6.00pm	Pratikraman	
			Prayers	
			Prabhuji ne Podhavanu ne Parnu Julavanu	Uchhavni
			Swapnas	Uchhavni
			Mahavir Janma Ujavni	
			Aarti	Uchhavni
			Mangal Divo	Uchhavni
			Bhavna	
Saturday 31st August	5.00pm	6.00pm	Prabhuji ne Phokhavanu	
		7.00pm	Pratikraman	
			Prayers	
			Performance by Children	
			Aarti	£51.25
			Mangal Divo	£51.25
			Bhavna	
Sunday 1st September	5.00pm	6.00pm	Pratikraman	
			Prayers	
			Performance	
			Tapasvi nu Bahumaan	
			Aarti	£51.25
			Mangal Divo	£51.25
			Bhavna	
Monday 2nd September	5.00pm	6.00pm	Pratikraman	
			Prayers	
			Aarti	Uchhavni
			Mangal Divo	Uchhavni
			Michhami Dukkadam	

Paryushan Parva - information:

1. Aarti and Mangal Divo will be performed at a nakro as follows:

- * Monday 26th August @ £15.25 each
- * All other days (except Friday 30th August and Monday 2nd September) @ £51.25 each
- * Friday 30th August and Monday 2nd September there will be Uchhavni

If you would like to participate in the Aarti, Mangal Divo or both please kindly let Keshubhai or Chunibhai know at least the day before so that arrangements can be made accordingly.

Please bring your own pre-prepared Thalīs for Aarti and Mangal Divo on the day.

2. Contribution towards Katasna monies to be made at any time during the Paryushan to avoid congestion on the last day.
3. Any members wishing to provide Prabhavna please contact Keshubhai at least a day before.
4. We need volunteers before and during Paryushan to assist in various tasks. Please kindly register your names with any committee member.

Please bring your entire family, relatives and friends to participate in these 8 auspicious days of festivities in our Jain Dharma.

Committee reserves the right to amend any programme without giving advance notice.

Swamivatsalya Bhojan

- * Swamivatsalya Bhojan will be held on Sunday 8th September 2019 at Shakti Centre.
- * Doors open from 1.30pm followed by prayers at 2.00pm.
- * Prasadam/Lunch will be served between 2.30pm and 4.00pm.
- * Please let us know how many members (and names) of your family will attend the Swamivatsalya Bhojan by 2nd September 2019. You can do this during Paryushan or by sending an email to shakticentre@oshwal.org.
- * Preparation/cooking for Swamivatsalya Bhojan will take place on 7th and 8th September 2019. Volunteers are required for both these days so please kindly register your names at the desk during Paryushan.

“Dhaja Din at Oshwal Centre will be celebrated on Sunday 15th September 2019.

There will be a coach leaving from Shakti Centre so please register your name ASAP to avoid disappointment.”

Committee reserves the right to amend any programme without giving advance notice.

If we have caused you offence in any way, knowingly or unknowingly, in thought, word or deed, then we seek your forgiveness.

From West Area Committee/sub-committees: “Michhami Dukkadam”.



ઓશવાલ એસોસિએસન ઓફ ધી યુ.કે. - વેસ્ટ એરિયા				
પર્યુષણ પર્વ સોમવાર તા. ૨૬ ઓગસ્ટ થી સોમવાર તા.૨ સપ્ટેમ્બર ૨૦૧૯				
સ્થળ :	ઓશવાળ શક્તિ સેન્ટર, ઈનવુડ રોડ, હંસલો, ટી.ડબલ્યુ.૩ ૧યુ.એક્સ			
ટેલીફોન સંપર્ક :	યુનીભાઈ ૦૭૯૦૪૮૭૮૬૫૭ કેશુભાઈ ૦૭૭૩૫૩૮૨૬૫૭ બપોરના ૩.૦૦ થી ૮.૦૦ વાગ્યા સુધી			
તારીખ	હોલ ખોલવાનો સમય	કાર્યક્રમ શરૂ થવાનો સમય	કાર્યક્રમની વિગતો	ઉચ્ચવણી
સોમવાર તા. ૨૬ ઓગસ્ટ	૫.૦૦ વાગે	૬.૦૦ વાગે	પ્રતિક્રમણ	
			પ્રાર્થના	
			સ્વપના	ઉચ્ચવણી
			આરતી	£૧૧.૨૫
			મંગલ દીવો	£૧૧.૨૫
			ભક્તિ ભાવના	
મંગળવાર તા. ૨૭ ઓગસ્ટ	૬.૦૦ વાગે	૭.૦૦ વાગે	પ્રતિક્રમણ	
			પ્રાર્થના	
			સ્વપના	ઉચ્ચવણી
			આરતી	£૧૧.૨૫
			મંગલ દીવો	£૧૧.૨૫
			ભક્તિ ભાવના	
બુધવાર તા. ૨૮ ઓગસ્ટ	૬.૦૦ વાગે	૭.૦૦ વાગે	પ્રતિક્રમણ	
			પ્રાર્થના	
			સ્વપના	ઉચ્ચવણી
			આરતી	£૧૧.૨૫
			મંગલ દીવો	£૧૧.૨૫
			ભક્તિ ભાવના	
ગુરુવાર તા. ૨૯ ઓગસ્ટ	૫.૦૦ વાગે	૬.૦૦ વાગે	પ્રતિક્રમણ	
			પ્રાર્થના	
			સ્વપના	ઉચ્ચવણી
			પ્રભુજીનું પારણું ઘરે લઈ જવાનું	ઉચ્ચવણી
			શનિવારના પારણું પાછું હોલમાં આવે ત્યારે પોંખવાનું	ઉચ્ચવણી
			આરતી	£૧૧.૨૫
			મંગલ દીવો	£૧૧.૨૫
			ભક્તિ ભાવના	
શુક્રવાર તા. ૩૦ ઓગસ્ટ મહાવીર જયંતિ	૫.૦૦ વાગે	૬.૦૦ વાગે	પ્રતિક્રમણ	
			પ્રાર્થના	
			પ્રભુજીને પારણું પોંખવાનું અને પારણું ઝૂલાવવાનું	ઉચ્ચવણી
			સ્વપના	ઉચ્ચવણી
			માહાવીર જન્મ ઉજવણી	
			આરતી	ઉચ્ચવણી
			મંગલ દીવો	ઉચ્ચવણી
શનિવાર તા. ૩૧ ઓગસ્ટ	૫.૦૦ વાગે	૬.૦૦ વાગે	પ્રભુજીને પોંખવાનું	
		૭.૦૦ વાગે	પ્રતિક્રમણ	
			પ્રાર્થના	
			બાળકોનો કાર્યક્રમ	ઉચ્ચવણી
			આરતી	£૧૧.૨૫
			મંગલ દીવો	£૧૧.૨૫
			ભક્તિ ભાવના	
રવિવાર તા. ૧ સપ્ટેમ્બર	૫.૦૦ વાગે	૬.૦૦ વાગે	પ્રતિક્રમણ	
			પ્રાર્થના	
			કાર્યક્રમ	
			તપસ્વીઓનું બહુમાન	
			આરતી	£૧૧.૨૫
			મંગલ દીવો	£૧૧.૨૫
			ભક્તિ ભાવના	
સોમવાર તા. ૨ સપ્ટેમ્બર	૫.૦૦ વાગે	૬.૦૦ વાગે	પ્રતિક્રમણ	
			પ્રાર્થના	
			આરતી	ઉચ્ચવણી
			મંગલ દીવો	ઉચ્ચવણી
			મીઝામી ડુકકડંમ	

પર્યુષણ પર્વ - આગત્યની સુચનાઓ

૧. આરતી અને મંગલ દીવો ઉતારવા માટે નીચે મુજબ નકરો રાખવામાં આવેલ છે.

૧.૧ સોમવાર તા. ૨૬ ઓગસ્ટ ૨૦૧૯ના આરતી ઉતારવાના પાઉન્ડ સવાપંદર અને મંગળ દીવો ઉતારવાના પાઉન્ડ સવાપંદર રાખવામાં આવેલ છે. મંગળવાર, બુધવાર, ગુરુવાર, શનિવાર અને રવિવાર ના પાઉન્ડ સવાપંદર રાખવામાં આવેલ છે. શુક્રવાર તા.૩૦ ઓગસ્ટ અને સોમવાર તા.૨ સપ્ટેમ્બરના ઉચ્ચવર્ણી કરવામાં આવશે.

૧.૨ જે પરીવારને આસ્તી અને મંગલ દીવો ઉતારવાની ઇચ્છા હોય તેઓ એક દિવસ અગાવથી કેશુભાઈ અથવા ચુનીભાઈ ને જણાવશો જે થી તેની વ્યવસ્થા કરી શકે.

૧.૩ આરતી અને મંગલ દીવો ઉતારવા માટે તમારા ઘરેથી થાળી તૈયાર કરીને લાવવા વિનંતી છે.

૨. છેલ્લા દિવસે ભીડ ના થાય માટે કટાસણાના પેસા પર્યુષણ દરમ્યાન આપી દેવા ખસ વિનંતી છે.

૩. કોઈને પણ પ્રભાવના કરવાની ઇચ્છા હોય તેમને વિનંતિ છે કે એક દિવસ અગાવથી કેશુભાઈ અથવા ચુનીભાઈને જણાવશો.

૪. વિવિધ કાર્યમાં સહાય કરવા માટે પહેલા અને પર્યુષણ દરમિયાન સ્વયંસેવકોની જરૂર છે તો મહેરબાની કરીને કોઈ પણ સમિતિના સભ્ય પાસે તમારા નામ નોંધાવશો.

આપણા જૈન ધર્મના આ ૮ દિવસો માં તમારા આખા કુટુંબ, સંબંધીઓ અને મિત્રોને લાવવા ખાસ વિનંતી.

કમિટિ અગાવથી સૂચના આપ્યા વિના કોઈપણ કાયદુમમાં ફેરફાર કરવાનો અધિકાર ધરાવે છે.

સવંત્સરી ભોજન ૨૦૧૯

સવંત્સરી ભોજન રવિવાર તા.૮ સપ્ટેમ્બર ૨૦૧૯ ના ઓશવાલ શક્તિ સેન્ટરમાં રાખવામાં આવેલ છે.

હોલ ખોલવાનો સમય ૧.૩૦ વાગ્યાનો છે. ૨.૦૦ વાગે પ્રાર્થના ત્યાર બાદ ભોજન ૨.૩૦ થી ૪.૦૦ વાગ્યા સુધી રાખવામાં આવેલ છે.

ઓશવાલ સેન્ટરમાં ધજા દિન રવિવાર તા. ૧૫ સપ્ટેમ્બર ૨૦૧૮ ના ઉજવવામાં આવશે.

અમે કોય લઈ જવાની યોજના કરી રહ્યા છીએ. જો તમને રસ હોય તો તમારું નામ પર્યુષણ દરમ્યાન ડેસ્ક પર
લખાવી દેશો.

કમિટિ અગાવથી સૂચના આપ્યા વિના કોઇપણ કાર્યક્રમમાં ફેરફાર કરવાનો અધિકાર ધરાવે છે.

જો અમારાથી જાણતા કે અજાણતા , વિચારમા, શબ્દમાં. કોઇપણ રીતે કેહેવાયુ હોય તો અમે તમારી ક્ષમા માંગીએ છીએ.

વેસ્ટ એરીયા કમિટી/ પેટા-સમિતિ તરફથી મીચ્છામી ડુકકડંમ

Special Event to Honour our over 70s members – 12th May 2019

On 12th May 2019, West Area hosted a special event to honour our members who were over 70 years in age (but still young at heart). This was an invitation only function and we were pleased that over 120 invitees had accepted and were able to attend.

The event took place in the afternoon. On arrival, the invited guests were greeted and escorted to their seats. We were also privileged to have Jayeshbhai our vidhikar as our guest and Tusharbhai and Ashwinbhai representing the EC.

Once the guests were seated, the afternoon started off with prayers by Jayeshbhai and a welcome message by Shejalben. Thereafter, Jayeshbhai narrated a “katha” which was very soul searching. Jayeshbhai also highlighted the salient points and elaborated these in a very simple manner which could be understood by anyone. He also sang a few bhajans and he was joined by a group of singers made up of our members. The atmosphere was so enchanting that all the guests joined in with singing the bhajans.

This was followed by the honouring of our guests. As the name of each guest was read out, a number of members

of our community had the opportunity of honouring the guests by presenting them with prabhavna gifts of Mithai box and incense sticks. A few more speeches from Chunibhai and Tusharbhai followed sharing their anecdotes about the need for this event taking place to celebrate and recognise the contribution that all the elderly members have made and are still making to our community and its advancement over the many years. Just before the meal was served, all guests participated in performing the Aarti and Mangal Divo.

After the above ceremony the guests were treated to a delicious sit-down dinner which was served by our many volunteers.

All the guests present gave encouraging feedback and they thoroughly enjoyed the occasion. They were very supportive and appreciative

From a personal perspective, it was a very humbling experience and very amazed (though it should not have come as a surprise) that some of the guests themselves were helping out with setting up tables, serving and also the final clean up. This is truly an Oshwal community spirit.

A special Thank-you to Keshubhai, our Welfare portfolio holder, and Chunibhai for putting this event together.



Please see the website for more photos.

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- Dealing with the financial affairs of your estate upon passing
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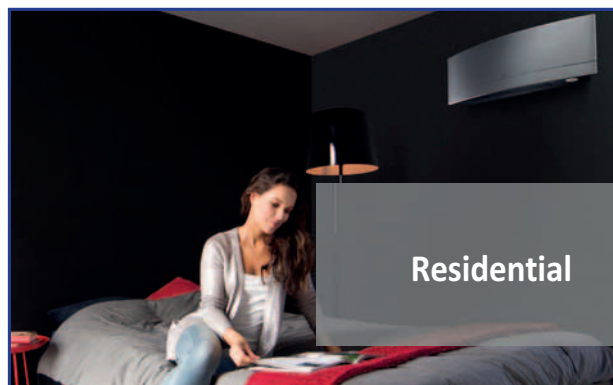
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Northampton Area



Jai Jinendra to all

Hoping everybody is keeping well and enjoying the lovely hot summers & taking time out to enjoy with your family and friends.

Our next event is Paryushan Parva which starts on 26 August 2019 till 3rd September 2019. We have arranged workshop on 1st September 2019 and Savantsari Swamivatsalya Bhojan on 15 September 2015.

Hopefully we will be seeing you every day to enjoy these auspicious time of the Jain Calendar. More reports on the University of Northampton tour and the BBQ in the next edition of Oshwal News - Diwali Edition.

Me and my Committee Members asks for your forgiveness if we have hurt any of you knowingly or unknowingly.

Winning Ways to Empower Yourself - Talk by Malaben Shah – Saturday 16th March 2019

On Saturday 16th March 2019 we had a talk and workshop by Malaben Shah who is one of the OAUK Trustees and holds the Personal and Professional Development Portfolio. Around 35 people attended. The evening started off with the first 1 hour session, followed by light refreshments of mogo kachri and then second 1 hour session

The workshop covered how to replace old with new beliefs, learn to maintain speed of your goals, create formula and your own success tool. Malaben talked about:-

- Learning from others
- Learn to listen to yourself
- Learn to be patient
- Beliefs and values

The feedback from the session was that Malaben is a very inspiring speaker and even though some areas covered were thought provoking she made the workshop fun and light hearted by injecting humorous examples of what she has faced herself.

We would like to thank everyone for coming along, Malaben and her family for the time they took out of their busy schedules to come deliver the workshop and finally the committee for the organising and catering for yet another successful event.

Report by Mona Rupen Shah





Northampton Area

Paryushan Programme 26 August 2019– 2 September 2019

Venue: Pratikraman - Hindu Community Centre, Highfield Road, Wellingborough NN8 1PL

Bhakti Bhavna, Aarti Mangal Divo - Hindu Mandir

Date / Tithi	Time	Event	Dress Code
Monday 26 August Shravan Vad Agyaras	6.45pm – 8.00pm 8.00pm – 10.00pm	Pratikraman. Bhakti, Aarti Mangal Divo	Green
Tuesday 27 August Shravan Vad Baras	6.45pm – 8.00pm 8.00pm – 10.00pm	Pratikraman. Bhakti, Aarti Mangal Divo	Bandhani any colour
Wednesday 28 August Shravan Vad Teras	6.45pm – 8.00pm 8.00pm – 10.00pm	Pratikraman. Bhakti, Aarti Mangal Divo	Red
Thursday 29 August Shravan Vad Chaudas	6.45pm – 8.00pm 8.00pm – 10.00pm	Pratikraman. Bhakti, Aarti Mangal Divo	Yellow
Friday 30 August Shravan Vad Amas Mahavir Swami Janma Jayanti	6.45pm – 8.00pm 8.00pm – 10.00pm	Pratikraman Mahavir Jayanti 14 Sapnas - Nakro £10 Ucchavni for Parnu Julavanu, Aarti and Mangal Divo	Purple
Saturday 31 August Shravan Sud Padvo	6.45pm – .8.00pm 8.00pm – 10.00pm	Pratikraman Bhakti, Aarti Mangal Divo	Orange
Sunday 1 September Bhadarvo Sud Trij	6.45pm – 8.00pm 8.00pm – 10.00pm	Pratikraman: Bhakti, Aarti Mangal Divo Tapasvinu Bahuman	Blue
Monday 2 September Bhadarvo Sud Chotth	4.30pm – 7.30pm 8.00pm – 9.30pm 9.30pm – 10.00pm	Savantsari Pratikraman/Shamapana: Bhakti 108 Diva Aarti Mangal Divo	Panetar

Mon 26 August, Tue 27 August, Wed 28 August, Thur 29 August, Fri 30 August, Sat 31 August, Sun 1 September

Nakro for Aarti - £25.25 and Mangal Divo - £15.25

Monday 2 September - Nakro for 108 Diva Aarti Mangal Divo - £15

Aarti Mangal Divo – 8.30pm

Katasanu - £5.00 fixed Nakro



Savantsari Swamivatsalya Satsang & Bhojan

on Sunday – 15 September 2018-Time: 12 noon onwards

Venue: Hindu Community Centre, 133 Highfield Road, Wellingborough NN8 1PL

Please forward your names and numbers attending Swamivatsalya Bhojan by 8th September 2019 to

Usha Ashok Shah tel: 01604 469436

ANY AMENDMENTS TO THE EVENT
AND WILL BE NOTIFIED LOCALLY BY EMAIL

Management reserves the right to refuse admission and to make any changes to the event due to unforeseen circumstances. Any surplus from the event will go towards the Oshwal General Funds. Please note photographs and videos may be taken at this event, and by attending you are giving permission to Oshwal Association of the UK for your image to be used in any post-event publication such as Oshwal News magazine, our Website and/or other media channels. Oshwal Association of the UK is a registered charity (No. 267037)



નોર્થહેમ્પ્ટનનો વિસ્તાર

પર્યુષણનો કાર્યક્રમ ૨૬ ઓગસ્ટ ૨૦૧૯ - ૨ સપ્ટેમ્બર ૨૦૧૯

સ્થળ: પ્રતિક્રમણ - હિન્દુ કમ્યુનિટી સેન્ટર, હાયફીલ્ડ રોડ, વેલીંગબરો, NN8 1PL

ભક્તિભાવના, આરતી મંગલ દીવો - હિન્દુ મંદિર

તારીખ / તિથિ	સમય -સાંજના	કાર્યક્રમ	વેશભૂષા
સોમવાર ૨૬ ઓગસ્ટ શ્રાવણ વદ અગિયારસ	૬.૪૫ - ૮.૦૦ ૮.૦૦ - ૧૦.૦૦	પરિક્રમણ, ભક્તિ, આરતી મંગલ દીવો	લીલી સાડી
મંગળવાર ૨૭ ઓગસ્ટ શ્રાવણ વદ બારસ	૬.૪૫ - ૮.૦૦ ૮.૦૦ - ૧૦.૦૦	પરિક્રમણ, ભક્તિ, આરતી મંગલ દીવો	બાંધણી કોઈ પણ રંગની
બુધવાર ૨૮ ઓગસ્ટ શ્રાવણ વદ તેરસ	૬.૪૫ - ૮.૦૦ ૮.૦૦ - ૧૦.૦૦	પરિક્રમણ, ભક્તિ, આરતી મંગલ દીવો	લાલ સાડી
ગુરુવાર ૨૯ ઓગસ્ટ શ્રાવણ વદ ચૌદસ	૬.૪૫ - ૮.૦૦ ૮.૦૦ - ૧૦.૦૦	પરિક્રમણ, ભક્તિ, આરતી મંગલ દીવો	પીળી સાડી
શુક્રવાર ૩૦ ઓગસ્ટ શ્રાવણ અમાસ વદ મહાવીર જયંતિ	૬.૪૫ - ૮.૦૦ ૮.૦૦ - ૧૦.૦૦	પ્રતિક્રમણ મહાવીર જયંતિ ૧૪ સ્વપનાં - નકરો £૧૦ની ઉછવણી પારણું ગુલાવવા માટે, આરતી અને મંગલ દીવો	જાંબુડી સાડી
શનિવાર ૩૧ ઓગસ્ટ શ્રાવણ પદવો સુદ	૬.૪૫ - ૮.૦૦ ૮.૦૦ - ૧૦.૦૦	પરિક્રમણ, ભક્તિ, આરતી મંગલ દીવો	કેસરી સાડી
રવિવાર ૧ સપ્ટેમ્બર ભાદરવા સુદ ત્રીજ	૬.૪૫ - ૮.૦૦ ૮.૦૦ - ૧૦.૦૦	પરિક્રમણ, ભક્તિ, આરતી મંગલ દીવો તપસ્વીનું બહુમાન	ભૂરી (બ્લુ) સાડી
સોમવાર ૨ સપ્ટેમ્બર ભાદરવા સુદ ચોથ	૪.૩૦ - ૭.૩૦ ૮.૦૦ - ૯.૩૦ ૯.૩૦ - ૧૦.૦૦	સંવત્સરી પ્રતિક્રમણ/સમાપન: ભક્તિ ૧૦૮ દીવા આરતી મંગલ દીવો	પાનેતર

સોમવાર ૨૬ ઓગસ્ટ, મંગળવાર ૨૭ ઓગસ્ટ, બુધવાર ૨૮ ઓગસ્ટ, ગુરુવાર ૨૯ ઓગસ્ટ, શુક્રવાર ૩૦ ઓગસ્ટ, શનિવાર ૩૧ ઓગસ્ટ,

રવિવાર ૧ સપ્ટેમ્બર

આરતી માટે નકરો £૨૫.૨૫ અને મંગલ દીવા માટે £૧૫.૨૫

સોમવાર ૨ સપ્ટેમ્બર - ૧૦૮ દીવા આરતી મંગલ દીવા માટેનો નકરો £૧૫.૦૦

આરતી મંગલ દીવો - સાંજના ૮.૩૦ વાગ્યે

કટાસણું નકરા માટે નક્કી કરેલી રકમ £૫.૦૦

સંવત્સરી વાત્સલ્ય સત્સંગ અને ભોજન રવિવાર ૧૫ સપ્ટેમ્બર ૨૦૧૯ સમય: બપોરના બારથી શરૂ

સ્થળ: હિન્દુ કમ્યુનિટી સેન્ટર, હાયફીલ્ડ રોડ, વેલીંગબરો, NN8 1PL

સ્વામીવાત્સલ્ય ભોજન માટે દરેક જણે નામ નોંધાવવું જરૂરી છે. ૮ સપ્ટેમ્બર ૨૦૧૯ સુધીમાં જે ભોજન લેનાર હોય તેમનાં નામો ઉષાબહેન

અશોકભાઈ શાહને મોકલી આપવા. તેમનો ટેલિફોન નંબર છે: ૦૧૬૦૪ ૪૬૯૪૩૬

આ સાથે જણાવવાનું કે કાર્યક્રમમાં પ્રવેશ ન આપવાનો, તેમજ કોઈ અણધાર્યા સંજોગવશાત્ કાર્યક્રમમાં જરૂરી ફેરફાર કરવાનો કાર્યવાહિ સમિતિ હક ધરાવે છે. કાર્યક્રમના ખર્ચ બાદ વધેલાં નાણાં ઓશવાળ જનરલ ફંડમાં જમા કરવામાં આવશે. આ કાર્યક્રમમાં વિડીયો અને ફોટા લેવાની તમને છૂટ છે, પણ સાથેસાથે એ પણ નોંધમાં લેવું જરૂરી છે કે તમારી હાજરી દ્વારા તમે યુકેના ઓશવાળ એસોશિયેશનને તમારા ફોટાનો ઉપયોગ કાર્યક્રમ પછી તૈયાર કરવામાં આવતાં કોઈ પણ પ્રકાશન, જેવાં કે ઓશવાળ ન્યૂઝ મેગેઝીન, આપણી વેબસાઈટ અને/અથવા બીજા કોઈ પણ માધ્યમ દ્વારા પ્રસિધ્ધ કરવાની પરવાનગી આપો છો. યુકેનું ઓશવાળ એસોશિયેશન 'રજિસ્ટર્ડ ચેરિટી' છે. (No. 267037).

Workshop – 1st September 2019.

Venue: Hindu Community Centre, 133 Highfield Road, Wellingborough NN8 1PL-upstairs hall

Once again, we will be welcoming a team from Shri Chandana Vidyapeeth to conduct a workshop as follows:

Morning session:

10.30 - 12.00 A presentation on how the Jain Logo explains this Dharma
12.00 - 12.30 Questions/Discussion

Lunch

Afternoon session:

1.30 - 3.00 A presentation on Path to Moksha - The Three Jewels
3.00 - 3.30 Questions/Discussion

For catering purposes, it is necessary to forward your names to Usha Ashok Shah tel: 01604 469436 by Thursday 29 August 2019.

Anybody who wishes to sponsor the cost of this workshop and the lunch on this day please contact Hansaben on 01933 27626

વર્કશોપ- ૧ સપ્ટેમ્બર ૨૦૧૯

સ્થળ - હિન્દુ કમ્યુનિટી સેન્ટર, હાયફીલ્ડ રોડ, વેલીંગબોરો, NN8 1PL-ઉપરનો હોલ

ફરી એકવાર શ્રી ચંદન વિદ્યાપીઠમાંથી કેટલાંક સભ્યોને એક વર્કશોપ ચલાવવા માટે આપણે નિમંત્ર્યા છે.

વર્કશોપના સમય:

સવારના ૧૦.૩૦ થી ૧૨.૦૦

વિષય: જૈનધર્મના પ્રતિકમાં સમાયેલો ધર્મનો મહિમા

બપોરના ૧૨.૦૦ થી ૧૨.૩૦ પ્રશ્નોત્તરી

બપોરનું જમણ

બપોરના ૧.૩૦ થી ૩.૦૦

વિષય: મોક્ષ મેળવવાનો માર્ગ - ત્રણ રત્નો

બપોરના ૩.૦૦ થી ૩.૩૦ પ્રશ્નોત્તરી

ભોજન માટે દરેક જણે નામ નોંધાવવું જરૂરી છે. ગુરુવાર ૨૯ ઓગસ્ટ સુધીમાં જે ભોજન લેનાર હોય તેમનાં નામો ઉષાબહેન અશોકભાઈ શાહને મોકલી આપવા. તેમનો ટેલિફોન નંબર છે: ૦૧૬૦૪ ૪૬૯૪૩૬

જો કોઈ આ દિવસે વર્કશોપ અને જમણનો ખર્ચ આપવા ઈચ્છતાં હોય તો તેમણે કૃપા કરી હંસાબહેનનો આ નંબરે સંપર્ક કરવો 01933 276266



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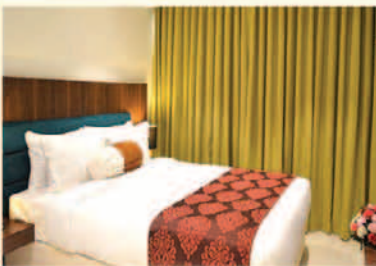
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Girish Shah: 07949072320



: 258 High Road, Harrow, HA3 7BB



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South Area

Jain Jinendra



Where is the time going?

We have been extremely busy organising and presenting a burst of activities for our members. There hasn't been a week without something happening our smallest of venue.

In line with the current statistics of health we have started to tackle some of the issues our members are facing. We are continuing to build on our Wellbeing agenda by encouraging our members to participate on various activities across all our portfolios.

Burst of activities

- Monthly Luncheon
- Ramat Gamat
- Sewing Workshop
- Health and Mental Awareness seminars
- Bridge Club
- School Fair
- Many religious activities
- Charity Fund Raiser (more details below)
- plus, many more....



South Indian Night Charity Fundraiser

South area organised a fundraising dinner in aid of the Chartwell Cancer Trust, Lily Pad Appeal in May which was supported fantastically well by the community.

Thanks to all those who attended and sent in donations even if they weren't able to attend!!

With your help, the event raised a fabulous £1501.00 for the Lily Pad Appeal!!!

Funds raised will be used to help build a new and modernised Oncology Unit, a critical part of the Acute Paediatric Services in Croydon University Hospital.



Historically, OAUk's South Area "Mahajanwadi"

has neighboured Croydon University Hospital for the past 30 years, so it was a deserved tribute, especially as we now look to move to pastures new. Croydon University, however, will always be our local hospital.

We were honoured to have as our special guest, the previous Mayor of Croydon, Bernadette Khan who has been supporting Lily Pad as her chosen charity. Madam Mayor has been very supportive of us as a community and we look forward to a similar positive relationship with incoming Mayor of Croydon, Humayan Kabir.

It was wonderful to see and hear Madam Mayor sing her favourite songs with our guests and our youngest singer aged 8, did not want the evening to end!! A huge thank you to all who came and those who gave donations!!!

Property Update

In March we organised a view of our new property. It was heart-warming to hear so many positive comments from all members who came to view the property. We want to have the property read as soon as its practicable with this mind I am pleased to let you know that we have submitted full planning application and hope we will have some update by the time you read this message.

New members

We have been very lucky to welcome 4 new members to our committee. Varsha Mehta taken over vacancy of Secretary, Bhupen Shah joined as volunteer to help with the finances, Ritesh Shah will take over the role of Media and Communication and Shashi Meghji Shah, former Chairman of South Area has joined us as an adviser. In addition, we have many new volunteers coming forward wanting to help our expanding team.

If you have any questions, comments or want to get involved please do get in touch

Paresh Raishi Shah
Paresh.shah@oshwal.org
07958 213 075



SOUTH AREA PARYUSHAN 2019 (TIME TABLE)

DATE- TITHI	MORNING PROGRAMMES	PRATIKRAMAN START TIME	DAILY EVENING PROGRAMMES
Monday 26-08-2019 Shravan Vad 10/11	Pakshal 8.30 am Discourses from 11.00 am to 1.00 pm	5.15 pm prompt Clothes Colour Theme RAANEE or YELLOW	Prayer / Bhavna £225.00 Nakro for Aarti £225.00 Nakro for Mangal Divo Pravachan or Bhavna/Raas Garba (Time Permitted)
Tuesday 27-08-2019 Shravan Vad 12	Pakshal 8.30 am Discourses from 11.00 am to 1.00 pm	5.45 pm prompt Clothes Colour Theme PURPLE or ORANGE	Prayer / Bhavna, £201.00 Nakro for Aarti Divo £201.00 Nakro for Mangal Divo Pravachan/Bhavna/Raas Garba (Time Permitted)
Wednesday 28-8-2019 Shravan Vad 13	Pakshal 8.30 am Discourses from 11.00 am to 1.00pm	5.45 pm prompt Clothes Colour Theme PLAIN or PRINTED	Prayer / Bhavna £201.00 Nakro for Aarti, £201.00 Nakro for Mangal Divo Pravachan or Bhavna/Raas Garba (Time Permitted)
Thursday 29-08-2019 Shravan Vad 14	Pakshal 8.30 am 10.30 Kalpasutra Padharavani Vidhi 11.00 am to 1.00 pm Kalpa Sutra Vaanchan	5.45 pm prompt Clothes Colour Theme BLUE or PINK	Prayer / Bhavna £201.00 Nakro for Aarti, £201.00 Nakro for Mangal Divo Pravachan or Bhavna/Raas Garba (Time Permitted)
Friday 30-08-2019 Shravan Vad Amaas	Pakshal 8.30 am 11.00 am to 1.00 pm Kalpa Sutra Vaanchan	5.15 pm prompt Clothes Colour Theme RED or GREEN	Prayer / Bhavna 14 Sapna Vadhavavani Vidhi, Prabhu Mahavir Janma Kaliyanani Ujavanni Paarnu Zulavavanu £251.00 Nakro for Aarti, £251.00 Nakro for Mangal Divo
Saturday 31-08-2019 Bhadarva Sud 1	Pakshal 8.30 am 11.00 am to 1.00 pm Kalpa Sutra Vaanchan	5.30 pm prompt Clothes Colour Theme MAROON or BLUE	Prayer / Bhavna. SAMUH AARTI £25.00 Nakro for Aarti/Mangal Divo Maximum 4 Persons) (Please b(ring your own Aarti Thali) Item by Younger Generation Raas Garba (Time Permitted)
Sunday 01-09-2019 Bhadarva Sud 2/3	Pakshal 8.30 am 11.00 am to 1.00 pm Kalpa Sutra Vaanchan	5.15 pm prompt Clothes Colour Theme BORDER or EMBROIDERY	Prayer / Bhavna. £225.00 Nakro for Aarti £225.00 Nakro for Mangal Divo Tapasavionu Bahumaan Pravachan or Bhavna/Raas Garba (Time Permitted)
Monday 02-09-2019 Bhadarva Sud 4	Pakshal 8.30 am 10.30 Barshaa Sutra Padharavani Vidhi 11.00 am to 1.00 pm Barsah Sutra Vaanchan	SAVANTASARI PRATIKRAMAN 5.00 PM prompt Clothes Colour Theme BANDHANEE	Prayer / Bhavna. £601,00 Nakro for Kumarpal Maharajhni Aarti, Mangal Divo, Kumarpal Maharaja Ni Shobha Yatra Kshamapanaa. Michami Dukkadam
SNANTRA POOJA: Although it has not been listed in the morning programmes, those wishing to perform this please ring Pushpaben on 020 8684 2962 (H) or 07847 470012 (M) for further details.			

Management committee reserves the right to make any changes to the above programme without any notice.

**A Festival Of Forgiveness
A Festival Of Self-Discipline
A Journey Of Self-Awareness**

**Wish You A Happy
PARYUSHAN MAHA PARVA**



Oshwal Gujarati School - South



PARYUSHAN MAHA PARVA 2019

MONDAY 26 AUGUST 2019 to MONDAY 2 SEPTEMBER 2019

PROGRAMS SCHEDULED IN THE MORNING

Venue: Oshwal House, 1 Campbell Road, Croydon, CR0 2SQ

PROGRAMS SCHEDULED AFTER 5.00PM

Venue: Norbury Manor Business and Enterprise College for Girls
Kensington Avenue, Thornton Heath, CR7 8B

We are pleased to announce that South Area Committee has organised to invite two Scholars from Tapovan to give us spiritual lectures and discourses during the celebration of Shree Paryushan Maha Parva.

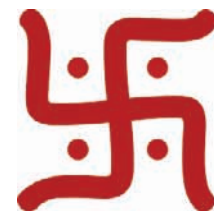
Please Note:

1. Morning discourses and Kalpasutra Vaachan will start at 11.00am finishing by 1.00pm.
2. Everyday Dev Vandan will be performed and completed before the Pratikraman commences.
3. Prabhavna to Tapasavees will be only by Shree Sangh on the day scheduled for Bahumaan of Tapasvees.
4. **Arrangements for Luncheons have been made during Paryushan festival which will be after the discourses at 1.15.pm. Devotees wishing to take advantage of luncheons must register their names in advance, so we can gauge numbers.**
5. **The Nakro for sponsoring Luncheon for a day is £101.00**
6. Members wishing to provide Prabhavana during these auspicious days are most welcome.

Suggested Nakro for Katasna is from £5.00.

During this auspicious festival Khushi Bhatt is most welcome.

Please note that every day we are allocating 10 minutes to children's items. Please encourage your children to participate and let us know their names well in advance so that we can accommodate their items within the scheduled program.



Nakraas for Aarti and Mangal Divo are given in the Paryushan Mahaparva Time Table Programme.

Following are the Nakraas set for 14 Swapanas, etc:

1	Elephant	£201.00	8	Flag	£201.00
2	Bull	£201.00	9	Water Pot	£201.00
3	Lion	£201.00	10	Lake full of Lotus	£201.00
4	Laxmi	£701.00	11	Ocean of Milk	£201.00
5	Garland	£201.00	12	Celestial Chariot	£201.00
6	Full Moon	£201.00	13	Jewels	£301.00
7	Bright Sun	£201.00	14	Smokeless Fire	£201.00

Parnu Zulavavano Laabh	£301.00
Kalpsutra Padharavavano Laabh	£201.00
Baarsa Sutra Vaachan-Nau Laabh	£201.00
Tapasvee Na Parna Nau Laabh: subject to S. Area Committee's Rules	£251.00

This auspicious event is for all of us. Your help is essential at every stage to make this festive event run smoothly and successfully .

Please register your names with any Committee Members to volunteer

Contacts:

Chunibhai H Shah –020 8764 8485 (Home) 07440 531594 (SMS) (Luncheons)

Varsha G Mehta - 07881 81692 (SMS) (Prabhavna or Nakras)

Pushpa B Shah - 020 8684 2962 (Home) 07847 471102 (SMS) (Luncheons, Prabhavna or Nakras)

Pravin Z Shah: 07831 481862 (SMS) (Volunteers)

Any Committee Members

Management committee reserves the right to make any changes to the programme without any notice

Jai Jinendra. Micchami Dukkadam



સાઉથ એરીયા - પર્યુષણ ૨૦૧૯ સમય પત્રીકા

તારીખ - તિથી	સવારનો કાર્યક્રમ	સાંજના પ્રતિક્રમણનો સમય	પ્રતિક્રમણ પછી કાર્યક્રમ
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જે ભાવિકોને સ્નાત્ર પૂજા કરવાની ભાવના હોય તેઓ વધારે માહિતી માટે પુષ્પાબેનને (૦૨૦ ૮૬૮૪ ૨૯૬૨ અથવા ૦૭૮૪૭ ૪૭૦૦૧૨) પર સંપર્ક કરો.			



શ્રી પર્વદિરાજ મહાપર્વ પર્યુષણ : સોમવાર તા. ૨૬-૮-૨૦૧૯ થી સોમવાર તા. ૨-૯-૨૦૧૯

સહર્ષ જૈન ભાવિકોને જણાવવાનુંકે પર્વદિરાજ શ્રી પર્યુષણ મહાપર્વની શુભ શરૂઆત શ્રાવણ વદ ૧૦/૧૧ સોમવાર તા. ૨૬-૮-૨૦૧૯ ના રોજ થશે અને પૂર્ણાહુતી ભાદરવા સુદ ૪ સોમવાર તા. ૨-૯-૨૦૧૯ ના રોજ થશે. સમિતીયે તપોવનથી બે જૈન ધર્મનાં જ્ઞાની અને વિધીકારોને અહીં પધારી શ્રી સંઘને શ્રી પર્યુષણ મહાપર્વની આરાધના કરાવે તેવી યોજના કરેલ છે.

જેમ તપ વિના મુનિની શોભા નહીં, શીલ વિના સ્ત્રીની શોભા નહીં, શૌર્ય વિના વીરની શોભા નહીં, દયા વિના ધર્મની શોભા નહીં તેવીજ રીતે શ્રી પર્યુષણ મહાપર્વની આરાધના વિના જૈન શ્રાવકની શોભા નહીં. તો જો જો, આવા અતિ શ્રેષ્ઠ શ્રી પર્યુષણ મહાપર્વની ઉજવણીનો અમૂલ્ય લાભ લેવાનું ચૂકશો નહીં.

ખાસ નોંધ

સવારના કાર્યક્રમનું સ્થળ: **Oshwal House, 1 Campbell Road, Croydon, CR0 2SQ**

સાંજના કાર્યક્રમનું સ્થળ: **Norbury Manor Business and Enterprise College for Girls**

CR7 8BT



South Area

ખાસ સુચનાઓ



૧. પર્યુષણ મહાપર્વ દરમીયાન દરરોજ સવારે ૧૧.૦૦ વાગે પ્રવચન અને કલ્પસૂત્રનું વાંચન કરવામાં આવશે.
૨. દેવ વંદન રૂપરેખામાં પ્રતિક્રમણનો જે શરૂ કરવાનો સમય આપેલ છે તેના કરતા પહેલા ૩૦ મીનીટ દરમ્યાન કરવામાં આવશે. જે ભાવિકો પ્રતિક્રમણમાં સમયસર ના પહોંચે તેમને ત્રણ નવકાર ગણી પ્રતિક્રમણમાં જોડાઈ જવા નમ્ર વિનંતી છે.
૩. બહુમાનના દિવસે તપસ્વીઓને ફક્ત શ્રી સંઘ તરફથી પ્રભાવના કરવામાં આવશે.
૪. ભાવિકો માટે દરરોજ પ્રવચન પછી ૧.૧૫ ના સમયે ભોજનની સગવળ કરવામાં આવી છે. જે ભાવિકોને આનો લાભ લેવાની ભાવના હોય તેમણે રસોઈમાં સુગમતા રહે તે માટે વહેલાસર તેમના નામ નોંધાવી દેવા નમ્ર વિનંતી છે.
૫. એક દિવસના ભોજનની (અન દાનની) રાશિ £૧૦૧.૦૦ રાખવામાં આવી છે.
૬. જે ભાવિકોને પ્રતિક્રમણ પછી પ્રભાવના કરવાની ભાવના હોય તેઓને અગાઉથી નીચે આપેલા ફોન નંબર પર સંપક કરવા નમ્ર વિનંતી છે.

સુચન પ્રમાણે કટાસણની રાશિ £૫.૦૦ થી છે.

દરરોજ આસરે દસ મીનીટ બાળકોની તેમણે તૈયાર કરેલી ધાર્મિક આઈટમ રજૂ કરવામાં આવશે. વાલીઓને તેમના બાળકોને આ કાર્યક્રમમાં ભાગ લેવા ઉત્સાહિત કરવા અને વહેલાસર બાળકોના નામ નોંધાવી લેવા નમ્ર વિનંતી જેથી કરી અમે સહેલાઈથી તેમની આઈટમનો ગોઠવાયેલા કાર્યક્રમમાં સમાવેસ કરી શકીએ.



આ ધાર્મિક ઉત્સવની ઉજવણી દરમિયાન આપ સૌનો તન, મન અને ધન દ્વારા પૂરેપૂરો સહકાર મળવો ખૂબજ અનીવાર્ય છે.



નિરાશા ટાળવા માટે અને પ્રવચન અને ભાવનાનો વધારેમાં વધારે લાભ લેવા માટે આપ સૌને વહેલી તકે નકરા નોન્ધાવી લેવા વિનંતી.

ત્રીશલા માતાના ચૌદ સ્વપના, પારણુ મૂલાવવાનું, કલ્પસૂત્રની પદ્યરામણી અને બારસા સૂત્ર વાંચના નીચે પ્રમાણે નકરા રાખવામાં આવેલ છે. આરતી અને મંગળ દીવાના નકરા શ્રી પર્યુષણના આઠ દિવસના કાર્યક્રમની રૂપરેખા પત્રીકામાં આપેલ છે.

૧	ગજવર	£૨૦૧.૦૦	૮	ધજા	£૨૦૧.૦૦
૨	રૂપભ	£૨૦૧.૦૦	૯	કળશ	£૨૦૧.૦૦
૩	વનરાજકેસરી	£૨૦૧.૦૦	૧૦	પદમસરોવર	£૨૦૧.૦૦
૪	શ્રી લક્ષ્મી	£૭૦૧.૦૦	૧૧	ક્ષીરસમુદ્ર	£૨૦૧.૦૦
૫	પુષ્પમાળા	£૨૦૧.૦૦	૧૨	દેવવિમાન	£૨૦૧.૦૦
૬	ચંદ્ર	£૨૦૧.૦૦	૧૩	રત્નરાશી	£૩૦૧.૦૦
૭	સૂરજ	£૨૦૧.૦૦	૧૪	નિર્દૂમઅગની	£૨૦૧.૦૦

પારણુ મૂલાવવાનો લાભ	£૩૦૧.૦૦
કલ્પસૂત્ર પદ્યરાવવાનો લાભ	£૨૦૧.૦૦
બારસા સૂત્ર વાંચનનો લાભ	£૨૦૧.૦૦
તપસ્વીને પારણા કરાવવાનો લાભ: સાઉથ એરીયા સમિતીનાં નીયમોને અનુસાર	£૨૫૧.૦૦

CONTACTS:

Chunibhai H Shah –020 8764 8485 (H) 07440 531594 (SMS) Luncheons

Varsha G Mehta - 07881 81692 (SMS) Prabhavna or Nakras

Pushpa B Shah - 020 8684 2962 (H) 07847 471102 (SMS) Luncheons, Prabhavna or Nakras

Pravin Z Shah: 07831 481862 (SMS) Volanteers

Any Committee Members

આ પર્વને આનંદ અને સફળતાથી ઉજવવા આપ સર્વની સેવાની અને સહકારની હર પલ જરૂર છે. તો, વહેલી તકે આપના નામ કોઈ પણ સમિતીનાં સભ્ય પાસે નોન્ધાવી લેવા મહેરબાની કરશો જી.

સંજોગો અનુસાર કાર્યક્રમમાં કોઈ પણ ફેરફાર કરવાની કાર્યવાહી સમિતીને પૂરી સત્તા રહેશે.

લી. કાર્યવાહી સમિતીનાં સાદર પ્રણામ, જયજીનેદ્ર – મિછામી દુકકડમ



SOUTH AREA

SWAMI VATSALYA - SAMVANTSARI BHOJAN

DATE: Sunday 8 September 2019

VENUE: Norbury Manor Business and Enterprise College for Girls

Kensington Avenue, Thornton Heath, CR7 8B

TIME: 3.00pm to 5.00pm

PLEASE NOTE

SWAMI VATSLYA BHOJAN

A token system has been introduced for catering purposes.

The suggested donation for a token is from £5.00. Tokens will be available at the information desk during Maha Pava Paryushan. It will be essential for everyone to submit a token on Sunday 8th September 2019.

The last day to obtain a token will be Wednesday 4 September 2019

Contacts

Pravin Z Shah - 07831 481862

Bhupen L Shah - 07967 699610

Rajesh S Bid - 07563 552914

Or any Committee Members

Management committee reserves the right to make any changes to the above programme without any notice.

South Area Oshwal Gujarati & Cultural School ગુજરાતી શાળા

We have changed! Now give your child the opportunity to enjoy learning about our language & culture

Role Play & Skits

End of Term Presentations

Reading & Writing

Yoga sessions

Learning Garba

Music Lessons

Positive reactions from the children to changes introduced

- Emphasis on Gujarati Speaking, Listening, Cultural & Personal Development

- Fun and Interactive Lessons

- Developing Confidence



New school year starts
7th Sept 2019

Register your children

Only £220 per year for Oshwal members
Less than £3.50/hr

For additional information or application form, please email:

ogssouth@oshwal.org

Respect & 'Maan'

Mothers Day

Fathers Day

Cookery Classes

Diwali Pooja & Party

Learning about Sewa

School Venue : Harris Academy, Kendra Hall Road, South Croydon. CR2 6DT

Timing : 9am - 11am (5 years to 13 years age) Pre GCSE Class & GCSE Class : 9am – 12.00noon

Learning our mother tongue provides a valuable educational, social and cultural experience for our children. It will help them to develop communication skills of speaking and listening and more importantly, learning Gujarati will give children a new perspective and encourage them to understand their own culture.



OSHWAL ASSOCIATION OF THE UK is a registered Charity in accordance with the Charities Act, 1960. Charity No. 267037. Admission of new students will be at the sole discretion of the Heads of School and its Management team



Ramat Gamat

GROUP OF FRIENDS

SRI LANKA

29TH NOVEMBER 2019 – 12TH DECEMBER 2019
15 DAYS (13 NIGHTS)

VISITING

COLOMBO – ANURADHAPURA – HABARANA – POLONNARUWA – DAMBULLA
– KANDY – NUWARA ELIYA – BENTOTA



**EARLY BIRD
DISCOUNT
BOOK BY
18th Aug gets
£100.00 off**

From: £ 1795.00

Pay £600.00 deposit now to secure Airline seat at present cost, Thereafter Airline cost can go up; balance to be paid by 30th September 2019
Stopover in India can be arranged



Jain Tirth Yatra Samat Shikharji

11 DAYS / 9 NIGHTS

23 January 2020 – 2 February 2020

Visiting

Delhi – Khajuraho – Varanasi – Gaya – Rajgir
Shikharji – Kundalpur – Nalanda – Pavapuri –
Lachwad

Package Cost: £1495.00

To secure this package price, book with £600.00 deposit per person by 20th July 2019
(thereafter price may go up) and balance to be paid by 20th November 2019

For More info contact

07900 911 047 / 020 8653 5974

E Mail: Satish.shah2@btinternet.com

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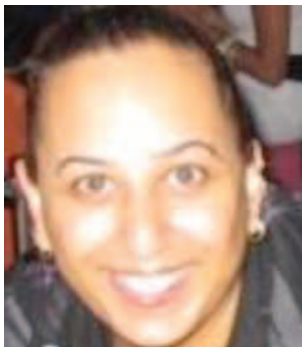
Professionally trained staff to serve food & beverage

Events Management

A flexible package for your party or event, including creativity, project management, staffing and hiring



North East Area



Pranam, Jai Jinendra, Hello, Hi and...Michammi Dukkdam!

Hope everyone is well and enjoying the lovely British Summer (well, when it is not freezing cold and raining!). With the Women's Football World Cup and Wimbledon it's been a sporting few weeks and even though it didn't come home this time (very upsetting), I am sure everyone had an amazing time watching England get so far!

We have had a few great events recently including the Holland Trip, Mother's Day event and Dal Rotli. You can view photos and find out more about these events on the Oshwal website and social media platforms.

We will soon have our annual Paryushun festivities and I look forward to seeing you all at Oshwal Centre over the eight days and also at the OAUK Savantsari and Dhaja Din on Sunday 15th September.

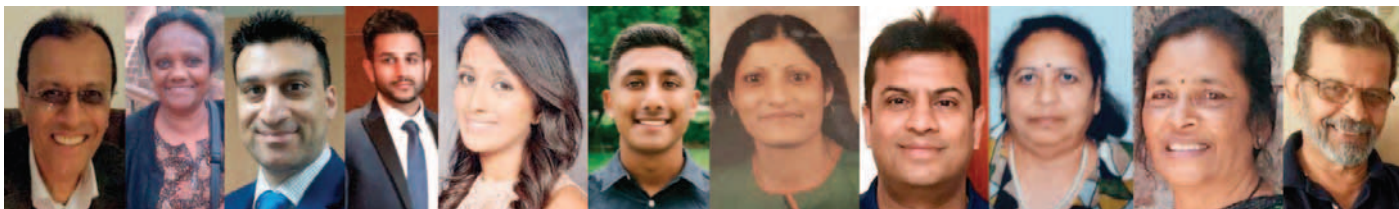
You can check out our Paryushun timetable in our area pages.

We will be organising our most popular event again in 2020 – HOLI colour throwing! Please do look out for further details on this early next year and be sure not to miss out on this sell out event!

For our regular and forthcoming events and for more information, please contact any of the North East Area committee members.

I thank you for your continued support, help and attendance at our events.

Nish
(North East Area Chair and EC Trustee)



આવ્યો સોહામણો પર્વ
 અહિંસાની આલબેલ પોકારતું પર્વ
 વેરઝેરના ઝેરી બંધન કાપતું પર્વ
 સહુના પ્રત્યે અંતર પ્રીત જગાવતું પર્વ
 જીવનના સરગમ પર સ્નેહ રેલાવતું પર્વ

ભવિજન આદરો સુખકાર, આવ્યા પર્વ પર્યુષણ આજ
 મહિમા એનો છે અપાર. આવ્યા પર્વ પર્યુષણ આજ

આ મહા પર્વની પાવન પળોને - તપ - ત્યાગ અને પ્રભુ ભક્તિની
 ભીનાશથી ભરી ભરી બનાવીએ
 પધારો પર્વાધિરાજ અમે આપનું હાર્દિક સ્વાગત
 ક્ષમા રાખો.... ક્ષમા માંગો.... ક્ષમા આપો
 ક્ષમાનું દાન એવું દિવ્ય છે કે તેના દાતારને તે વંદનીય બનાવે છે
 ક્ષમા એ સતત પીવા જેવું અમૃત છે
 આત્માનો ખોરાક એટલે પ્રેમ, મૈત્રી, ક્ષમા, કારુણ્ય અને માધ્યસ્થ
 ક્રોધને મર્યાદા છે જ્યારે ક્ષમા એ અપરંપાર છે
 અહિંસાનું રહસ્ય ક્ષમા છે, દયાનું દિલ ક્ષમા છે

ખામણા ખમાવતાં
 (રાગ: રાખના રમકડા)

ખામણા ખમાવતાં..., ખમાવતાં આજ ખામુ (ર) ભાવિક હૈયે રે
 જીવ માત્રની મૈત્રી સાધી, વેર ને ઝેર ખમાવું રે.... ખામણા ખમાવતાં

પર્વ પર્યુષણ રૂડા દીપે, હરખ અમી નેન લાવો
 વણ સહાયે આથડતાની, આતમ જ્યોત જગાવો રે.... ખામણા ખમાવતાં

શ્રદ્ધા સહ સુરીલા તપ તેજે, જીવન પંથ અજવાળું
 જ્ઞાન તરંગ ને જળહળનારા, વિશ્વવાત્સલ્ય અપનાવું રે.... ખામણા ખમાવતાં

વેર ઝેરનાં વિષમય મૂળિયાં, નિતનિત ઊંડા જાતાં
 ભાવ ઝરણથી શમ રસ પામી, પાપી પણ પીગળાતાં રે.... ખામણા ખમાવતાં

દિવ્ય જીવન આરાધી જાણો, સમતા ધર્મ પ્રભાવે
 ધર્મ યૌવન સૌરભ મહેકે, જીનેન્દ્ર ખમતા શિખાવે રે

ખામણા ખમાવતાં..., ખમાવતા આજ ખામુ (ર) ભાવિક હૈયે રે
 જીવ માત્રની મૈત્રી સાંધી. વેર ને ઝેર ખમાવું રે.... ખામણા ખમાવતાં

ચાલો ખમીએ આપણે

ભીની ભીની પાંપણે, પર્વના આ ટાંકણે
પાર થવા ભવથી, ચાલો ખમીએ આપણે
રાગ કે દ્રેશથી, ધીરે કે જોશથી
થયું અંશ મનદુઃખ તો, ચાલો ખમીએ આપણે
ચાર દિનની જિંદગી, વેરથી ન કરીએ ગંદગી
ખુશબુ અને રોશની કાજે, ચાલો ખમીએ આપણે
ક્ષમાની કરી બંદગી, ક્ષમાની કરીએ પસંદગી
ક્ષમા રંગોળી કરી આંગણે, ચાલો ખમીએ આપણે
અંતરના બારણે, ભાવના કારણે
ભવફેરા વારણે, ચાલો ખમીએ આપણે

આજના આ આત્માને શુચિસ્નાન કરાવતાં સંવત્સરી કલ્યાણ પર્વ દિવસે મન-વચન-કાયાના યોગથી સ્વાર્થ કે પ્રમાદના યોગની, વેર-ઝેર ના યોગથી જાણતા કે અજાણતા ખુબજ લાગણી ભર્યા હૈયે, સકળ સંઘ પાસે અમારી કોઈ ભૂલના કારણે, તમારા હૈયાને ક્યાંય ચોટ લાગી હોય, અમારા નિમિત્તે મનમાં સંકલેશ થયો હોય તો સંઘની એક એક વ્યક્તિ પાસે નોર્થ ઈસ્ટ એરીયા કમિટી તથા રિલીજિયસ કમિટીના સર્વ સભ્ય સંવત્સરિક પ્રતિક્રમણ કરતી વેળાએ સહુ જીવોને ખમાવતાની સાથે અમો આપ સહુને પણ અંત કરણ પૂર્વક ખમાવીએ છે.

"મિચ્છામિ દુક્કડમ"

ખામેમી સવ્વજીવે, સવ્વ જીવા ખમંતુ મે
મિતીમે સવ્વભૂએસુ, વેરં મજઝ ન કેણઈ

We Grant Forgiveness To All Living Beings
May All Living Beings Grant Us Forgiveness
Our Friendship Is With All Living Beings
Our Enmity Is Totally Non-Existent
Let There Be Peace, Harmony & Prosperity For All
If We Have Knowingly Or Unknowingly Hurt Anyone
We seek forgiveness from the bottom of our hearts
"Micchami Dukkadam"

North East Committee & North East Religious Committee

O.A.U.K. NORTH EAST AREA PARYUSHAN FESTIVAL

26th August – 2nd September 2019

Day – Date - Thithi	Kalpasastra Vanchan	All evening programme at Oshwal Centre
Monday 26/08/2019 Shravan Vad Dasam Agiyaras Colour code: Shades of Yellow	Astahnika Pravachan United Reformed Church 11.00 am to 2.00 pm	6.45 pm Pratikraman Aarti / Mangal Divo Followed by Bhavna
Tuesday 27/08/2019 Shravan Vad Baras Colour code: Shades of Pink	Astahnika Pravachan United Reformed Church 11.00 am to 2.00 pm	6.45 pm Pratikraman Aarti / Mangal Divo Followed by Bhavna
Wednesday 28/08/2019 Shravan Vad Teras Colour code: Shades of Blue & Purple	Astahnika Pravachan United Reformed Church 11.00 am to 2.00 pm Bidding for Kalpasastra	6.45 pm Pratikraman Aarti / Mangal Divo Followed by Antakshari and Quiz
Thursday 29/08/2019 Shravan Vad Chaudas Colour code: Light Colour	Kalpasastra Vanchan United Reformed Church 11.00 am to 2.00 pm	5.00 pm Pratikraman Aarti / Mangal Divo Followed by Bhavna
Friday 30/08/2019 Mahavir Swami Janma Vanchan programme at Oshwal Centre Shravan Vad Amas Kalpasastra Vanchan starts at 1.30 pm followed by 14 Swapna procession where families can participate with music <i>All Sadharmik are invited for Dinner between 5.30 – 6.30 pm</i> Pratikraman will start at 7.15 pm followed by Aarti/Mangal Divo Colour code: Gharchodu / Bandhani Bidding of Kumarpal Aarti will take place		
Saturday 31/08/2019 Bhadarva Sud Ekam Colour code: Colourful	Kalpasastra Vanchan Oshwal Centre 12.00 am to 3.00 pm Followed by Dinner Parnu Pokhwanu	6.00 pm Pratikraman followed by Kumarpal Raja ni Aarti Mangal Divo
Sunday 1/09/2019 Bhadarva Sud Beej/Treej Colour code: Shades of Green & Orange	Kalpasastra Vanchan Oshwal Centre 1.00 pm to 3.00 pm Followed by Dinner bidding for Barsa Sutra	6.00 pm Pratikraman Aarti / Mangal Divo followed by Tapasvio nu Bahuman
Monday 2/09/2019 Bhadarva Sud choth Colour code: Pastel	Barsa Sutra Vanchan United Reformed Church 10.00 am to 1.00 pm	4.45 pm Samvatsari Pratikraman Kshmapana (forgiveness) 108 Diva ni Aarti, Mangal Divo

During the Paryushan Festival, Aarti will take place in the Derasar daily at 5 pm.

ઓશવાળ એસોસિએશન ઓફ ધી યુ.કે. નોર્થ ઈસ્ટ એરિયા

પર્યુષણ મહાપર્વ સોમવાર ૨૬/૮/૨૦૧૯ - ૨/૯/૨૦૧૯

દિવસ - તારીખ - તિથિ	કલ્પસૂત્ર વાંચન	પ્રતિક્રમણ - ઓશવાળ સેન્ટર
સોમવાર ૨૬/૮/૨૦૧૯ શ્રાવણ વદ - દસમ/અગિયારસ રંગ: પીળો	અષ્ટાહનિકા પ્રવચન United Reformed Church ૧૧.૦૦ - ૨.૦૦	૬.૪૫ પ્રતિક્રમણ (પછી આરતી / મંગળ દીવો) ભાવના
મંગળવાર ૨૭/૮/૨૦૧૯ શ્રાવણ વદ - બારસ રંગ: ગુલાબી	અષ્ટાહનિકા પ્રવચન United Reformed Church ૧૧.૦૦ - ૨.૦૦	૬.૪૫ પ્રતિક્રમણ (પછી આરતી / મંગળ દીવો) ભાવના
બુધવાર ૨૮/૮/૨૦૧૯ શ્રાવણ વદ - તેરસ રંગ: વાદળી / જામલી	અષ્ટાહનિકા પ્રવચન United Reformed Church ૧૧.૦૦ - ૨.૦૦ કલ્પસૂત્રની બોલી	૬.૪૫ પ્રતિક્રમણ (પછી આરતી / મંગળ દીવો) અંતાક્ષરી । ક્વિઝ
ગુરુવાર ૨૯/૮/૨૦૧૯ શ્રાવણ વદ - ચૌદસ રંગ: નાજુક	કલ્પસૂત્ર વાંચન United Reformed Church ૧૧.૦૦ - ૨.૦૦	૫.૦૦ પ્રતિક્રમણ (પછી આરતી / મંગળ દીવો) ભાવના
શુક્રવાર ૩૦/૮/૨૦૧૯ શ્રાવણ વદ - અમાસ	<p>ઓશવાળ સેન્ટરે મહાવીર સ્વામી જન્મ વાંચન કલ્પસૂત્ર વાંચન ૧.૩૦ વાગ્યે શરૂ થશે. ત્યાર બાદ ૧૪ સ્વપ્ના ના લાભાર્થી વાજતે ગાજતે સ્વપ્ના લઈને આવશે. પારણું ઝુલાવવા નું તેમજ પોંખવા ની બોલી થશે. ત્યાર બાદ સાધર્મિક ભક્તિ સમય ૫.૩૦ - ૬.૩૦. સાધર્મિકો ને ભાવભર્યું આમંત્રણ છે. ૭.૧૫ વાગ્યે પ્રતિક્રમણ પછી આરતી, મંગળ દીવો.</p>	
રંગ: બાંધણી કે ઘરચોળુ	કુમારપાળ રાજાની આરતીનો ચઢાવો થશે	
શનિવાર ૩૧/૮/૨૦૧૯ ભાદરવા સુદ - એકમ રંગ: ભારે રંગ બે રંગી	કલ્પસૂત્ર વાંચન ઓશવાળ સેન્ટરે ૧૨.૦૦ - ૩.૦૦ ત્યાર બાદ ભોજન. પારણું પોંખવાનું.	૬.૦૦ પ્રતિક્રમણ (પછી કુમારપાળ રાજાની આરતી)
રવિવાર ૧/૯/૨૦૧૯ ભાદરવા - સુદ બિજ/ત્રિજ રંગ: લીલો / કેસરી	કલ્પસૂત્ર વાંચન ઓશવાળ સેન્ટરે ૧.૦૦ - ૩.૦૦ ભારસાસૂત્રની બોલી / ભોજન	૬.૪૫ પ્રતિક્રમણ (પછી આરતી / મંગળ દીવો) તપસ્વીઓ નું બહુમાન
સોમવાર ૨/૯/૨૦૧૯ ભાદરવા - સુદ ચોથ રંગ: નાજુક	ભારસાસૂત્ર વાંચન United Reformed Church ૧૦.૦૦ - ૧.૦૦	૪.૪૫ સંવત્સરી પ્રતિક્રમણ ક્ષમાપના ૧૦૮ દીવા ની આરતી / મંગળ દીવો

પર્યુષણ મહાપર્વ દરમિયાન દરરોજ ૫.૦૦ વાગ્યે દેરાસરમાં આરતી કરવામા આવશે.

14 Dreams of Trishala Mata

1	Elephant	£ 251-00	8	Flag	£ 251-00
2	Bull	£ 251-00	9	Water Port	£ 251-00
3	Lion	£ 251-00	10	Lake full of Lotus	£ 251-00
4	Laxmi	£ 501.00	11	Ocean of Milk	£ 251-00
5	Garland	£ 251-00	12	Celestial plane	£ 251-00
6	Full Moon	£ 251-00	13	Jewels	£ 251-00
7	Bright Sun	£ 251-00	14	Smokeless fire	£ 251-00

Swapnas will be given on a First come First basis

To reserve a Swapna please contact:- Pushpaben J Shah on 020 8886 9812

(Leave a message in her absence and give your name and telephone number)

Parnu Julavanu and Parnu Pokhvanu bidding will be done on the day
Sadharmik Bhakti will be between 5.30 – 6.30 pm

Pratikraman will start at 7.15 followed by Aarti and Mangal Divo

An entertaining performance will be performed by our young children

ત્રીશલા માતાના ચૌદ સ્વપના

સહુ પરિવાર સાથે વાજતે ગાજતે લાવવા નો અવસર આવ્યા છે

૧	ગજવર	£ ૨૫૧.૦૦	૮	ધ્વજ	£ ૨૫૧.૦૦
૨	વૃષભ	£ ૨૫૧.૦૦	૯	પૂર્ણ કળશ	£ ૨૫૧.૦૦
૩	કેસરી સિંહ	£ ૨૫૧.૦૦	૧૦	પદ્મ સરોવર	£ ૨૫૧.૦૦
૪	લક્ષ્મી	£ ૫૦૧.૦૦	૧૧	ક્ષીર સમુદ્ર	£ ૨૫૧.૦૦
૫	પુષ્પ માળા	£ ૨૫૧.૦૦	૧૨	દેવ વિમાન	£ ૨૫૧.૦૦
૬	પૂર્ણ ચંદ્ર	£ ૨૫૧.૦૦	૧૩	રત્નરાશી	£ ૨૫૧.૦૦
૭	સૂર્ય	£ ૨૫૧.૦૦	૧૪	ધૂમાડા વગરની અગ્નિ	£ ૨૫૧.૦૦

સ્વપના લેવાનાં લાભાર્થ થવા માટે વહેલો તે પહેલો

સંપક કરો: પુષ્પાબહેન જેન્તીલાલ શાહ - ફોન નંબર ૦૨૦ ૮૮૮૬ ૯૮૧૨ અથવા મેસેજ મુકશો
પારણુ ઝુલાવવા નું તેમજ પોખવાની બોલી તેજ દિવસે થશે.

ત્યાર બાદ સાધર્મિક ભક્તિ ભોજન ૫.૩૦ - ૬.૩૦ વાગ્યા સુધી.

૭.૨૫ વાગ્યે પ્રતિક્રમણ શરૂ થશે. ત્યાર બાદ આરતી અને મંગળ દીવો કરવામા આવશે.

નાના નાના બાળકો નો એક રંગ ભર્યો કાર્યક્રમ રાખવામાં આવશે.

O.A.U.K. NORTH EAST AREA PARYUSHAN FESTIVAL

Kalpasutra Vanchan at United Reformed Church, Fox Lane, Palmers Green, London N13 4AL

During Paryushan, we will have trained devotees from Tapovan India to give us spiritual lectures and discourses on our Jain Religion. Lord Mahavir's principles taught us the lesson of Jainism and the meaning of non-violence which we can put into practice during Paryushan and eventually into our everyday lives.

1. £30.00 nakro is kept for Sadharmik bhakti for the two days (Saturday & Sunday) for lunch.
There will be a £2.00 token on each day for lunch and should be bought in advance for catering purposes.
2. £30.00 nakro is kept for Sadharmik bhakti for Mahavir Swami Janma vanchan celebration on Friday 30/08/2019
3. Food bank collection for homeless people will be done daily during Paryushan. Please bring tinned food, biscuit, toilet rolls, shampoo, baby items etc ... (all food should be vegetarian). We need volunteers to pack and deliver all collected items. This is a chance to do seva during Paryushan.

During Paryushan we need volunteers. Please register your name at the desk.

The committee reserves the right to make any changes to the programme.

We seek your forgiveness if we have caused any ill feelings or hurt anyone knowingly or unknowingly

ઓશવાળ એસોસિએશન ઓફ ધી યુ.કે. નોર્થ ઈસ્ટ એરિયા પર્યુષણ પર્વ

કલ્પસૂત્ર વાંચન - યુનાઈટેડ રીફોર્મ્ડ ચર્ચ, ફોક્સ લેઈન, પામર્સ ગ્રીન, લંડન નૅ૩ ૪એલ

પર્વ પર્યુષણ દરમ્યાન તપોવન થી અનુભવી ક્રિયા કાર અને સંગીતકાર યુવાનો આરાધના કરાવવા પધારશે.

૧. £30.00 નકરો બે દિવસ સાધર્મિક ભક્તિ માટે રાખેલ છે. (શનિવાર અને રવિવાર) ભોજન માટે £૨.૦૦ નો ટોકન રાખેલ છે અને પહેલે થી લેવાનો છે જેથી કરીને માપસર ભોજનની સગવડ કરી શકાય.
૨. £30.00 નકરો મહાવીર સ્વામી જન્મ મહોત્સવ શુક્રવાર ૩૦/૮/૨૦૧૯ ના સાધર્મિક ભોજન ના સહભાગી થવાનો લાભ લેવા ચૂકશો નહીં.
૩. પર્વ દરમ્યાન દરરોજ ઘરબાર વગરના લોકો માટે ફ્રૂડ બેન્ક રાખવામાં આવી છે. તેમા ટીન નો ખોરાક, બિસ્કિટ, ટોઈલેટ રોલ, શેમ્પુ, નાના બાળકોની વસ્તુ વગેરે ભેગું કરવા માં આવશે. (બધું શાકાહારી ખોરાક હોવું જોયે).

પર્યુષણ દરમ્યાન સ્વયં સેવકો ની ખાસ જરૂર છે. આપના નામ જરૂર પાછળ ટેબલ પર લખાવવા વિનંતી.

ફેર કરવાની જરૂર પડશે તો કાર્યવાહી કમિટી ઘટતું કરશે.

નોર્થ ઈસ્ટ એરિયા કમિટી વતી સહુને “મિચ્છામી દુક્કડમ”



North East Youth Club

North East Youth Club is back and better than ever!

Every Sunday from 09:00 to 13:00, with a new weekly timetable that has something to offer for everyone. Come and join us for a free trial session. We are located at Alexandra Park School, Rhodes Avenue, N11 2AZ.

For more information, contact Aashni on aashni.s.shah@oshsal.org or 07939 844 925.

North East Religious Workshop

09:00 to 10:45 – Tour around derasar, 24 Tirthankars, Samavosaran, Ahimsa hand, grounds of derasar and inside the derasar itself with explanation in English (Mukulbhai) and Gujarati (Jayeshbhai). Jayeshbhai will explain what we do when we go to the derasar, including meanings and stories of the different prayers we recite.

11:00 to 11:45 – Essence of Paryushan and Pratikraman explanation. Meaning of Samayik where we take 5 great vows of the Saint.

11:45 to 12:00 – Introduction to Paryushan and Pratikraman.

12:00 to 13:00 – Selection from the following topics depending on the demand – Power of the mind, threefold path to moksha OR Navkar mantra and the power of prayer with stories.

14:00 to 15:00 – Selection from the following topics depending on the demand – Jainism and medicine, Jainism and Science OR virtual trip to India with stories.

15:00 to 15:30 – Pratikraman vidhi and Vandana. Selected aspects of Pratikraman vidhi will be explained in more detail by Jayeshbhai with English translations from Mukulbhai. Stories will also be included.

15:45 to 17:00 – Selection from a list of talks depending on the demand – 8.4 million species, non-violence and Jain biology OR 4 inner enemies and antidotes.

For catering purposes, please let Pushpaben or Mukulbhai know if you will be attending the Religious Workshop on Saturday 24 August 2019.

Contact Mukulbhai on 07766 718 774 or Pushpaben on 07956 738 744.

Management reserves the right to refuse admission and to make any changes to the event due to unforeseen circumstances. Any surplus from the event will go towards the Oshwal General Funds.

Please note photographs and videos may be taken at this event, and by attending you are giving permission to Oshwal Association of the UK for your image to be used in any post-event publication such as Oshwal News magazine, our Website and/or other media channels.

Oshwal Association of the UK is a registered charity (No. 267037).

Oshwal News Magazine of the O.A.U.K

Oshwal Association of the UK North East Youth Club

Netball Basketball

Every Sunday
9am – 1pm

Alexandra Park School,
Rhodes Avenue, N11 2AZ

Free taster session for new joiners

FOR MORE INFORMATION, CONTACT:
AASHNI - 07939 844 925
DHINAL - 07958 485 301

Badminton Yoga Football

Oshwal Association of the UK North East Presents

RELIGIOUS WORKSHOP

24 AUGUST, 9AM TO 5PM | OSHWAL CENTRE

DELIVERED BY DR. MUKULBHAI SHAH AND YOUTH,
SUPPORTED BY VIDHIKAR JAYESHBHAI

EARLY MORNING
DERASAR TOUR
PUJA (OPTIONAL)
CHAITYAVANDAN
MELODIOUS STAVAN
EXPLANATION OF SYMBOLS

LATE MORNING/AFTERNOON
MEANING OF PRATIKRAMAN
MEANING OF PARYUSHAN
EXPLANATION OF SAMAYIK
5 GREAT VOWS OF A SAINT

LATE AFTERNOON
TOPICS FROM A SELECTION:
POWER OF THE MIND
JAINISM AND SCIENCE
JAINISM AND MEDICINE

EXPLANATION IN ENGLISH
AND GUJARATI

FREE FOR ALL AGES

LUNCH PROVIDED

CONTACT TO REGISTER ATTENDANCE
MUKULBHAI 07766 718 774
PUSHPABEN 07956 738 744

Management reserves the right to refuse admission and make changes to the event. Any surplus from the event will go towards the Oshwal General Funds. Tickets are non-refundable. Photos and videos may be taken at this event. By attending, you give permission to Oshwal Association of the UK for your image to be used in publications. Oshwal Association of the UK is a registered charity (No. 267037).



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Fluent in Gujarati, Hindi and English



YOGESH NAGPAL CeFA, CeMAP, MBA, BCom
DIRECTOR/FINANCIAL PROTECTION SPECIALIST

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PERFECT PICTURE... EVERY TIME

North West Area



Pranam, Jai Jinendra,

Hope everyone is well and enjoying the summer months. Schools, Colleges & Universities are now closed and the children enjoying vacation with friends and family. Wish you all a very happy holiday.

Paryushan Parva starts on Monday 26th August until Monday 2nd September 2019. We have invited 2 scholars from Mumbai, India, Hiteshbhai & Vijaybhai. They have vast knowledge on Jainism and have travelled and given lectures in many countries. It is for the very first time they are coming to UK. They will be sharing with us their knowledge through lectures and bhakti.

Paryushan 4 Kidz is on Sunday 1st September in Masfield Hall in the morning. Please see the poster for more details. Registration is required.

Pratikraman In English is going to be for entire 8 days in the evening in Masfield Hall. It will be done with explanations which will help you to understand the rituals.

This year, we have arranged a Pre Paryushan programme presented by North West Area together with SCVP school on Sunday 18th August at Oshwal Ekta Centre. See poster for more details.

Dhajadin & Swamivasthya Bhojan is on 15 September 2019. North, North East and North West Area once again are joining together. Dhajadin tokens will be available at Oshwal Ekta Centre and during Paryushan.

We look forward to seeing you all and celebrate together this very auspicious occasion.

On behalf of North West Area committee & sub committees,

Khamemi Savve Jiva,
Savve Jiva Khamantu Mi,
Mitti Me Savva Bhuesu,
Veram majjham na Kenai.
Micchami Dukkadam.

I forgive all the living beings of the universe and may all the living beings forgive me for my faults. I do not have any animosity towards anybody, and I have friendship for all living beings. Micchami Dukkadam.



Nilesh Dhanraj Shah
OAUK Trustee, North West Area Chairman
Oshwal Ekta Centre – Property Management

PRATIKRAMAN IN ENGLISH 2019

Everyone is encouraged to attend especially the youth and parents with children so that the whole family can perform this powerful ritual with a deeper understanding, to introspect on their own spiritual journey.



Management reserves the right to refuse admission and to make any changes to the event due to unforeseen circumstances. Any surplus from the event will go towards the Oshwal General Funds.

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Pratikraman is the most important and profound of Jain rituals where the concept of Ahimsa Parmodharma is not only explained in finite detail but also taken to its logical conclusion. It celebrates the self yet recognises the rights of other living beings.

PRATIKRAMAN in ENGLISH – A CELEBRATION OF THE SELF

Come and join in the process of celebration of the self and of other living beings with whom we share this planet. More than ever before this planet needs such awareness.

Hosted by Oshwal Association of UK, NW Region, Shri Chandana Vidyapeeth, Jain School (SCVP) will be conducting Pratikraman, at:

Venue: Masefield Hall, Harrow Leisure Centre, Christchurch Ave, Harrow HA3 5BD

Timings: 26, 27, 28, 30, 31 August & 1, September - 7.00pm to 8.30pm.

29 August and 2 September - 6.30pm to 8.30pm

{Note: Free car parking at Harrow Leisure Centre for 3 hours but ticket from machine needs to be displayed}

For more information: Email: hello@scvp.info

Tel: 07932 808209 (Sandipbhai) or

07961 415640 (Jayubhai)



N W Area



Paryushan & Pratikraman

This event has been organised by Oshwal NW and SCVP Jain School. It will be delivered in English. Suitable for all.



NW Area

Come to our pre-Paryushan event and find out what Paryushan is all about. **Ekta Centre Sunday 18th August 2-4pm**



Our religion is one of the most profound and logical philosophical systems there is. For it to have survived for more than 2,500 years is a testament to its enduring quality and this despite Jainism worldwide being a minority faith.



Increasingly as Jains have settled in countries outside of India, the religion has faced challenges. One of the most beautiful rituals done by Jains is Pratikraman (meaning going back) – usually done during Paryushan (meaning to Stay near or being in one owns company)



At SCVP for the past several years it has been our humble effort to make the Pratikraman more meaningful to the English speaking Jains especially the children.



Many people have complained that they do not practice Pratikraman because they do not understand any meaning of what is said in it. Our own experience is no different. For many years we did our Pratikraman in Ardhamagdhi, but we never found it very appealing or meaningful.



With blessings from Pujya Acharyashriji Chandanaji Maharaj and with guidance from Pujya Sadhvi Shilapiji Maharaj we have taken the step to translate all the main Derawasi sutras into English and use these as a basis to explain the profoundness of the process. During the first seven days of Paryushan explanations are given of the main sutras and on the last day the Savantsari Pratikraman is a culmination of all the introspection done over the past several days

Management reserves the right to refuse admission and to make any changes to the event due to unforeseen circumstances. Any surplus from the event will go towards the Oshwal General Funds.

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PARYUSHAN PARVA - SAMVAT 2075

Monday 26th August – Monday 2nd September 2019

Venue: Harrow Leisure Centre, Christchurch Avenue, Harrow, HA3 5BD
Lectures by Hiteshbhai Doshi & Vijaybhai Doshi – Mumbai, India

DATE / TITHI	TIMINGS	PROGRAMMES
Bank Holiday Monday 26-Aug-19	08:30 – 09:45 10:00 – 12:30	Prabhu Padhramani, Pakshal, Pooja, Aarti & Divo Astah Mangal, Guru Gautamswami Padraavanu, Bhakti & Paryushan Lectures
Shravan Vad Agyaras	18:30 – 22:30 19:00 -20:30	Pratikraman/Bhavna/Lecture/Aarti/Mangal Divo & Raas-Garba English Pratikraman – Masefield Hall
Tuesday 27-Aug-19	08:30 – 09:45 10:00 – 12:30	Pakshal, Pooja, Aarti & Divo Astah Mangal, Guru Gautamswami Padraavanu, Bhakti & Paryushan Lectures
Shravan Vad Baras	18:30 – 22:30 19:00 – 20:30	Pratikraman/Bhavna/Lecture/Aarti/Mangal Divo & Raas-Garba English Pratikraman – Masefield Hall
Wednesday 28-Aug-19	08:30 – 09:45 10:00 – 12:30	Pakshal, Pooja, Aarti & Divo Astah Mangal, Guru Gautamswami Padraavanu, Bhakti & Paryushan Lectures
Shravan Vad Teras	18:30 – 22:30 19:00 – 20:30	Pratikraman/Bhavna/Lecture/Aarti/Mangal Divo & Raas-Garba English Pratikraman – Masefield Hall
Thursday 29-Aug-19	08:30 – 09:45 10:00 – 12:30	Pakshal, Pooja, Aarti & Divo Astah Mangal, Guru Gautamswami Padraavanu, Kalpasutra Padhramanu & Kalpasutra Vanchan
Shravan Vad Chaudas	17:30 - 22:30 18:30 – 20:30	Pakhi Pratikraman/Bhavna/Lecture/Aarti/Mangal Divo & Raas-Garba English Pratikraman – Masefield Hall
Friday 30-Aug-19	08:30 – 09:45 10:00 – 12:30	Pakshal, Pooja, Aarti & Divo Astah Mangal, Guru Gautamswami Padraavanu, Bhakti / Kalpasutra Vanchan
Shravan Vad Amas Mahavir Janma Vanchan	18:30 – 22:30 19:00 – 20:30	Pratikraman /14 Sapna Darshan/ MAHAVIR Prabhunu JANMA VANCHAN / PARNU ZULAWANU/ Aarti /Mangal Divo English Pratikraman – Masefield Hall
Saturday 31-Aug-19	08:30 – 09:45 10:00 – 12:30	Pakshal, Pooja, Aarti & Divo Astah Mangal, Guru Gautamswami Padraavanu, Bhakti / Kalpasutra Vanchan
Bhadarva Sud Ekam	18:30 – 22:30 19:00 – 20:30	Pratikraman /PARNU POKHVANU /Bhavna / Lecture/Aarti/Mangal Divo English Pratikraman – Masefield Hall
Sunday 01-Sept-19	08:30 – 09:45 10:00 – 12:30	Pakshal, Pooja, Aarti & Divo Astah Mangal, Guru Gautamswami Padraavanu Vardhman Sakrastav Abishek
Bhadar Sud Beej/Trij Sakratsav Abishek	18:30 – 22:30 10:00 – 12:30 19:00 - 20:30	Pratikraman Lecture /TAPASAVI NU BAHUMAN Aarti/Mangal Divo/ Raas-Garba Paryushan 4 Kids – Masefield Hall English Pratikraman – Masefield Hall
Monday 02-Sept.-19	08:30 – 09:45 10:00 – 12:00	Pakshal, Pooja, Aarti & Divo Astah Mangal, Guru Gautamswami Padraavanu Barsa Sutra Vanchan/ SAMVATSARI Lectures
Bhadarva Sud Choth SAMVATSARI DAY	14:00 - 15.50 16:00 - 21:30 18.30 - 20.30	Doors Open /Sutra Bolis SAMVATSARI PRATIKRAMAN/ Kumarpal Raja Shobha Yatra / Aarti & Mangal Divo English Pratikraman- Masefield Hall



તારીખ/તીથી	સમય	કાર્યક્રમ
સોમવાર તા.૨૬.૮.૨૦૧૯ શ્રાવણ વદ અગિયારસ પર્યુષણ પર્વ પારંભ	સવારના: ૮.૦૦ થી ૯.૪૫ સવારના: ૧૦.૦૦ થી ૧૨.૩૦ સાંજે: ૬.૩૦ વાગ્યે સાંજે: ૭.૦૦ વાગ્યે	પ્રભુની પદરામણી, પક્ષાલ, પૂજા, આરતી-દીવો અષ્ટમંગલના દર્શન, ગુરુ ગૌતમસ્વામીની પદરામણી, પ્રવચન: પર્વાધિરાજ પર્વ ના વધામણા પ્રતિક્રમણ બાદ: પ્રવચન-આરતી-દીવો રાસ-ગરબા ઈંગલિસ પ્રતિક્રમણ-મેસફિલ હોલમાં.
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શુક્રવાર તા.૩૦.૮.૨૦૧૯ શ્રાવણ વદ અમાસ મહાવીર જન્મ વાંચન પારણું	સવારના: ૮.૦૦ થી ૯.૪૫ સવારના: ૧૦.૦૦ થી ૧૨.૩૦ સાંજે: ૬.૩૦ વાગ્યે સાંજે: ૭.૦૦ વાગ્યે	પક્ષાલ, પૂજા, આરતી-દીવો અષ્ટમંગલના દર્શન, ગુરુ ગૌતમસ્વામીની પદરામણી ભકિત - કલ્પસૂત્ર અંગે જાણવા જેવી વાતો પ્રતિક્રમણ, પ્રભુનું જન્મ વાંચન/ ચૌદ સુપનના દર્શન, પારણું ઝુલાવવાનું, આરતી - દીવો ઈંગલિસ પ્રતિક્રમણ-મેસફિલ હોલમાં
શનિવાર તા.૩૧.૮.૨૦૧૯ ભાદરવા સુદ એકમ	સવારના: ૮.૦૦ થી ૯.૪૫ સવારના: ૧૦.૦૦ થી ૧૨.૩૦ સાંજે: ૬.૦૦ વાગ્યે સાંજે: ૭.૦૦ વાગ્યે	પક્ષાલ, પૂજા, આરતી-દીવો અષ્ટમંગલના દર્શન, ગુરુ ગૌતમસ્વામીની પદરામણી ભકિત - કલ્પસૂત્ર પ્રવચન પ્રતિક્રમણ બાદ સંગીતના શુર સાથે પ્રભુનું પારણું પોંખવાનું - પ્રવચન-આરતી-દીવો ઈંગલિસ પ્રતિક્રમણ-મેસફિલ હોલમાં
રવિવાર તા.૧.૯.૨૦૧૯ ભાદરવા સુદ બીજ/ત્રીજ વર્ધમાન શકસ્તવ અભિષેક	સવારના: ૮.૦૦ થી ૯.૪૫ સવારના: ૧૦.૦૦ થી ૧૨.૩૦ સાંજે: ૬.૦૦ વાગ્યે સવારના: ૧૦.૦૦ થી ૧.૦૦ સાંજે: ૭.૦૦ વાગ્યે	પક્ષાલ, પૂજા, આરતી-દીવો અષ્ટમંગલના દર્શન, ગુરુ ગૌતમસ્વામીની પદરામણી વર્ધમાન શકસ્તવ અભિષેક પ્રતિક્રમણ બાદ: તપસ્વીઓનું બહુમાન, આરતી, દીવો બાળકો માટે મેસફિલ હોલમાં. Paryushan 4 Kids ઈંગલિસ પ્રતિક્રમણ-મેસફિલ હોલમાં
સોમવાર.૨.૯.૨૦૧૯ ભાદરવા સુદ ચોથ સંવત્સરી મહાપર્વ મિંચામીદુકકડંબ	સવારના: ૮.૦૦ થી ૯.૪૫ સવારના: ૧૦.૦૦ થી ૧૨.૦૦ અપોરના: ૨.૦૦ વાગ્યે સાંજે: ૬.૦૦ વાગ્યે સાંજે: ૬.૩૦ વાગ્યે	પક્ષાલ, પૂજા, આરતી-દીવો અષ્ટમંગલના દર્શન, ગુરુ ગૌતમસ્વામીની પદરામણી બારસા સૂત્રના દર્શન સંવત્સરી નો સાર હોલનો દરવાજો ખૂલશે- સૂત્રોની ઉછવણી બાદ સંવત્સરીપ્રતિક્રમણ કુમારપાળ રાજાની આરતી - મંગલદીવો. ઈંગલિસ પ્રતિક્રમણ મેસફિલ હોલમાં



OAUK North West Area

PARYUSHAN PARVA



One day only @ Harrow Leisure Centre

Activities based on age groups (Registration open from 3 years onwards)

Date: Sunday, 1st September 2019 Time: 10am-12.30pm (Registration from 9am)

Delivered by Shri Chandana Vidyapeeth Jain School (SCVP).

Online registration via link: <https://www.oshwal.org.uk/event/paryushan4kidz-2019/>

Please give full name and age of attendee & Name and Contact (both email and telephone) for one Parent/Guardian in case of emergency.

For further details contact: Navinchandra D Kamani. navinchandra.d.kamani@oshwal.org .Tel 07934 412 124

Shandip Shah. Tel. 07780 690 432

Management reserves the right to refuse admission and to make any changes to the event due to unforeseen circumstances. Any surplus from the event will go towards the Oshwal General Funds.

Please note photographs and videos may be taken at this event, and by attending you are giving permission to Oshwal Association of the UK for your image to be used in any post-event publication such as Oshwal News magazine, our Website and/or other media channels.

Oshwal Association of the UK is a registered charity (No. 267037)



IMPORTANT MESSAGE

During Paryushan Parva everyone is welcome to perform 8 fold pooja (Nav Ang ni Pooja) at Pooja Graha.
Pooja Time: Strictly 8.30 AM to 9.45 AM.

Daily Morning: 8 Astah Mangal Na Darshan Nakro **£25 each.** Guru Gautamswami ne Padravanu Ucchavni

Daily Evening: Aarti & Mangal divo ni Ucchavni

PARYUSHAN

This year for Paryushan celebration we are fortunate to have 2 Scholars Shree Hiteshbhai & Shree Vijaybhai Doshi from Mumbai - India who will create a spiritual atmosphere with their vast knowledge and skills. So please do not miss to be part of the great celebration this year.

This year again there will be English Pratikraman for 8 Days which will be delivered by the talented team of Shri Chandana Vidyapeeth Jain School (SCVP – Veerayatan UK) this will be at Masefield Hall at 6.45pm – 8pm.

Sunday 1st September Paryushan 4 Kids event is organised at Masefield hall. Timing: 10am to 1pm

PRABHVANA & NAKRAS

During Paryushan members wishing to provide Prabhvana or book Morning Pakshal & Pooja, Aarti, Mangal Divo Astah Mangal Darshan or Saptas nakras should contact Jayubhai Visaria on 07961 415640.

VOLUNTEERS

On Sunday 25th August we will need help from our volunteers to set up the Byron Hall for Paryushan

So please Register your names with Bharatbhai Shah on 07787 110711.

Also during Paryushan we will need volunteers to help out and committee will appreciate if you can come forward and give your names to any committee members.

PARKING AT HARROW LEISURE CENTRE

Please note that a ticket will need to be obtained for parking from one of the machines in the car park – first 3 hours are free – please validate car to get 3 hours free and display ticket on dashboard.

You will need to pay and display new ticket if you are going to be there for more than 3 hours.

Committee reserves the right to amend any programme without giving advance notice.

SWAMIVASTLYA BHOJAN by OAUK

Date: Sunday 15th September 2019

Time: 1pm to 4pm

Venue: Oshwal Centre, Coopers Lane Road, Potters Bar, EN6 4DG

Volunteers: Required on Saturday 14th September 2019 from 9am & Sunday 15th September 2019 from 7am. Please register your names during Paryushan week at the information desk.

DONATIONS UPDATE

In adherence to our Jain principles of reverence of life as well as compassion you have donated generously towards the raising of funds for a Dialysis Machine and Treatment Chair for Renal unit at Northwick Park Hospital in Harrow. We are delighted to announce that a presentation of this donation was made to Northwick Park Hospital on Thursday 20 June 2019.

MICCHAMI DUKADDAM

*We grant forgiveness to all living beings
May All living beings grant us forgiveness
Our friendship is with all living beings
Our enmity is totally nonexistent.*

OAUK North West Area Committees and sub-Committees



વિક્રમસંવત ૨૦૭૫

પનોતા પર્વાધિરાજ પર્વ પધારી રહ્યા છે, ઘર-ઘરમાં
આરાધનાનું વાતાવરણ ગુંજી ઉઠે છે.

શ્રી પર્વાધિરાજ પર્યુષણ મહાપર્વની ઉજવણી

સોમવાર તા.૨૬ ઓગસ્ટ ૨૦૧૯ થી સોમવાર તા.૨ સપ્ટેમ્બર ૨૦૧૯

જૈન ધર્મના બધાજ પર્વોમાં શ્રેષ્ઠગણાતું પર્વ એટલે પર્યુષણ પર્વ
આત્માની અંદર વાસ કરવો તેમજ વિભાવદશામાંથી સ્વભાવદશામાં આવવું અને આહિંસા, સંયમ અને તપનો
ત્રિવેણી સંગમ એટલે પર્યુષણ પર્વ

આવા પર્વાધિરાજ પર્યુષણ પર્વની ભવ્યાતિભવ્ય ઉજવણી માટે ભારત ભુમીના જૈન શાસનના પ્રભાવશાળી
પરમ પૂજ્ય પન્થાસ પ્રવર શ્રી ચંદ્રશેખરવિજયજી મહારાજ સાહેબ દ્વારા પ્રેરીત તપોવન સંસ્કૃત પાઠશાળામાં
જૈન ધર્મનો ઉચ્ચ પ્રકારનો અભ્યાસ કરનાર શ્રી હીતેશભાઈ તેમજ શ્રી વિજયભાઈ દોશી - મુંબઈથી
પધારશે તેમનો લાભ આ વર્ષે આપણા લંડનના ઓશવાળ સંઘને મલવાનો છે.
તેઓની જ્ઞાનવાણીનો ભાવિકો સારો એવો લાભ પ્રાપ્ત કરે છે. રસતરબોળ કરી દેવાની તેઓની આગવી
કળા હોવાથી અનેક શહેરોમાં પર્યુષણ પર્વની આરાધનાઓ કરાવીને જૈન સંઘોમાં જૈન ધર્મની ઘજા લહેરાવી
છે. આ વર્ષ પણ આપણા સમાજમાં પર્યુષણ મહાપર્વની આરાધના કરાવવા દરરોજ જુદા જુદા વિવિધ
પ્રકારના પ્રવચનોનું આયોજન કરવામાં આવશે.

પર્યુષણ પર્વ એ ત્યાગ અને તપશ્ચર્યાનું પર્વ છે. દુનીયાના અન્ય કોઈ જોવા ન મળે એટલી કઢીન
તપશ્ચર્યા જૈનોમાં આ પર્વ દરમિયાન જોવા મળે છે. પર્યુષણ એ દાન અને દયાનું પણ પર્વ છે.
જીવો સાથેના વૈરભાવને દૂર કરીને આ પર્વમાં વિશેષ રીતે દેવ -ગુરૂની ભક્તિ અને જીવમૈત્રીમાં સમગ્ર
શક્તિને સમર્પિત કરી દેવી જોઈએ.

દાનની સૌથી મોટી પ્રવૃત્તિ પર્યુષણ દરમિયાન થાય છે. અનુકંપાદાન, સુપાત્રદાન અને અભયદાન એમ
ત્રિવિધ પ્રકારે એ પ્રવૃત્તિ થાય છે. અભયદાન એ સૌથી શ્રેષ્ઠ દાન છે. દયા, વિશેષતઃ જીવદયા એ
જૈનોના લોહિમાં છે એટલું જ નહિ જીવદયા એ જૈનોની કુળદેવી છે. પર્યુષણ પર્વ એ ઘણું પ્રાચીન પર્વ
છે. પર્યુષણ પર્વ એ સંયમ અને સાધનાનું પર્વ છે. જિનપૂજા, ચૈત્ય-પરિપાટી, સાધુસંતોની ભક્તિ, સંઘમાં
પ્રભાવના, જ્ઞાનની આરાધના, સાધર્મિક વાત્સલ્ય, કલ્પસૂત્ર સાંભળવું, તપશ્ચર્યા કરવી, જીવોને અભયદાન
આપવું, સાંવત્સરિક પ્રતિક્રમણ કરવું, પરસ્પર ક્ષમાપના કરવી-એમ અગિયાર પ્રકારે આ આરાધના કરવાની
હોય છે.

અન્ય દિવસ કરતાં પર્વના દિવસે કરેલી ધર્મારાધના વિશેષ ફલવતી માનવામાં આવે છે.
બીજી બાજુ પર્વના દિવસે કરેલું પાપ મોટું અને માણસને ભયંકર કર્મબંધનમાં મૂકી દેનારું મનાય છે.

આથી સર્વ જૈન ભાવિકોને જણાવવાનું કે દરેક વર્ષની માફક આ વર્ષ પણ પર્વાધિરાજ પર્યુષણ પર્વની
ઉજવણી હેરો લેઝર સેન્ટરમાં કરવામાં આવશે. આ પર્વના દિવસો દેશ વિદેશોમાં સર્વ સ્થળે આરાધના
પૂર્વક ઉજવાય એ આપણી પ્રજાલીકા છે. આ દિવસોમાં કરેલી આરાધનાથી કર્મના ભૂકડે ભૂકડા બોલી
જાય છે. કરાવણ અને અનુમોદન સરખાં ફળ આપે છે, એ ન્યાયે મન-વચન કાયાના યોગથી
આરાધનામાં ઉજમાળ બનવું એ સ્વહિતકારી છે.

આ પર્યુષણ મહાપર્વમાં સહુને યથાશક્તિ લાભ મળે અને સહુ અતિ ઉલ્લાસપૂર્વક લાભ લઈ શકો એવી
ભાવનાનું રટણ કરો અને સૌ કોઈ મોક્ષમાર્ગના પથિક બનો એજ **મંગલકામના.**
આપ સહુની સમક્ષ આરાધનાનો કાર્યક્રમ નિચે મુજબ છે.



નોંધ: યુવાનો માટે દરરોજ સાંજે ૭.૦૦ વાગ્યા થી ૮.૩૦ વાગ્યા સુધી અંગ્રેજીમાં પ્રતિક્રમણ/ પ્રવચનો હેરો લેજર સેન્ટરના મેસજીલડ (ઉપરના) હોલમાં રાખવામાં આવેલ છે. રવિવાર તા.૧.૮.૨૦૧૯ ના સવારે ૧૦.૦૦ થી ૧.૦૦ Paryushan 4 Kids અંગેનો કાર્યક્રમ મેસજીલડ હોલમાં રાખવામાં આવેલ છે.

અગત્યની માહિતી

આ વર્ષ પણ હોલમાં પૂજા ગ્રહની ગોકુવણી કરવામાં આવેલ છે. પર્યુષણ પર્વ દરમ્યાન **પ્રભુના નવ અંગની પૂજા** કરવાનો લાભ ભાગ્યશાળીઓ લઈ શકશે. પૂજા કરવા કેશર-ચંદનની કટોરી સહુને તૈયાર મલશે. સમુહમાં ચૈત્યવંદન કરવાનો લાભ મલશે.

સમય: સવારના ૮.૩૦ વાગ્યે થી ૮.૪૫ વાગ્યા સુધી જ પૂજા કરવાનો લાભ આપવામાં આવશે જેની ભાવીકોએ ખાસ નોંધ લેવાની રહેશે.

પ્રભુને નવ અંગે પૂજા કેમ કરવાની

૧. ભગવાનને નમન કરવા પગે પૂજા કરવાની.
૨. ભગવાને વિહાર કર્યો માટે ઢીયણે પૂજા કરવાની.
૩. ભગવાને દાન આપ્યું માટે હાથે પૂજા કરવાની.
૪. ભગવાન અનંત બળના સ્વામી છતાં, અભિમાન ન કર્યું, માટે ખભે પૂજા કરવી.
૫. ભગવાન મોક્ષે ગયા માટે મસ્તકે પૂજા કરવાની.
૬. ભગવાન ત્રણ લોકના નાથ છે માટે લલાટે પૂજા કરવાની.
૭. ભગવાને ધર્મોપદેશ આપ્યો માટે કંઠે પૂજા કરવાની.
૮. ભગવાને હૃદયમાંથી રાગ-દ્વેષ કાઢી નાખ્યા માટે હૃદયે પૂજા કરવાની.
૯. ભગવાન સર્વ કર્મ ક્ષય કરી મોક્ષે ગયા માટે નાભીએ પૂજા કરવાની.

Morning - Pakshal, Pooja, Aarti, Mangal Divo & Astah Mangal Darshan

સવારના પક્ષાલ-પૂજા-આરતી, મંગલ દીવો અને અષ્ટમંગલના દર્શન

Date	Details	Nakro	તારીખ	વિગત	નકરો
Monday 26 Aug to Monday 2nd Sept Daily	Prakshal, Pooja, Aarti & Mangal Divo	£51 each	સોમવાર ૨૬ ઓગસ્ટ	પક્ષાલ -પૂજા આરતી-દીવો	£૫૧
	Astah Mangal Darshan	£25 each	સોમવાર ૨ સપ્ટેમ્બર	અષ્ટમંગલના દર્શન	£૨૫

સવારના પ્રભુનો પક્ષાલ, પૂજા, આરતી તેમજ મંગલ દીવાનો નકરો ફક્ત **£51** રાખેલ છે તેમજ સંધ્યે અષ્ટમંગલના દર્શન કરાવાનો નકરો **£25** રાખેલ છે. સવારના ગુરૂ ગૌતમસ્વામીને પધરાવાનો તેમજ સાંજે દરરોજ આરતી-મંગલદીવાની ઉછવણી કરવામાં આવશે તો અવશ્ય લાભ લેવાનું ચુકશો નહિ. ચૌદ સુપનનો નકરો નીચે જણાવેલ છે તો વહેલાસર આપના નામ નોંધાવા કૃપા કરશો. દરેક સુપનમાં ચાર (૪) વ્યક્તિ લાભ લઈ શકશે.

Mahavir Janma Kalyanak Swapna

મહાવીર કલ્યાણક સ્વપના

Date	Details	Nakro	તારીખ	વિગત	નકરો
Friday 30 th Aug	Swapnas x13	£251 per Swapna	શુક્રવાર ૩૦ ઓગસ્ટ	સ્વપના x ૧૩	£૨૫૧
	Laxmi Swapna	£501	શુક્રવાર ૩૦ ઓગસ્ટ	લક્ષ્મી સ્વપન	£૫૦૧



ખાસ સુચના

પ્રભાવના: આ મહાપર્વ દરમ્યાન કોઈ પણ ભાગ્યશાળીઓને પ્રભાવના કરવાનો લાભ લેવાની તેમજ કોઈ નકરો લેવાની ભાવના થાય તો જયુભાઈ વીસરીયા ફોન નં. **07961 415640** ઉપર સંપર્ક કરવો.

રવિવાર તારીખ ૨૫.૮.૨૦૧૯ ના રોજ બાયરોન હોલ સજાવા વોલીયનટરોની મદદની જરૂર પડશે તેમજ પર્યુષણ દરમ્યાન આપની મદદની આશા રહેશે તો આપના નામો વહેલાસર ભરતભાઈને ફોન નંબર **07787 110711** જણાવા કૃપા કરશો.

નોંધ: કૃપા કરી તમારી ગાડીઓ વ્યવસ્થિક રીતે પાર્ક કરજો જે થી કોઈને ફરીયાદ કરવાનું ન રહે તેમજ પર્વ દરમ્યાન આપણે પાપના ભાગીદાર ન બનીએ. હેરો લેઝર સેન્ટરના કાર પાર્કમાં ફક્ત ૩ કલાક જ ફ્રી પારકીંગ મલશે. વધારે સમય પારકીંગ માટે જોઈએ તો તમારે બીજી ટીકીટ મેળવવાની રહેશે.

કાર્યવાહી સમિતીને આ કાર્યક્રમમાં સંજોગો અનુસાર ફેરફાર કરવાની પુરી સત્તા રહેશે.

ખાસ નોંધ: દરેક વ્યક્તિએ સમયની મર્યાદાનું પાલન કરવાનું રહેશે તેમજ કાર્યકરતાઓના સુચનાઓનું પાલન દરેકે કરવાનું રહેશે. આવા પર્વના દિવસોમાં કોઈની લાગણી ન દુભાય તેની જવાબદારી આપણા સહુની રહેશે તેની નોંધ લેવા સહુને આગ્રહભરી વિનંતી.

ખમત ખામણાં

સાંવત્સરિક પ્રતિક્રમણથી મંગલ આરાધના પ્રસંગે મન, વચન અને કાયાના વિશુદ્ધ યોગથી સૌ જીવોને ખમાવીશુ એ જ રીતે આપ સહુને પણ ક્ષમા માંગી પહેલેથી જ ક્ષમાવીએ છીએ.

લી. ક્ષમાપ્રેમીઓ

ઓ.એ.યુ.કે નોર્થવેસ્ટ એરીયાના સમીતીના સભ્યોના પ્રણામ સ્વીકારશોજી.

શુભ સમાચાર

પર્યુષણ પર્વ દરમ્યાન જીવદયા/અનુકંપાનું પાલન કરવાનું હોય છે તે લક્ષમાં રાખીને આપ સહુએ આપેલ દાનનો સદુપયોગ તારીખ ૨૦.૬.૨૦૧૯ ના રોજ ડાયલેસીસ મશીન (Dialysis Machine) તેમજ ડાયલેસીસ ખુરશી (Dialysis Chair) નોર્થવીકપાર્ક હોસ્પિટલમાં ભેટ આપેલ છે.

સંવતસરી સ્વામીવાતસ્લય

સ્થળ: ઓશવાળ સેન્ટર, કુપર્સ લેન રોડ, પોટર્સબાર, હર્ટસ.

રવિવાર તારીખ ૧૫.૮.૨૦૧૯ બપોરના ૧.૦૦ વાગ્યેથી ૪.૦૦ વાગ્યા સુધી.
શનિવાર તારીખ ૧૪.૮.૨૦૧૯ તેમજ રવિવાર તારીખ ૧૫.૮.૨૦૧૯ના રોજ કામ કરવામાં આપની મદદની અપેક્ષા રાખીએ છીએ, તો આપના નામો પર્યુષણ પર્વ દરમ્યાન કાર્યકરતાઓને જણાવવા આભારી થશોજી.

દરેક જૈન ભાવિકોને આ પ્રસંગે પધારવા ભાવભીનું નિમંત્રણ પાઠવીએ છીએ

Donation - Northwick Park Hospital's (NPH) renal unit

The Oshwal Association of the U.K. (OAUk) North West Area donated an amazing £13,925 to fund the purchase of a brand-new haemodialysis machine and treatment chair at Northwick Park Hospital's (NPH) renal unit, following a successful grant proposal by LNWH Charity.

The Renal Unit at NPH provides specialist nephrology and pre-dialysis care for patients with kidney disease, some of whom go on to require dialysis, a lifesaving treatment which removes waste products and excess fluid from the blood. Currently, over 300 people visit the Unit three times every week for their dialysis.



On Thursday 20th June 2019 Renal consultant's Dr Neill Duncan and Dr Megan Griffith, Head Nurse Claire Edwards and Administrators Pragna Shah and her sister, Charulata, welcomed Nilesbhair (NW Chairman), Kaushikbhair

(Honorary Vice-President), Jayubhai (NW Religious) and Committee members where the cheque was presented, before been given a tour of the Unit and meeting some patients.



Jayubhai worked closely with Geraldine Kombonglangi Trusts and Foundations Fundraising Manager of LNWH Charity and was instrumental in OAUk's decision to support this project and he said: "In adherence to our Jain principles of reverence of life as well as compassion, OAUk members have donated generously towards the raising of funds for a Dialysis Machine and Treatment Chair for Renal unit at Northwick Park Hospital in Harrow." Megan Griffith, one of the renal consultants at Northwick Park Hospital expressed her gratitude saying: Northwick Park Hospital Dialysis Unit provides lifesaving treatment

to local people with kidney failure; we are delighted to receive this very generous donation from the Oshwal Association of the U.K. and the Area Committee. This will help us to continue to expand to provide dialysis for more patients close to their homes.' We are extremely thankful to all our very generous donors who have wholeheartedly supported this very noble and worthy cause."

Nilesh Dhanraj Shah (North West Chairman)

Gujarati School

Preparations are under way for the start of the academic year 2019/20. We urge all parents to enrol their children from the age of 3 to learn their mother tongue in a fun way. New term of FunSkool starts on 14 September 2019 – to enrol or learn more about the classes please contact Navinbhai Kamani on 07934 412124 - navinchandra.d.kamani@oswal.org.

Summer Bhukhar Competition

On Sunday 23 June we had our ever popular annual Bhukhar Competition at Ekta Centre. It was an all-day event with a delicious breakfast served at 8.30am followed by a mouth-watering lunch and tea/biscuits at the end of the day. We'd like to say a very big thank you to our team of dedicated volunteers/committee members, who arrived very early in the morning to prepare the food and set up the dining and competition tables. Also, special thanks to the Chandanben Ratilal Haria family for sponsoring the homemade biscuits.

For the competition, we had 162 participants (i.e. 54 team entries). After the first 5 games the teams were split in two groups – Premiership and Championship - to motivate players of all abilities to concentrate.



At the end of the competition each player of the three teams in each group were presented with trophies and floating trophies were presented each team in the two groups.



This year to reduce the environmental effect of single use disposables, steel plates/spoons and washable glasses were used. Thank you to all the volunteers who helped in washing up.

Bhakti Sandhya@Ekta

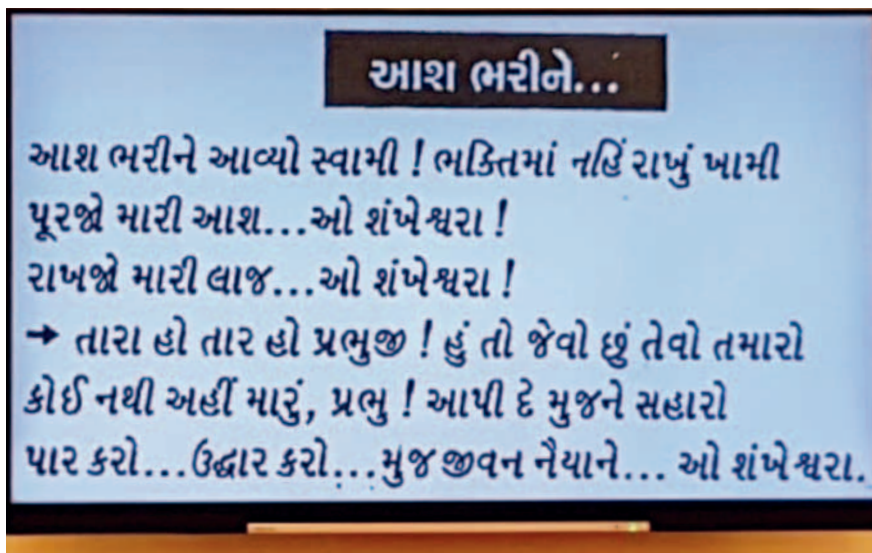
Regular monthly Bhakti Sandhya@ekta continues with very good attendance and enjoyed by all.



My special thanks to the sponsors and everyone for helping make the Bhakti Sandhya a successful, enjoyable and spiritually uplifting event.



In June for the first time the lyrics for the stavans were displayed on screen so everyone could join in the Bhakti.



To sponsor the Bhakti please contact Maheshbhai on 07804 648 197

OSHWAL ASSOCIATION OF THE UK

NORTH WEST AREA - Elderly Monthly Meets (EMM)

Venue: Oshwal EKTA Centre, 366A Stag Lane, Kingsbury, NW9 9AA.
(OAUK Members Only - Proof of Membership is required at the door)

Diwali Utsav

Sunday, 20th October 2019



**Time: 12.00noon-5.30pm|Tickets: £15|This is a ticketed event and will be available
@ EKTA Office and Paryushan (First come basis and members only).**

|Tickets are non-refundable|

For more information please call -

Manjulaben - 020 8864 2522

Pramilaben - 020 8907 2188

With Special Dinner, Live Music, Chai & biscuits

Oshwal EKTA Centre, 366A Stag Lane, Kingsbury, NW9 9AA.

Further contact details -Vinaben 079704 26370 or Mahendrabhai 077147 12713

EKTA Office (020 8206 1141)

Please note photographs and videos may be taken at this event, and by attending you are giving permission to OAUK for images to be used in any post-event publications such as Oshwal News Magazines, our website and/or other media channels.

Organisers reserve the right to make changes to the advertised programme and right of admission

Oshwal Association of the U.K. is a Registered Charity No. 267037





Downing Street, London 11th July 2019.

Subject: Jains deliver 5,000 signatures to 10 Downing Street demanding a Jain tick box for the 2021 UK Census

The UK Jain community, collectively called OneJAIN, and represented by the Institute of Jainology today delivered a petition with 5,000 signatures to 10 Downing Street urging the Prime Minister for her intervention for the inclusion of a Jain tick box in the next UK Census.

Nemu Chandaria, Chairman of the Institute said, "There is much confusion in the census terminology and Jainism is the only major religion not to be included in the next census. The 2011 Census only captured 30% of the known UK Jain population and the current plans from the Office of National Statistics will not significantly improve that."

The Census data is used to determine policy and funding for health, education and social care, as well as programming by broadcasters like the BBC. Capturing correct data from Jains living across the UK is vital if we are to ensure that the Jain community is included in decisions by the public sector.

The Institute of Jainology delegation included Mr Gareth Thomas MP, Chair of the Jain All Party Parliamentary Group, and Mr Navin Shah, London Assembly Member for Brent and Harrow, who started the online petition.

/ENDS

About the Institute of Jainology

The Institute of Jainology (IoJ) was founded in 1986 and is an international organisation promoting Jain philosophy and values through the disciplines of art, culture and education. It represents the Jain faith in government and inter-faith matters in the UK and elsewhere.

Over its 25 year history, the IoJ has co-hosted the Peaceful Liberators exhibition at the Victoria and Albert Museum London, published the Catalogue of the Jain Collection at the British Library, and launched the Jainpedia.org encyclopaedia.

On 28th September 2014, the thirty or so UK Jain Organisations voted for the Institute of Jainology to form 'One Jain' and to lead them in matters of government and community.

For more information see www.jainology.org and www.jainpedia.org

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North Area



Jai Jinendra

Paryushan is upon us and we have another week of spiritual reflection lined up for you. This includes English Pratikraman on Saturday and Sunday. This year we are running this for two nights given the popularity last year. Also, on Sunday we have a workshop again hosted by Young Jains, which has proved so popular over several years. Details of the entire Paryushan program are in the Paryushan section of Oshwal News.

Savantsari Bhojan is on Sunday 15th September at our Oshwal Centre in Potters Bar. After Paryushan finishes, this is an opportunity for us all as one community to come together, prepare and enjoy lunch together and have a wonderful time!

We will need lots of volunteers to help prepare the meal, set up the venue, and help manage the activities for the day. Please register for volunteering now by emailing Darshni darshni.a.malde@oshwal.org or you can register at the information desk during Paryushan.

Why not take this Paryushan as an opportunity to give up dairy products. So much violence is involved in modern dairy production which goes against our Jain principle of Ahimsa. There are so many healthier alternatives, which are also better for the environment.

Chandraben Shah who taught at our Gujarati School for 39 years has decided to retire. Please read the article from Hiteshbhai and Nilamben. The entire North area committee and community salute Chandraben for her tireless service for so many years and wish her a wonderful retirement.

North Area's Social Club held another Whist Drive evening on Saturday 8th June. Participants were greeted and served a light meal and refreshments. The games commenced at 8pm in the packed room, and there was the usual banter between table changes asking each other how they were getting on and catching up with friends!

First prize went to Hasmukhbhai Chandaria | Second prize to Bhartiben Shah | Third Prize to Pushpaben Malde



We are pleased to announce the next Whist Drive social evening is on Saturday 9th November at Woodhouse College. Please get your friends and families to sign up and get their tickets now! It's going to be a fabulous evening.

RETIREMENT OF CHANDRABEN

Retiring after 39 years of continuous service, OAUk North Area has bid farewell to an exceptional Gujarati teacher. Chandraben Dilip Shah finally bowed out on Saturday 25th May, just in time for the half term break. It seems like it was yesterday she started her teaching career. A natural teacher, she demonstrated calm leadership qualities and dedication. She is a recipient of several accolades for her hard work at school and services to NHS and local government.



At a special assembly held on 18th May, the whole school and parents came together to say Thank You! Rekhaben from the EC presented a plaque to say thank you, and there words of gratitude from Nilamben our head teacher, Shailanbhai our area chair, and myself. At the end the children all surrounded Chandraben and many photos were taken.

I joined the school as a support teacher where after a while I became aware that I was her 9th assistant! And I can say it is painful to say goodbye to someone who not just a professional teacher but more of a mentor and dedicated tutor. We all need to express our sincerest gratitude to her for helping so many students through our amazing Gujarati school. Her teaching skills made it easier and fun for every student to contribute actively thereby making their class an engaging time for all. All her students reflected her hard work by passing their Gujarati GCSE and gaining another qualification.

Chandraben stood out of the crowd of "GUJJU" teachers for her trademark attire - being the big fresh red rose pinned on the right side of her combed hair! A common sight was her rushing through the entrance with more than four big carrier bags full of Gujarati work and not forgetting her own heavy handbag. Dedicated as she was, she barely had time for a quick cup of tea and a biscuit during a 15-minute break.



As she now joins the troop of senior citizens of this great country, on behalf of the whole Oshwal community and especially all her students, we wish her a long and wonderful retirement!

Hitesh Shah
Teacher
North Area Gujarati School



PARYUSHAN PARVA

Monday 26th August – Monday 2nd September 2019

**Venue: Woodhouse College, Woodhouse Road, North Finchley,
London N12 9EY**

Date	Event Details	Additional Details	Colour Scheme
Monday 26th	6.30 pm Pratikraman 8.30 pm Aarti/Divo	Bhavna & Stavan Singing	Green
Tuesday 27th	6.30 pm Pratikraman 8.30 pm Aarti/Divo	Lecture by Jayeshbhai	Yellow
Wednesday 28th	6.30 pm Pratikraman 8.30 pm Aarti/Divo	Lecture by Vinodbhai Kapasi	Blue
Thursday 29th	6.00 pm Chaudas Pratikraman 8.30 pm Aarti/Divo	Bhavna & Stavan singing	Pink
Friday 30th	6.30 pm Pratikraman 8.30 pm Aarti/Divo	Mahavir Janma Vanchan Children will recite the meaning of the 14 Swapanas	Red
Saturday 31st	6.30 pm Pratikraman 6.30 pm English Pratikraman 8.30 pm Aarti/Divo	Raas Garba Music Night	Bandhani
Sunday 1st	4.00pm Young Jains Workshop 6.30 pm Pratikraman 6.30 pm English Pratikraman 8.30 pm Aarti/Divo	Tapasvi Bahuman & Stavan Singing	Orange
Monday 2nd	6.00 pm Savantsari Pratikraman 8.30 pm 108 Diva Aarti & Mangal Divo	108 Diva Aarti performed by 108 people. Nakro £10.00 each Four (4) main Aarti & Divo Thali with Nakro of £108.00 each. Maximum of four people per thali.	Colour of your choice

Pratikraman Sutras

For Pratikraman Sutras there is Nakro of £5.00 for each Sutra.

On Chaudas and Choth the Nakro is £10.00 for each Sutra.

Shanti Sutra Nakro will be £10.00 daily.

For Saturas please contact Anilaben on 020 8446 2225

Aarti and Mangal Divo

Nakro of £51.25 for Aarti and Mangal Divo. Maximum of six thalis each day on first come first served basis. Maximum of four people per thali will be allowed.

Pre-book early to avoid disappointment by calling Anilaben on 020 8446 2225

Please prepare and bring your own Aarti Thali

Mahavir Janman – Sapnas

There will be a Nakro of £75.25 for each Sapna except for Lakshmi and Ratna No Dhaglo. These will be allocated by bidding during Paryushan.

Kalpasutra Vanchan and Parnu Zulavanu bidding will be done during Paryushan.

To participate in any of the above Nakro scheme in advance please contact Anilaben on 020 8446 2225. Please book early to avoid disappointment.

Katasanu Nakro £5.00**Prabhavna**

Any members wishing to take the opportunity to provide Prabhavna during these auspicious days should contact Anilaben or any of the Committee members.

Donations

Any members wishing to make donations during Paryushan festival should complete gift aid forms where possible. Hall hire cost is £350 per day and your support is most welcome.

North Area Swamivatsalya Bhojan :

Nakro: £51.25

Sunday 22nd September 2019 at Oshwal Centre, Coopers Lane Road, Potters Bar, EN6 4DG

Time: 1.00 pm to 4.00 pm (Lunch served until 3.30pm)

For catering purposes and to avoid wastage, pre-registration for this event is required, either in person at Woodhouse College during Paryushan week, or online at the Oshwal Website.

Volunteers required from 7.00 am on 22nd. Please register your names during Paryushan week at the information desk.

Management Committee reserves the right to amend any of the above programme without any notice. Please check the Oshwal Website under North Area Events for the latest details.

Micchami Dukkadam

નોર્થ એરીયા પર્યુષણ મહાપર્વની આરાધના

શ્રાવણ વદ ૧૦/૧૧ સોમવાર - ભાદરવા સુદ ૪ સોમવાર
Woodhouse College, Woodhouse Road North Finchley
London N12 9EY

દિવસ	તારીખ	પ્રતિક્રમણ શરૂ કરવાનો સમય
સોમવાર	૨૬-૮-૧૮	સાંજે ૬.૩૦ વાગ્યે
મંગળવાર	૨૭-૮-૧૮	સાંજે ૬.૩૦ વાગ્યે
બુધવાર	૨૮-૮-૧૮	સાંજે ૬.૩૦ વાગ્યે
ગુરુવાર	૨૯-૮-૧૮	સાંજે ૬.૦૦ વાગ્યે ચૌદસ
શુક્રવાર	૩૦-૮-૧૮	સાંજે ૬.૩૦ વાગ્યે
શનિવાર	૩૧-૮-૧૮	સાંજે ૬.૩૦ વાગ્યે
રવિવાર	૦૧-૯-૧૮	સાંજે ૬.૩૦ વાગ્યે
સોમવાર	૦૨-૯-૧૮	સાંજે ૬.૦૦ વાગ્યે શ્રી સંવત્સરી મહાપર્વ

અમારી વિનંતી છે બહેનોએ દરરોજ જુદા જુદા રંગની સાડી પહેરવી.

દિવસ ૧.હીલો ૨.પીળો ૩.આસમાની

૪.ગુલાબી ૫.લાલ ૬.બાંધણી.૭.કેસરી. ૮. ભરેલી

સંપૂર્ણ દર્શનવિધિ માટે રૂ.૨૫ દર રાખેલ છે.

આસ્તી અને મંગળ દીવો -

પ્રતિક્રમણ સમાપ્ત થયા બાદ દરરોજ આસ્તી અને મંગળ દીવાની કરવામાં આવશે.

આસ્તી અને મંગળ દિવાનો નકરો રૂ.૧૫ . ૨૫

ખાસ નોંધ: પ્રતિક્રમણના એક એક સુત્ર રૂ.૧૦ . ૦૦ નકરો રાખવા માં આવેલ છે.

શાંતી સુત્ર બોલવાના રૂ.૧૦ . ૦૦ નકરો રાખવામાં આવેલ છે.

ચૌદસ અને સંવત્સરી પ્રતિક્રમણ સુત્ર બોલવાના રૂ.૧૦ . ૦૦ નકરો છે.

લાભ દરેક ભાવિકો લઈ શકશે, પણ સુત્ર ફક્ત પુરુષો ભણાવશે.

શ્રી મહાવીર જન્મ કલ્યાણક-

શુક્રવાર તા.૩૦ . ૮ . ૨૦૧૮ ના પ્રતિક્રમણ થયા બાદ

લક્ષ્મી અને રત્નનો ઢગલો સ્વપ્નનાની

અને પાશુ ઝુલાવવાની ઉજવણી કરવામાં આવશે.

બાકી ના દરેક સ્વપ્નના રૂ.૭૫ . ૨૫ નકરો છે.

મહાવીર જન્મ કલ્યાણક ને દિવસે પ્રભાવન નો ખર્ચ દેવાની ઈચ્છા હોય તો સમિતિને જણાવશો.

તપસ્વીઓના બહુમાન રવિવાર તા.૦૧ . ૯ . ૨૦૧૮ સાંજના કરવામાં આવશે.

પ્રભાવના-

પર્યુષણ દરમિયાન પ્રભાવના કરવાની ઈચ્છા હોય તેમણે તેમના નામ સમિતિ ને જણાવશો.

વધારે માહિતી માટે અનીલાબહેનને સંપર્ક કરવો ૦૨૦ ૮૪૪૬ ૨૨૨૫



North Area Presents

WHIST DRIVE

Saturday 9th November

7pm till 10pm

Light refreshments included

Woodhouse College, Woodhouse Road, N12 9EY

Contact: Kuntesh Shah - 07952 708592 or
social-n@oshwal.org

Prices:

Members: £5

Non-Members £7

Management reserves the right to refuse admission and to make any changes to the event and activities due to unforeseen circumstances.
You agree to participate in activities at your own risk. Oshwal are not liable for any injuries. Oshwal Association of the UK is a registered charity (No. 267037)



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**Book before end of September
and avail discount of £200**

Price from ~~£2600~~ now at £2400

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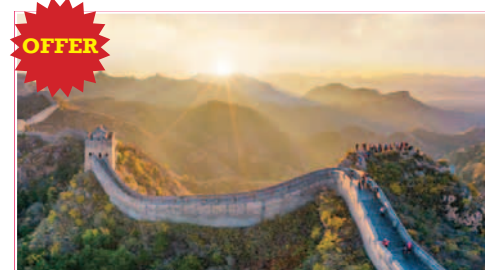


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of £150**

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Includes: Melbourne, Cairns, Sydney, Auckland,
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Queenstown and more...



New Zealand with Cook Islands - 17 days

£200 off

Dep dates: Oct 20, Nov 24

Prices from ~~£4100~~ now at £3900



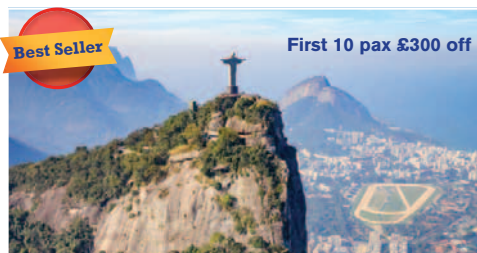
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and get £200 discount**

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Luton Area



Jay Jindendra

The wedding season is in full force and im sure many of us have had good wedding food this year.

The payrustion festival is upon on, and it does not seem like a year ago that we all gathered. Every year some people chose to fast, eat once or even give something up the 8-day period. For me this period I try to reflect on what has happened in our own lives. Its what we learn from our lives that we can all continue to improve.

Like most years, our area will be celebrating the festival at Lewsey Learning Centre even though we are a small community it is always wonderful to see you all attending during this time.

Our Friday clubs continue to run once a month, the first Friday of every month at Warden Hill community centre 8pm-10pm.

Sports Day will take place in November/December of this year. If you are interest in taking part please contact Neil on 07 880 310221.

If there is anything, you would like help organise and come help with then please contact one of the committee members and we can help.

March 2020 will see a new committee elected, if you would like to serve and not sure, what it involves please speak to us. **We need new blood.** I came to an AGM in 2012 with no intention of standing, and it was a last minute decision. Within the 8 years, I have not only met great people, learnt a lot but also sense of achievement. If you are interested please come on aboard, and if you want more information please speak to one of the committee members.

Mitchimu Dukrum

Keval Rajnikant Shah
+44 7837 181332



Oshwal Association of the UK- Luton Area

Chairperson: Keval Rajnikant Shah
Secretary: Irene Ajnis Shah

Date	Venue	Pratikraman	Details
Monday 26 th August 2019 Shravan 12	Lewsey Learning Centre Tomlinson Avenue Luton, LU4 OQQ	At: 6:00pm Till: 10pm	Followed by; Bhavana, Aarti, Mangal Divo and Garba
Tuesday 27 th August 2019 Shravan 13	Lewsey Learning Centre Tomlinson Avenue Luton, LU4 OQQ	At: 6:00pm Till: 10pm	Followed by; Bhavana, Aarti, Mangal Divo and Garba
Wednesday 28 th August 2019 Shravan 14	Lewsey Learning Centre Tomlinson Avenue Luton, LU4 OQQ	At: 6.00pm Till: 10pm	Followed by; Bhavana, Aarti, Mangal Divo and Garba
Thursday 29 th August 2019 Shravan Vad Amas	Lewsey Learning Centre Tomlinson Avenue Luton, LU4 OQQ	Chaudas Pratikraman At: 5.30pm Till: 10pm	Followed by; Bhavana, Aarti, Mangal Divo and Garba
Friday 30 th August 2019 Bhadarva sud (1)	Lewsey Learning Centre Tomlinson Avenue Luton, LU4 OQQ	At: 6:00pm Till: 10.30pm	Followed by; Aarti Mangal Divo, 14 Sapana Mahavir Janaman Kalyanak Vachan Parnu Julavanu
Saturday 31 st August 2019 Bhardarvosud (2)	Lewsey Learning Centre Tomlinson Avenue Luton, LU4 OQQ	At: 6:00pm Till: 10.30pm	Followed by; Bhavana, Aarti, Mangal Divo and Garba
Sunday 1 st September 2019 Bhardarvosud (3)	Lewsey Learning Centre Tomlinson Avenue Luton, LU4 OQQ	At: 6:00pm Till: 10pm	Followed by; Bhavna, Aarti, Mangal Divo
Monday 2 nd September 2019 Bhardarvosud (4)	Lewsey Learning Centre Tomlinson Avenue Luton, LU4 OQQ	Samvatsari Pratikraman: At: 5:00pm Till: 10pm	Followed by; Tapasvi Bahuman, 108 Divo Aarti, Mangal divo, Michhami Dukkadam

Donations towards Savansari Bhojan and hall hire are welcome. If anyone wishes to provide Prabhavna, please contact us.

Any member wishing to make a donation during Paryushan Festival should contact Keval Shah. Tel: 01582 655355 (after 6pm) or mobile 07837 181332.

The Savansari Bhojan will be on 22th September, 2019 at Shri Sanatan Seva Samaj Hereford Road, Luton. LU4 OBS from 12.30pm

ઓશવાલ એસોસિએશન ઓફ ડે (લુટન એરિયા)

VENUE: Lewsey Learning Centre Tomlinson Avenue Luton, LU4 0QQ

સ્થળ: લઉસિય લરનિંગ સેન્ટર, ટોમલિન્સન એવેન્યુ, લૂટન. LU40QQ

સોમવાર તા-૨૬/૦૮/૨૦૧૯ થી સોમવાર તા-૨/૦૯/૨૦૧૯.

વાર/ તારીખ / તિથિ	સમય	કાર્યક્રમ	પહેરવેશ ના રંગ અને માહિતી
સોમવાર ૨૬/૦૮/૨૦૧૯ શ્રાવણ વદ ૧૦/૧૧	૬.૦૦ ૧૦.૦૦	પ્રતિક્રમણ ૬.૦૦ ભાવના, આરતી અને મંગળ દીવો, ગરબા	લીલો રંગ
મંગળવાર ૨૭/૦૮/૨૦૧૯ શ્રાવણ વદ ૧૨	૬.૦૦ ૧૦.૦૦	પ્રતિક્રમણ ૬.૦૦ ભાવના આરતી અને મંગળ દીવો, ગરબા	ભરેલી સાડી ભારતીય પહેરવેશ
બુધવાર ૨૮/૦૮/૨૦૧૯ શ્રાવણ વદ ૧૩	૫.૩૦ ૧૦.૦૦	પ્રતિક્રમણ ૫.૩૦ ભાવના આરતી અને મંગળ દીવો, ગરબા	વાદળી રંગ
ગુરુવાર ૨૯/૦૮/૨૦૧૯ શ્રાવણ વદ ૧૪	૬.૦૦ ૧૦.૦૦	પખ્તી પ્રતિક્રમણ ૬.૦૦ ભાવના આરતી અને મંગળ દીવો, ગરબા	પદ્મ વારી સાળી ભારતીય પહેરવેશ
શુક્રવાર ૩૦/૦૮/૨૦૧૯ ભાદરવો સુદ ૦૧)) અમાસ	૬.૦૦ ૧૦.૦૦	પ્રતિક્રમણ ૬.૦૦ મહાવીર જન્મ વાંચન નો કાર્યક્રમ ૧૪ સ્વપ્ન, પારણું ઝુલાવા નું આરતી અને મંગળ દીવો	બાંધણી / ઘરચોળા ભારતીય પહેરવેશ
શનિવાર ૩૧/૦૮/૨૦૧૯ ભાદરવો સુદ ૧	૬.૦૦ ૧૦.૦૦	પ્રતિક્રમણ ૬.૦૦ ભાવના આરતી અને મંગળ દીવો	સફેદ રંગ



23 DAY – VERY BEST OF NEW ZEALAND & AUSTRALIA **£4999pp**

Dep: 24 Apr, 08 Sep, 2 Oct, 05 Nov, 02 Dec

28 DAY – GRAND TOUR OF AUSTRALIA, NEW ZEALAND & FIJI **£5799pp**

Dep: 14 Sep, 10 Oct, 31 Oct, 16 Nov, 02 Dec, 16 Jan, 6 Feb, 2 Mar, 25 Mar, 20 Apr

15 DAY – CLASSIC BRAZIL, ARGENTINA & CHILE **£2899pp**

Dep: 14 Sep, 06 Oct, 2 Nov, 25 Nov, 16 Jan, 20 Feb, 10 May, 2 Apr

21 DAY - GRAND SOUTH AMERICATOUR (PERU - BOLIVIA - CHILE - ARGENTINA - BRAZIL) **£4999pp**

Dep: 04 May, 08 Sep, 06 Oct, 02 Nov, 1 Mar, 5 Apr, 3 May

15 DAY – SCENIC SOUTH AFRICA TOUR **£2399pp**

Dep: 05 Jun, 08 Sep, 2 Oct, 05 Nov, 2 Dec, 10 Jan, 6 Feb, 14 Mar, 05 Apr

16 DAY CLASSIC INDO CHINA (VIETNAM – LAOS - CAMBODIA) **£2399pp**

Dep: 08 Jun, 16 Sep, 01 Oct, 25 Oct, 10 Nov, 6 Dec, 14 Jan, 5 Feb, 10 Mar

18 DAY – CLASSIC JAPAN & CHINA TOUR **£3999pp**

Dep: 14 Jun, 30 Jun, 28 Aug, 12 Sep, 02 Oct, 20 Mar, 6 Apr, 10 May

16 DAY – GRAND TOUR OF EAST AFRICA (UGANDA – KENYA – TANZANIA) **£3299pp**

Dep: 20 Jun, 20 Aug, 08 Sep, 01 Oct, 2 Nov, 16 Jan, 10 Feb, 5 Mar

21 DAY – WONDERS OF ASIA (HONG KONG - SINGAPORE - MALAYSIA - THAILAND - CAMBODIA) **£2899pp**

Dep: 02 Jun, 29 Jun, 10 Aug, 14 Sep, 05 Oct, 02 Nov, 1 Dec, 10 Jan, 06 Feb

16 DAY – SCENIC CANADIAN ROCKIES & ALASKA CRUISE TOUR **£3099pp**

Dep: 13 Jun, 20 Jun, 29 Aug, 08 Sep, 14 Sep

14 DAY – HIGHLIGHTS OF JORDAN & ISRAEL **£2699pp**

Dep: 5 Jun, 14 Sep, 05 Oct, 01 Nov, 29 Nov, 10 Mar, 02 Apr

14 DAY – RUSSIA & MONGOLIA EXPLORER **£3699pp**

Dep: 10 Jun, 2 Jul, 10 Aug, 02 Sep, 25 Sep

16 DAY - CULTURAL CHINA **£2499pp**

Dep: 18 May, 02 Jun, 30 Jun, 25 Aug, 14 Sep, 6 Oct

16 DAY – EXOTIC KERALA & MALDIVES **£2799pp**

Dep: 11 Sep, 16 Oct, 5 Nov, 2 Dec, 16 Jan, 6 Feb, 5 Mar, 2 Apr

14 DAY – CLASSIC VIETNAM **£1799pp**

Dep: 08 Sep, 11 Oct, 2 Nov, 25 Nov, 14 Jan, 10 Feb, 6 Mar, 5 Apr

16 DAY – SCENIC SOUTH AFRICA & MAURITIUS TOUR **£2799pp**

Dep: 29 Jun, 28 Aug, 14 Sep, 6 Oct, 5 Nov, 2 Dec, 20 Jan, 24 Feb, 14 Mar, 05 Apr

16 DAY – CLASSIC NEPAL & BHUTAN **£2899pp**

Dep: 25 Aug, 16 Sep, 6 Oct, 05 Nov, 15 Mar

16 DAY – DISCOVER BURMA **£2499pp**

Dep: 25 Sep, 16 Oct, 5 Nov, 2 Dec, 15 Jan, 10 Feb, 5 Mar

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Dep: 10 Jun, 2 Jun, 20 Aug, 14 Sep, 5 Oct, 2 Nov



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Leicester Area



Jai Jinendra,

Another year has gone by and soon one of the most auspicious periods of the Jain faith shall be upon us, Paryushana Parva or Paryushan as many of us say. Whether you actively observe or passively acknowledge, Paryushan is a time to pause and to reflect on our deeds, actions and all that has happened in our lives over the past year. The relevance of this pause is perhaps more appropriate today than ever before in our own busy lives.

Paryushan can mean different things to all of us; perhaps it is best described as a festival of spiritual awareness. Through meditation, it allows us to look deeper within ourselves, and teaches us how to curb our passions - anger, ego, deceit and greed.

It is also a time to acknowledge what we have and be generous towards worthy causes, especially those less fortunate than ourselves. During the eight days, whilst some may fast, others may choose to observe their penance in different ways. The very act of abstaining or partaking only certain foods or simply disciplining our thoughts, words or deeds is an acknowledgement of our understanding of the importance of Paryushan.

Unlike so many other Religions, our faith is non-prescriptive, it is simply a choice, a way of life. We can all make our own decisions as to how we observe this auspicious time. In whichever way you choose to observe Paryushan, on behalf of the area committee, I hope that it sees you all in good health and may you find spiritual awareness, peace and unburdening of any thoughts, past events or difficulties in your own personal life journey.

Micchhammi Dukkadam,

Nikunj Shah
Leicester Area Chairperson



Pre-Paryushan Seminar and Workshop

This year we have organised the above seminar and workshop to be held on 11th August in conjunction with the Institute of Jainology.

The purpose of the event is to provide a greater understanding of the relevance of Paryushan in Jainism. An open forum interactive session, this whole day program is bound to inspire us all spiritually in readiness for the Paryushana Parva to follow!

Details can be found in the schedule below and we do hope that many of you shall be able to attend



Leicester Area

Paryushan Parva 26th August - 2nd September 2019

Venue: Sanatan Manavta Day Centre

172-174 Surrey Street

Leicester

LE4 6FH

Date / Tithi	Time	Event	Nakro/Bid	Dress colour (optional)
Monday 26 th August Shravan Vad Dasham / Aggyaras	6.30pm 8.00pm 10.00pm	Pratikraman Bhavna with Jayeshbhai Shah Aarti Mangal Divo	£21.25 £15.25	Green
Tuesday 27 th August Shravan Vad Baras	6.30pm 8.00pm 10.00pm	Pratikraman Bhavna Aarti Mangal Divo	£21.25 £15.25	Purple
Wednesday 28 th August Shravan Vad Teras	6.30pm 8.00pm 10.00pm	Pratikraman Bhavna Aarti Mangal Divo	£21.25 £15.25	Red or Yellow
Thursday 29 th August Shravan Vad Chaudas	6.00pm 8.00pm 10.00pm	Manglik Pratikraman 14 Swapna (Dreams) Prabhuji nu parnu jhulawanu Prabhuji nu parnu ghare layi jawanu Prabhuji nu parnu ponkhavanu Draw for Tapasvi Bahuman Aarti Mangal Divo	Ucchavani Ucchavani Ucchavani Ucchavani £21.25 £15.25	Maroon or Pink
Friday 30 th August Shravan Vad Amas	6.30pm 8.00pm 10.00pm	Pratikraman Bhavna 14 Swapna (Dreams) Darshan & Mahavir Janma Kalyanak Prabhuji nu parnu jhulawanu Aarti Mangal Divo	£21.25 £15.25	Panetar or Embroidered
Saturday 31 st August Bhadarva Sud Ekam	6.30pm 8.00pm 10.00	Pratikraman Bhavna & Prabhuji nu parnu ponkhavanu Aarti Mangal Divo	£21.25 £15.25	Blue
Sunday 1 st September Bhadarva Sud Beej/Treej	6.30pm 8.00pm 8.30pm 10.00pm	Pratikraman Bhavna Tapasvi Bahuman Aarti Mangal Divo	£21.25 £15.25	Orange
Monday 2 nd September Bhadarva Sud Choth	5.00pm 5.30pm 8.30pm 9.00pm 10.00pm	Pratikraman Sutra Savantsari Pratikraman Bhavna & Kshamapna 108 Diva ni Aarti & Mangal Divo Aarti Mangal Divo	Ucchavni Ucchavni	Gharcholu or Bandhani



Leicester Area

Paryushan Parva 26th August - 2nd September 2019
Venue: Sanatan Manavta Day Centre
172-174 Surrey Street
Leicester
LE4 6FH

Pre-Paryushan Seminar and Workshop

To enable understand and prepare ourselves for Paryushan, we have organised a day's session of Jain Religious Awareness in conjunction with the Institute of Jainology. This shall be held at Sanatan Manavta Day Centre on Sunday 11th August 2019 between 10:00am and 4:00pm with lunch provided. A brief outline of the day's activity is:

Morning: Insight into Paryushan Parva (an interactive session on history and relevance of Paryushan Parva)

Afternoon: Pratikraman Workshop (based on selected Pratikraman sutras and their meanings)

Places are limited on first come, first served basis. To confirm your place, please forward your names to Hemal Shah.

Daily Pratikraman & Paryushan Programmes

We shall have access to the venue 30 minutes prior to start of Pratikraman. We kindly request all to arrive on time so we can begin with Chaityavandan 15 minutes before Pratikraman. Any children or adults who would like to perform or present anything related to Jainism are most welcome. Please contact Lata Shah.

Pratikraman workshop in English

Arrangements have been made this year for a Pratikraman workshop in English to be held on Saturday 31st August and Sunday 1st September at the same venue at 6:30pm. Please contact Hemal Shah for further details.

Donations

Daily cost of hall hire is £125.00. Any form of donation during these auspicious days including those towards the hire of hall, Prabhavna, refreshments during the Tapasvis Parna and provisions for the Savantsari Bhojan are appreciated.

Tapasvi Parna

Tapasvi Parna will be held on Tuesday 3rd September 2019. Darshan shall be carried out at Sanatan Manavta Day Centre at 9.45am followed by parna at Shree Sanatan Mandir, Weymouth Street, Leicester LE4 6FQ at 11.00am.

Swami Vatsalya Bhojan

We shall celebrate Swami Vatsalya Bhojan on Sunday 8th September 2019 at Shree Sanatan Mandir, Weymouth Street, Leicester LE4 6FQ - Bhojan from 12.30 pm to 2.00 pm and Bhakti from 2.00 pm to 4.30 pm, followed by Aarti and Mangal Divo. Tea and biscuits will be served afterwards.

Please forward your names and numbers, if attending, for Swami Vatsalya Bhojan by 3rd September 2019 to Lata Shah or Chimanbhai Haria.

Dhaja Din at Oshwal Centre

This year we shall be travelling to Oshwal Centre for Dhaja Din on Sunday 15th September 2019. Please forward your names to Lata Shah by 2nd September 2019 to help us arrange transport. The cost is £15.00/person for Oshwal members and £20.00/person for non-members inclusive of tips and donations.

All members are kindly requested to volunteer their services throughout Paryushan and Swami Vatsalya Bhojan festivities.

Contact Numbers

Lata Shah: Mobile: 07940994622 / Home: 0116 2712642
Hemal Shah: Mobile: 07940960886

Chimanbhai Haria: 0116 2709438

Jai Jinendra & Micchami Dukkadam



Leicester Area

Paryushan Parva 26th August - 2nd September 2019
Venue: Sanatan Manavta Day Centre
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તારીખ / તિથિ	સમય સાંજનાં	કાર્યક્રમ	નકરો	ક્લર પસંદગીની છૂટ
સોમવાર ૨૬ ઓગસ્ટ, શ્રાવણ વદ દશમ / અગીયારસ	૬.૩૦ ૮.૦૦ ૧૦.૦૦	પ્રતિક્રમણ ભાવના જયેશભાઈ શાહ સાથે આરતી મંગળદીવો	£૨૧.૨૫ £૧૫.૨૫	લીલો
મંગળવાર ૨૭ ઓગસ્ટ શ્રાવણ વદ બારસ	૬.૩૦ ૮.૦૦ ૧૦.૦૦	પ્રતિક્રમણ ભાવના આરતી મંગળદીવો	£૨૧.૨૫ £૧૫.૨૫	જાંબલી
બુધવાર ૨૮ ઓગસ્ટ શ્રાવણ વદ તેરસ	૬.૩૦ ૮.૦૦ ૧૦.૦૦	પ્રતિક્રમણ ભાવના આરતી મંગળદીવો	£૨૧.૨૫ £૧૫.૨૫	લાલ અથવા પીળો
ગુરુવાર ૨૯ ઓગસ્ટ શ્રાવણ વદ ચૌદસ	૬.૦૦ ૮.૦૦ ૧૦.૦૦	માંગલિક પ્રતિક્રમણ ચૌદ સ્વપ્નાની પ્રભુજી નું પારણું ઝૂલાવવાનું પ્રભુજી નું પારણું ઘરે લઈ જવાનું પ્રભુજી નું પારણું પોખવાનું તપસ્વીઓ ના બહુમાન માટે ટીકડી ઉપાડવાની આરતી મંગળદીવો	ઉચ્ચવણી ઉચ્ચવણી ઉચ્ચવણી ઉચ્ચવણી £૨૧.૨૫ £૧૫.૨૫	મરુન અથવા ગુલાબી
શુક્રવાર ૩૦ ઓગસ્ટ શ્રાવણ વદ અમાસ	૬.૩૦ ૮.૦૦ ૧૦.૦૦	પ્રતિક્રમણ ભાવના ચૌદ સ્વપ્ના ના દર્શન અને મહાવીર જન્મ કલ્યાણક પ્રભુજી નું પારણું ઝૂલાવવાનું આરતી મંગળદીવો	£૨૧.૨૫ £૧૫.૨૫	પાનેતર અથવા ભરેલી
શનિવાર ૩૧ ઓગસ્ટ ભાદરવા સુદ એકમ	૬.૩૦ ૮.૦૦ ૧૦.૦૦	પ્રતિક્રમણ ભાવના પ્રભુજી નું પારણું પોખવાનું આરતી મંગળદીવો	£૨૧.૨૫ £૧૫.૨૫	વાદળી
રવિવાર ૧ સપ્ટેમ્બર ભાદરવા સુદ બીજ / ત્રીજ	૬.૩૦ ૮.૦૦ ૮.૩૦ ૧૦.૦૦	પ્રતિક્રમણ ભાવના તપસ્વીઓનું બહુમાન આરતી મંગળદીવો	£૨૧.૨૫ £૧૫.૨૫	કેસરી
સોમવાર ૨ સપ્ટેમ્બર ભાદરવા સુદ ચોથ	૫.૦૦ ૫.૩૦ ૮.૩૦ ૮.૦૦ ૧૦.૦૦	સવંતસરી પ્રતિક્રમણના સુત્રોની સવંતસરી પ્રતિક્રમણ ભાવના / ક્ષમાપના ૧૦૮ દીવાની આરતી અને મંગળદીવો આરતી મંગળદીવો	ઉચ્ચવણી ઉચ્ચવણી	ઘરચોળું અથવા બાંધણી



Leicester Area

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પ્રી-પર્યુષણ સેમિનાર અને વર્કશોપ

આપણને પર્યુષણ માટે સમજવા અને તૈયાર કરવા જૈનોલોજી સંસ્થા સાથે જૈન ધાર્મિક જાગૃતિનો દિવસ ગોઠવ્યો છે જે રવિવાર ૧૧ ઓગસ્ટ ૨૦૧૯ ના સવારના ૧૦.૦૦ થી બપોરે ૪.૦૦ વાગ્યા સુધી સનાતન માનવતા ડે સેન્ટર ખાતે યોજવામાં આવશે. બપોરના ભોજન આપવામાં આવશે. દિવસની પ્રવૃત્તિની સંક્ષિપ્ત રૂપરેખા આ છે:

સવારના: પર્યુષણ પર્વ (ઇતિહાસ અને પર્યુષણ પર્વની સુસંગતતા પર એક ઇન્ટર સક્રિય સત્ર) માં અંતઃદૃષ્ટિ

બપોર: પ્રતિક્રમણ વર્કશોપ (પસંદિત પ્રતિક્રમણ સૂત્રો અને તેમના અર્થ)

મર્યાદિત જગ્યાને કારણે કૃપા કરીને તમારા નામ હેમલ શાહને શક્ય એટલું જલદી આપશો. વહેલા તે પહેલા.

દૈનિક પ્રતિક્રમણ અને પર્યુષણ કાર્યક્રમો

પ્રતિક્રમણ શરૂ થયાના ૩૦ મિનિટ પહેલા આપણને હોલ મળશે. અમે બધાને સમયસર પહોંચવાની વિનંતી કરીએ છીએ જેથી આપણે ચૈત્પવંદન પ્રતિક્રમણ પહેલા ૧૫ મિનિટ વહેલું શરૂ કરી શકીએ.

કોઈપણ બાળકો અથવા પુખ્ત વયના લોકો જે જૈન સંપ્રદાયથી સંબંધિત કંઈપણ પ્રસ્તુત અથવા રજૂ કરવા માંગતા હોય તો કૃપા કરીને લતા શાહનો સંપર્ક કરો.

અંગ્રેજીમાં પ્રતિક્રમણ વર્કશોપ

આ વર્ષે શનિવાર ૩૧ મી ઓગસ્ટ અને રવિવારે ૧ લી સપ્ટેમ્બરના રોજ અંગ્રેજીમાં પ્રતિક્રમણ વર્કશોપ માટે ગોઠવણ કરવામાં આવી છે. કોઈપણ ભાગ લેવા ઇચ્છતા હોય તો વધુ વિગત માટે હેમલ શાહનો સંપર્ક કરો.

દાન

હોલના ભાડાની દૈનિક કિંમત £૧૨૫.૦૦ છે. હોલનું ભાડું, પ્રભાવના, તપસ્વીના પારણાના દિવસ માટે નવકારશી, સ્વામી વાત્સલ્ય ભોજન અથવા બીજું કંઈપણ દાન આપવાની ઇચ્છા હોય તો આ શુભ દિવસોમાં આપ લાભ લઈ શકો છો.

તપસ્વીના પારણા

મંગળવાર ૩ સપ્ટેમ્બર ૨૦૧૯ ના રોજ દર્શન વિધી સનાતન માનવતા ડે સેન્ટર ખાતે ૯.૪૫ વાગ્યે કરાવવામાં આવશે, ત્યારબાદ શ્રી સનાતન મંદિર, વેમથ સ્ટ્રીટ, લેસ્ટર LE4 6FQ ૧૧.૦૦ વાગ્યે તપસ્વીઓને પારણા કરાવવામાં આવશે.

સ્વામી વાત્સલ્ય ભોજન

આ વર્ષે આપણે ૮ મી સપ્ટેમ્બર ૨૦૧૯ ના રોજ સ્વામી વાત્સલ્ય ભોજનની ઉજવણી શ્રી સનાતન મંદિર, વેમથ સ્ટ્રીટ, લેસ્ટર LE4 6FQ કરશું. ભોજન બપોરે ૧૨.૩૦ થી ૨.૦૦ વાગ્યા સુધી અને ભક્તિ ૨.૦૦ થી ૪.૩૦ વાગ્યા સુધી ત્યારબાદ આરતી અને મંગળદીવો. પછી ચા અને બિસ્કીટ આપવામાં આવશે.

કૃપા કરીને તમારા નામ અને સંખ્યા ત્રીજી સપ્ટેમ્બર ૨૦૧૯ સુધીમાં લતા શાહ અથવા ચિમનભાઈ હરિઆ ને લખાવી દેશો.

ઓશવાળ સેન્ટર ખાતે ધજા દિન

આ વર્ષે આપણે ૧૫મી સપ્ટેમ્બર ૨૦૧૯ ના રોજ ઓશવાળ સેન્ટર ખાતે ધજા દિન ઉજવશું. વાહનની વ્યવસ્થા કરવામાં અમારી મદદ માટે કૃપા કરીને ૨ સપ્ટેમ્બર ૨૦૧૯ સુધી તમારા નામ લતા શાહને આપવા વિનંતી. બસ તથા બિજો ખર્ચ વ્યક્તિગત ઓશવાળ મેમ્બર્સ £૧૫.૦૦ અને નોન-મેમ્બર્સ £૨૦.૦૦ રાખવામાં આવેલ છે.

બધા સભ્યો તથા સ્વયં સેવકોને પર્યુષણ અને સ્વામી વાત્સલ્ય ભોજન તહેવાર દરમિયાન સેવા આપવા વિનંતી.

સંપર્ક નંબરો

લતા શાહ: મોબાઈલ: 07940994622 / હોમ: 0116 2712642

હેમલ શાહ: મોબાઈલ: 07940960886

ચિમનભાઈ હરિઆ: 0116 2709438

જય જીનેન્દ્ર અને મિચ્છામી દુક્કડમ



Jiv Daya and Anukampa Donations

The area committee debated and came up with a couple of options to distribute the generous Jiv Daya and Anukampa funds collected at last year's Paryushan. The chosen charities were:

"Goshalla in Leicester" for Jiv Daya – this is a recently started charity looking after the welfare of rescued calves! Currently, the 2 calves – Radha and Rukmani, just over a year old – shall have enough feed for the better part of the year with your donations!

The "Little Lives, Big Journeys" appeal by Leicester Hospitals Charity – a team which transfers approximately 1500 sick and preterm infants around the Central Newborn and Trent Perinatal Networks each year!

For 2019, we have selected the "Leicester Wildlife Hospital" for all Jiv Daya donations. Based in Leicestershire, it is dedicated to the rescue and rehabilitation of sick, injured, orphaned and distressed wild animals and birds.



Currently, the East Midlands is the only region in England without a dedicated, single-site children's hospital. Your contributions shall help transform children's services and create a state-of-the-art children's hospital that will do our children proud. This in mind, all Anukampa funds shall be donated to "Leicester Children's Hospital Appeal".

We humbly request all to donate generously towards these worthy causes during our Paryushana Parva.

Chokdi Tournament & Chai – 23rd June 2019

The chokdi tournament (whist drive) was organised and directed by Rajesh Panachand Shah which was held on 23rd June 2019 and it attracted 24 entries (6 full tables) and 8 spectators.



The tournament winner was Pana Rajesh Shah and runner up was Aruna Rajesh Shah.

Overall it was a fun afternoon with tea and snacks later organised by Hemal Nikunj Shah.

Everyone enjoyed the Panini and a big thank you to all the helpers.

Jai Jinendra,

Aymbil Oli, 11/04/2019 – 19/04/2019

Once again, Aymbil Oli was conducted at Vaghjibhai and Maniben Shah's residence for which we are sincerely grateful. The number of attendees has drastically reduced over the years with only 4-6 devoted members attending the Pratikraman this year with a few other members joining in afterwards. Nonetheless those attended heard Lata Hasmukh Shah narrating a Pravachan sent by Maharaj Saheb from India. The evenings concluded with Aarti, Mangal Divo and the distribution of Prabhavnas.

Mahavir Janma Kalyanak – Sunday 28th April 2019

This year Mahavir Janma Kalyanak was celebrated on Sunday 28th April 2019 at Shree Sanatan Mandir. Besides the arrangements prior to the event, the day started with the catering team under Chiman Meghji Haria and Nila Sudhir Haria. Volunteers arrived to help with the event from 7am in the morning. It was remarkable to see how all got on with various activities ... from cleaning the utensils to chopping the vegetables, from the 'vaghar' to the setting up of the tables and chairs. It was also pleasant to note that men helped out with the 'goinas' for puris. The volunteers who helped out in the morning were treated to gathia, jalebi, biscuits, mircha and sambharo for breakfast.

Under the stewardship of Lata Hasmukh Shah, Religious

portfolio holder, arrangements got under way for decorating the Siddh Chakra Patt. This year items for the Siddh Chakra Patt were donated by Jayaben Kantilal Shah.

After the recital of prayers by Hiteshbhai, lunch of baadshahi sheero, mix vegetables nu shaak, salad, daal bhat, far far, bhajias, chutney, puri and chaas was served. All waited patiently in orderly queues as the volunteers worked tirelessly warming up and refilling the serving bowls. Approximately 165 guests attended and caught up with each other in a jovial atmosphere over the luncheon.

After the meal everyone settled down to listen to Hiteshbhai who sang stavans and explained the importance of Ayambil festival and Siddh Chakra Patt.

Our Chairman, Nikunj, also welcomed everyone and made a few announcements about upcoming events. He thanked all those who had kindly donated towards the MJK event and the Red Cross.

The afternoon concluded with Aarti, Mangal Divo and Shanti Kalash:

Aarti was performed by Velji Makanji Shah

Mangal Divo was performed by Late Chandubhai & Family (Hinckley)

Shanti Kalash was performed by Maniben Vaghji Shah



Mansukhbhai Shah and Meer were asked to present Hiteshbhai with a token of appreciation on behalf of OAUk, Leicester Area.

As in the past, we collected a significant amount of food items and toiletries to donate to the Red Cross to be distributed to homeless, asylum seekers and refugee families. To end the day, tea, biscuits, puris, bhajia and vagharela rice were served. Though it was a long day for some, everyone thoroughly enjoyed the function.

Finally I would like thank all the committee members and volunteers for their hard work, in making this auspicious day a success which was enjoyed by whole community.

Michhami Dukhadam

Lata Shah – Religion, Jyotika Gudka & Nita Shah – Media & Communications



KISHOR BHIMJI SHAH

"AHIMSA PARMO DHARAM"

~ NON VIOLENCE IS THE SUPREME RELIGION ~

In its absolute definition, "violence is the presence of evil thoughts, feeling or attitude." Ahimsa is to be practised both at the physical and mental level - There should be no Himsa by Man' (mind); 'Vachan' (speech); 'Kaya' (body). Even hurting someone's feeling is Himsa



Ahimsa

HOW TO PRACTISE AHIMSA IN OUR EVERYDAY LIVES

SOME SUGGESTIONS:

- Be a vegetarian
- Be compassionate | Be tolerant
- Co-operate rather than compete
- Learn to forgive and forget
- Not to engage in gossip, or speak bad about anybody
- Think well rather than bad about others
- Do not tease or intentionally hurt someone's feeling
- Carefulness and awareness in any actions
- Protect the environment
- Increase your knowledge about nature to enable you to respect and protect it.
- Minimise your desires and wants - don't be greedy
- Do not waste food - only take as much as you can eat
- Use energy wisely
- Avoid anger and jealousy towards others

KISHOR BHIMJI SHAH



WILL DRAFTING AND LASTING POWERS OF ATTORNEY



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- ✓ Lasting Powers of Attorney
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- ✓ Probate – by approved partners
- ✓ Document / Will Storage
- ✓ Talks to community groups

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▪
Gujarati spoken fluently

▪
Home visits available at a time to suit client

While we have good health we rarely think about what would happen if we lost our mental capacity or indeed became very ill. This is becoming more and more common as our lives become complex and longer. Would it not be great if at the time of your greatest need, you have loved and trusted ones taking decisions on your behalf safely and legally? You can do just that by taking out Lasting Powers of Attorney (LPA) to cover Health and/or Finance. They are both different LPAs but equally important. A vital document for the times we now live in. LPAs can only be set up while you have adequate mental capacity. LPAs are not just for the elderly but everyone over the age of 18. No one knows when an illness can strike. Invest in your peace of mind now.

Contact Balance Consultancy for further details.



Shandip Nathalal Shah ASWW, ACIB, MBA

Tel: **020 3837 0099** or Mob: **07780 690432**

Email: **shandip@balanceconsultancy.co.uk**

Web: **www.balanceconsultancy.co.uk**



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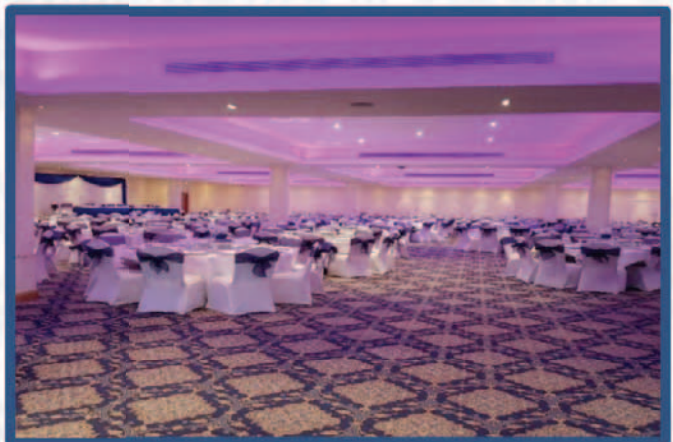
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East Area

Jinendra to all

Paryushan Maha Parva has arrived. This time it falls on School Holidays so come and take part in this Festivities. I would like you to bring your children with you. My committee and myself wish you all a happy festivities, All of you be in "SATA" and don't forget to do good deeds.



The whole timetable is on our Website and will be printed in our Oshwal News. There will be some programmes kept at Oshwal Centre during this festivities try to attend it if you can. Our Local Programmes during the year are: Last Saturday of the month Dall Rotli, Every Thursdays is our Thursday Club, Every Tuesdays is our Yoga, and On published Wednesdays is our Pathsala try to attend it and join with us in our enjoyments.

Lastly My Committee and Myself would like to pray that God help those who are sick a speedy recovery and our condolences to those who have lost their loved ones. God give them strength.

Jai Mahavir

Kishore Lalji Haria





East London & Essex -Paryushan 2019 – Timetable

Paryushan Programme: MONDAY 26th AUGUST 2019 – 2nd SEPTEMBER 2019

Venue: Canon Palmer Academy, Aldborough Road South, Ilford, Essex. IG3 8EU

PLEASE NOTE THAT THE ENTRANCE FOR CARS AND THE PEDESTRIANS TO THE SCHOOL HALL IS FROM LOMBARD AVENUE (IG3 8ER) AND STRICTLY USE THIS ROAD TO COME INTO THE HALLS. PLEASE OBSERVE SILENCE AND DO NOT DISTURB NEIGHBOURS.

Date / Tithi	Time	Event Details	Additional Info	
26/08/2019 MONDAY Shravan 10/11	6.15pm–10.15pm	Pratikraman (6:30 pm), Bhavna, Aarti & Mangal Divo, EVERYDAY GARBA IF TIME PERMITTING MONDAY BANK HOLIDAY UK	Colour Scheme: Ladies Green Sari or Indian outfit	1
27/08/2019 TUESDAY Shravan 12	6.15pm -10.15pm	Pratikraman (6:30 pm), Bhavna, Aarti & Mangal Divo and garba.	Ladies: Bhareli Sari or Indian dress	2
28/08/2019 WEDNESDAY Shravan 13	6.15pm–10.15pm	Pratikraman (6:30 pm) ,Bhavna, Aarti & Mangal Divo. Garba	Colour Scheme: Ladies Blue sari or Indian dress (outfit)	3
29/08/2019 THURSDAY Shravan 14	4.15PM -10.15PM	PAKKHI Pratikraman (4:30 pm), Aarti & Mangal Divo. JAYESHBHAI WILL COME TO SPEND WITH US TO PERFORM THE PRATIKRAMAN, BHAVNA & WILL BID FOR AARTI, MANGAL DIVO, PARNAMA SHRIFAL PADHRAVANI BOLI FOLLOWED BY AARTI, MANGAL DIVO.	BORDER SARI OR INDIAN DRESS. Men; Indian dress	4
30/08/2019 FRIDAY Shravan vad o)) amas	6.15pm–11.15pm	MAHAVIR JANMA Kalyanyak. Pratikraman (6:30 pm) Bidding for: 14 Swapna's, Kalpasutra vachan, Shreefal Padravanu, Parnu Jul Avanu, Aarti & Mangal Divo	Colour Scheme. Ladies) Bandari/Garchoru Men; Indian dress	5
31/08/2019 SATURDAY Bhardarvosud 1	6.15pm–10.15pm	Pratikraman (6:30 pm), Samuh Aarti & Mangal Divo NAKHRO FOR SAMUH AARTI £21.25. Bring your own Aarti thali. Two people allowed per aarti CHILDREN'S PROGRAMME	Colour Scheme White: Men; Indian dress	6
01/09/2019 SUNDAY Bhardarvosud 2/3	6.15pm–10.15pm	Pratikraman (6:30 pm) Vachan Bhavna TAPASVI NU BAHUMAN Aarti & Mangal Divo	Colour Scheme: Pink/Purple Men; Indian dress	7
02/09/2019 MONDAY CHOTH Bhardarvosud 4	4:15pm–10.15pm	SAMVATSARI PRATIKRAMAN 4.30pm START Bhavna, Aarti, Mangal Divo, Michhami dukkadam and chairman's speech.	KATASANA FEE £3.00 per person red/yellow/orange Men; Indian dress	8

PLEASE NOTE THAT THE CHILDREN CAN RECITE BHAVNA OR ANY RELIGIOUS STORY. (The child can be accompanied by parents for their confidence.)

Please note that Pratikraman will start promptly on the times given in the Event Details section above. Any latecomers should take their seats at the rear without disturbing others.

The dress-code/colour scheme is not compulsory but however, we would appreciate your support in participating.

Please make every effort to attend and support all the volunteers. Please help to stack the chairs and anything else needed to do at the end of the evening. (closing time)

Time permitting there will be Raas Garba after the Aarti and Mangal Divo.

Please bring your own Stavan books for Bhavna Singing during the evenings.

Members wishing to take the opportunity to give Prabhavna on any day during the festival, please contact Kishorbhai (020 85039010). During the Samuh Aarti, strictly max. 2 persons will be permitted to hold each Aarti thali and all other members must stand well behind.

Anyone wishing to donate towards the hall rental during our Paryushan festival, the costs are £151.25 per day. Contact: NAROTTAMBHAI (020 89243057)

Children under 15 years age if they do upvaas, the association will perform BAhuman. A DONATION BOX will be kept in the hall and funds are collected for RSPCA OR NSPCA (JIV DAYA) and please donate generously everyday during paryushan.

NSPCA has been protecting our country's animals. We prevent cruelty, promote kindness and alleviate the suffering of animals. Our objective is to serve and protect ALL animals.



X



X



X



X

SWAMI VATSALYA BHOJAN

SUNDAY

8th September 2019

TIME

4.00pm to 9.00pm (BHOJAN 4.30pm to 6.30pm)

**STRICTLY FOOD WILL BE SERVED BETWEEN 4.30pm to 6.30pm.
(BE IN TIME FOR THE BHOJAN)**

Anyone wishes to sponsor the event can contact chairperson or secretary

Charges	for	100 people	GUESTS	£1650.00
		180 people	GUESTS	£1850.00
		200 people	GUESTS	£1950.00

FURTHER SOCIAL EVENTS WILL BE IN THE OSHWAL NEWS AND ON WEBSITE

PLEASE ALWAYS CHECK THE WEBSITE FOR LOCAL AREA NEWS FOR FURTHER INFORMATION www.oshwal.org.uk

PLEASE NOTE THAT THE ENTRANCE FOR CARS AND THE PEDESTRIANS TO THE SCHOOL HALL IS FROM LOMBARD AVENUE (POST CODE IG3 8ER) AND STRICTLY USE THIS ROAD TO COME INTO THE HALLS. Please do not disturb the neighbours. Observe silence all the time.

MICCHAMI DUKKADAM



Management committee reserves the right to amend any of the above programmes or schedule without prior notice, any changes will be announced on the previous day at the venue.



O.A.U.K. East London & Essex - Paryushan 2019

ઇસ્ટ લંડન અને એસેક્સ પર્યુષણ પર્વ ૨૦૧૯

શ્રી પર્યુષણ મહાપર્વ સોમવાર શ્રાવણ વદ ૧૦/૧૧ તારીક ૨૬/૦૮/૨૦૧૯ થી ભાદરવા સુદ ૪ તારીક ૦૨/૦૯/૨૦૧૯

સ્થળ કેનન પાલમેર એકેડેમી સ્કુલ, આલ્ડબરો રોડ સાઉથ, ઇલફર્ડ, એસેક્સ. IG3 8EU

PLEASE NOTE THAT THE ENTRANCE FOR CARS AND THE PEDESTRIANS TO THE SCHOOL HALL IS FROM LOMBARD AVENUE (IG3 8ER) AND STRICTLY USE THIS ROAD TO COME INTO THE HALLS.

દિવસ, તારીખ, તિથિ	સમય	કાર્યક્રમ	વસ્ત્ર ના રંગ
સોમવાર ૨૬/૦૮/૨૦૧૯ શ્રાવણ વદ ૧૦/૧૧	૬.૧૫ થી ૧૦.૧૫	૬.૩૦, પ્રતિક્રમણ, ભાવના, આરતી, મંગળ દીવો, ગરબા	રંગ લીલો ભાઈઓ ને ભારતીય પોશાક
મંગળવાર ૨૭/૦૮/૨૦૧૯ શ્રાવણ વદ ૧૨	૬.૧૫ થી ૧૦.૧૫	૬.૩૦, પ્રતિક્રમણ, ભાવના, આરતી, મંગળ દીવો, ગરબા	ભરેલી સાળી ને ભારતીય પોશાક
બુધવાર	૬.૧૫	૬.૩૦, પ્રતિક્રમણ,	રંગ વાદળી

૨૮/૦૮/૨૦૧૯ શ્રાવણ વદ ૧૩	થી ૧૦.૧૫	ભાવના, આરતી, મંગળ દીવો, ગરબા	ભાઈઓ ને ભારતીય પોશાક
ગુરુવાર ૨૯/૦૮/૨૦૧૯ શ્રાવણ વદ ૧૪	૪.૧૫ થી ૧૦.૧૫	૪.૩૦, પખ્લી પ્રતિક્રમણ જયેશભાઈ સાથે ધર્મ વ્યાખ્યાન, પ્રભુજીના પારણામાં શ્રીફળ પધરાવાની બોલી, આરતી, મંગળ દીવો,	બોર્ડર સાળી કે ભારતીય પોશાક
શુક્રવાર ૩૦/૦૮/૨૦૧૯ શ્રાવણ વદ ૦૧))	૬.૧૫ થી ૧૧.૧૫	૬.૩૦, પ્રતિક્રમણ, (MJK)મહાવીર જન્મ કલ્યાણક, ૧૪ સ્વપ્ના ની બોલી, પારણું ઝુલાવવાનું, આરતી, મંગળ દીવો,	બાંધણી/ઘરચો ળા ભાઈઓ ને ભારતીય પોશાક
શનિવાર ૩૧/૦૮/૨૦૧૯ ભાદરવો સુદ ૧ બાળકોનો કાર્યક્રમ CHILDREN PROGRAMME	૬.૧૫ થી ૧૦.૧૫	૬.૩૦, પ્રતિક્રમણ, સમૂહ આરતી નો નકરો ૬૨૧.૨૫ આરતી થાળી પોતાની લઈ આવવાની અને એક આરતી માં બે વ્યક્તિ લેવામાં આવશે અને મંગળ દીવો, ગરબા બાળકોનો કાર્યક્રમ (તમારા બાળકો ને ભાગ લેવા માટે અવનીબેન નો સંપર્ક કરો).	રંગ સફેદ ભાઈઓ ને ભારતીય પોશાક
રવિવાર ૦૧/૦૯/૨૦૧૯ ભાદરવો સુદ ૨/૩	૬.૧૫ થી ૧૦.૧૫	૬. ૩૦ પ્રતિક્રમણ. તપસ્વી નું બહુમાન આરતી, મંગળ દીવો, ગરબા	રંગ, જાંબલી /ગુલાબી ને ભારતીય પોશાક
સોમવાર ૦૨ /૦૯/૨૦૧૯ ભાદરવો સુદ ૪	૪.૧૫ થી ૧૦.૧૫	૪.૩૦ સંવત્સરી પ્રતિક્રમણ. ભાવના, આરતી મંગળ દીવો, ક્ષમાપના , પ્રમુખ નું વક્તવ્ય કટાશણા નો નકરો £ ૩.૦૦	રંગ, લાલ/પીળો ભાઈઓ ને ભારતીય પોશાક
		૨૬/૦૮/૨૦૧૯ થી ૨/૦૯/૨૦૧૯.	

પ્રતિક્રમણ આપેલા સમયે શરૂ થશે, મોળા આવનાર નવકાર ગણી ને પાછળ જોડાઈ જવું.

બાળકો ભાવના કે ધાર્મિક વાર્તા કરી શકશે (વાલીઓ બાળકો ને પ્રોત્સાહન આપવા સાથે આવી શકશે) બાળકો ૧૫ વર્ષ ની અંદર ની ઉંમર ના ઉપવાસ કરશે તો સંસ્થા તેમનું બહુમાન કરશે. આપેલા રંગો ફરજિયાત નથી. આવો અને કાર્યકરો ને સાથ આપો. સમય રહેશે તો આરતી મંગળ દીવા પછી રાસ ગરબા રમીશું. સાંજે ભાવના ગાવા માટે આપની સ્તવન બૂકો સાથે લાવશો. પર્વ દરમિયાન પ્રભાવના કરવી હોય તો જાણ કરો કિશોર ભાઈ ને ફોન : 0208 5039010 પર્વ દરમિયાન હોલ નું ભાડું આપી અનેક ગણું પુણ્ય કમાવું હોય તો, નકરો છે £ ૧૫૧.૨૫ તો જાણ કરો ભારતિબેન ૦૨૦ ૮૫૯૦૦૦૯૧ અથવા નરોત્તમ ભાઈ ૦૨૦ ૮૯૨૪૩૦૫૭ આ વર્ષે જીવદયા માટે ડોનેશન બોક્સ રાખેલ છે તો રોજ તમે દાન કારસો અને આ રકમ જીવદયામાં વપરાશે. NSPCA or RSPCA ચેરીટીને આ રકમ આપવામાં આવશે .

Donation box will be in the hall and funds are collected for RSPCA OR NSPCA (JIV DAYA) and please donate generously everyday during paryushan.

NSPCA has been protecting our country's animals. We prevent cruelty, promote kindness and alleviate the suffering of animals. Our objective is to serve and protect ALL animals.

સંવત્સરી સ્વામી વાત્સલ્ય ભોજન

રવિવાર ૮ સપ્ટેમ્બર ૨૦૧૯
સમય: ૪.૦૦ થી ૬.૦૦ (જમવાનું સમય ૪.૩૦ થી ૬.૩૦)
સ્થળ કેનન પાલમેર એકેડેમી સ્કૂલ, આલ્બરો રોડ સાઉથ, ઇલફર્ડ, એસેક્સ.
IG3 ૮EU

શ્રી સંઘ આપ સર્વ પરિવાર સાથે સસંવત્સરી ભોજન માં આવવાનું ભાવ ભર્યું આમંત્રણ આપે છે.
જમણ પછી ભક્તિ નો કાર્યક્રમ રાખવામાં આવેલ છે તો બધા આનો ખાશ ભાગ લેશો.
કાર્યક્રમ માં ફેરફાર કરવા ની જરૂર પડે તો કમિટી ઘટતું કરશે.

PLEASE NOTE THAT THE ENTRANCE FOR CARS AND THE PEDESTRIANS TO THE SCHOOL HALL IS FROM LOMBARD AVENUE (IG3 8ER) AND STRICTLY USE THIS ROAD TO COME INTO THE HALLS.

આ વર્ષની સંવત્સરી ભોજન કરાવવાની કોઈ પણ ભાઈ બહેનની ઈચ્છા થતી હોઈ તો તેમાં મહેમાનો તમે આમંત્રણ પાઠવી સક્કો. નીચે મુજબ તમે કેટલા મહેમાનને બોલાવવા છે તે પ્રમાણે નકરો રાખેલ છે.

૧૦૦ મહેમાનને આમંત્રણ આપવા નકરો £ ૧૬૫૦.૦૦

૧૮૦ મહેમાનને આમંત્રણ આપવા નકરો £ ૧૮૫૦.૦૦

૨૦૦ મહેમાનને આમંત્રણ આપવા નકરો £ ૧૯૫૦.૦૦

આવો મોકો જીવનમાં જલ્દી આવતો નથી તો વિચાર થતો હોઈ તો કિશોરભાઈ ને મળો.
Tel 0208 5039010

મિચ્છામી દુકકડમં





Future Monthly programme dates:- 27th July, 28th Sept, 30th Nov and 28th Dec 2019
Paryusan starts on 26th Aug 2019 to ends on 2nd Sept. 2019
Savantsary Bhojan 8th Sept. 2019 at Cannon Palmers Academy.
Diwali get together at Cannon Palmers Academy. Friday 25th October 2019.
Pathsala 8pm to 10pm on 3rd July, 7th Aug, 11th Sept, 2nd Oct, 6th Nov, 4th Dec 2019
Yoga Classes every Tuesday 8.00pm to 9.00pm (Bhartiben 0208 5900091)

MAHAVIR JANMA KALYANAK IN EAST AREA

On Saturday 27th April 2019, at St. Johns Church Hall, Sevenkings, Essex, east area members started coming in good spirit at 7.00pm and looking forward to celebrating Mahavir Janma Kalyanak, with Jayeshbhai. The attendance was ample for a religious event.

Jayeshbhai was collected from Oshwal centre by Kishorebhai and came to the hall in time. All sapnas were taken by the public and few were left which were pledged straight away. After that, a minute of silence for the great loss of Gurudev Chitrabhanu was observed and the prayers were said to rest his soul at peace. Chitrabhanu will be greatly missed.

Soon after Jayeshbhai started the ceremony to celebrate the Mahavir Janma Kalyanyak. He first talked about the life of Mahavir Swami and what difficulty he had gone through during his Tapasya. One of his Sidharth was that he must feed someone before he ate his food, and also so many other things which Mahavir went through.

Then Jayeshbhai talked about Trislamata's 14 sapnas and the meaning of each sapnas. And when Mata Trisla sapnas were narrated they said the child will be a big soul. And a TIRTHANKAR will be born and that is Vir Mahavir.

Jayeshbhai started the ceremony of each Sapna to be worshipped by the person who had bid them. They will then go round the public so the public gets a chance to worship them.

After all the 14 Sapna's were worshipped then the pranama ma srifal padhravanu and Bhagwan Mahavir no Janma, and then Parnu julavanu, so all these three ceremonies were performed by Pushpaben Ramniklal Shah family.

Aarti was performed by Lalitaben Ambritlal Shah family and Mangal Divo by Santokben Devji Meghji Shah family.

Prabhavna was from the East Area Shree Sangh, Narotambhai, Lalitaben and Pushpaben. Thanks to all of them. Also thanks to all who pledged for the sapnas.

The time went so fast and Jayeshbhai had to go home in time so we had to end the event at 9.30pm sharp. Vijaybhai and Pravina took Jayeshbhai back to the oshwal centre. Many thanks to Kishorebhai and Vijaybhai to give this great service to East Area. And to Jayeshbhai to conduct Mahavir Janma Kalyanak for the east area.

ઈસ્ટ એરિયા માં મહાવીર જન્મ કલ્યાણક ની ઉજવણી

શનિવાર તારીક ૨૭ મી એપ્રિલના ઈસ્ટ એરિયા ના મેમ્બેરો ખુબજ ઉત્સાહથી સેન્ટ જોન્સ હોલ માં પધારિયા, અને મહાવીર જન્મ કલ્યાણકની ઉજવણી આતુરતા હતી. ઓશવાળ સેન્ટર માંથી જયેશભાઈ ને તેડવા કિશોરભાઈ ગયા હતા અને ટાઇમસર હોલ માં હાજરી આપી અને આવીને જયેશભાઈ એ કાર્યક્રમ સરૂ કરી દીધો. સૌ પ્રથમ એક મિનિટ શાંતિ રાખી કે આપણા ગુરુદેવ ચિત્રભાનુ કાળ પામ્યા તો તેમના આત્મા ને શાંતિ મળે. પછી ત્રણ નવકાર બોલીને કાર્યક્રમ ની સરૂવાત કરી.

જયેશભાઈ એ મહાવીર સ્વામીના જીવન બારા વાત કરી અને તેમના નિયમો ઉપર વાત કરી. મહાવીરસ્વામી એક નિયમ નકી કરેલ કે તે કોઈ પણ ને જમાડી ને જમે અને એક દિવસ તે ખેતરમાં કામ કરતા હતા અને જમવાનો સમય થયો પણ આજુ બાજુમાં કોઈ દેખાઈ નહિ અને તેવો રાહ જુવે કે કોઈ અતિથિ ને હું જમાડું. સમય વહેતો જાય છે અને તેવો રાહ જોઈ છે. તેમનો જમવાનો સમય પણ વહેતો જાય છે. હવે તેમના નિયમ પ્રમાણે નકી કર્યું કે હવે આજે જમશે નહિ. ત્યાં તેમણે દૂરથી કોઈને આવતા જોયા અને તેમના હર્ષનો પાર ના રહ્યો. પછી અતિથિ ને મળે છે અને જમવાનો આગ્રહ કરે છે. અતિથિ ખુબજ રાજી થાઈ છે અને જમવા બેસે છે અને મહાવીર સ્વામી ખુબજ આગ્રહથી જમાડે છે. અને અતિથિ ના જમવા પછી જરાક ખાવાનું બચે છે તે મહાવીર સ્વામી જમે છે. તો તે દર્શાવે છે કે તેમણે નિયમ પ્રમાણે બીજાને પહેલા જમાડવા અને પછી તેમણે જમવું, અને આ ટેક તે કાયમ પાડતા.

બીજું ત્રિશલા માતા ગર્ભા અવસ્થામાં રાત્રીના નિંદરમાં ૧૪ સ્વપ્ન ના દરસન થાઈ છે અને તે સ્વપ્ન બીજે દિવસે દરસાવે છે અને તે બધા સ્વપ્ન સાંભળીને જાણવામાં આવે છે કે તેમને ત્યાં એક મહાપુરુષ: નો જન્મ થશે જે પૃથ્વી નું કલ્યાણ કરશે. અને આ મહાપુરુષ: મહાવીર સ્વામી હતા.

તો આજનો દિવસ તે બધા સ્વપ્ના વધાવાનો અને તે સ્વપ્નાને યાદ કરવાનો દિવસ છે. અને તેની ક્રિયા આજે કરવામાં આવશે. અને દરેક સ્વપ્નના ના દર્શન કરીને અને આજે સૌ તેનો લાભ લઈએ.

લગભગ બધા સ્વપ્ના લેવાઈ ગયા હતા અને બાકીના સ્વપ્નાંની માટે તરત નામ મળી ગયા.

ત્યાબાદ મહાવીર જન્મ કલ્યાણક ની ઉજવણી શરૂ કરી.

જયેશભાઈ સ્વપ્નાંની સમજણ આપતા અને જે વ્યક્તિ એ લીધેલ સ્વપ્ન વધાવવા આવતા અને દરશન કરીને પબલીક ને દરશન થાઈ તેમ આંટો ફરીને આવતા અને એવી રીતના ૧૪ સ્વપ્નનો લાભ દરેકને માડ્યો. ખુબજ શાંતિ થી બધા એ લાભ લીધો.

પારણામાં માં શ્રીફળ પધરાવાનું, ભગવાન નો જન્મ અને પારણું જુલાવવાનુંનો લાભ: પુષ્પાબેન રમણીકલાલ શાહ લીધેલ.

આરતી નો લાભ: લલિતાબેન અમિતલાલ શાહ અને નીતિને લીધેલ.

મંગલ દીવાનો લાભ: માતુશ્રી સંતોકબેન દેવજી મેઘજી શાહ પરિવાર એ લીધેલ હસ્તે બાબુલાલ અને ભારતીબેન.

પ્રભાવના શ્રી સંઘ , લલિતાબેન, નરોત્તમભાઈ તથા પુષ્પાબેન તરફથી કરવામાં આવેલ તો તેમનો આભાર. બધાને ખુબજ મજા આવી.

પછી જયેશભાઈને ઓશવાળ સેન્ટર વિજયભાઈ મુકવા ગયા અને તેમનો પણ ખુબજ આભાર માણીએ છીએ. જયેશભાઈનો પણ ખુબજ આભાર અને આવા ધાર્મિક કાર્ય પરામાં કરવા માં આવે તો ખુબજ બધાને ધર્મ લાભ મળે.

આ બારામાં આપણી સેન્ટર સમિતિ ને ખાસ સગવડ કરવી જોઈએ અને નાના પરામાં કાર્યક્રમ ગોઠવવા જોઈએ.

રિપોર્ટ લખનાર બાબુલાલ દેવજી શાહ

DAAL ROTI WITH EXERCISES AND CARD GAMES.

On Saturday the 18th May 2019, at 7.00pm at St. Johns Church Hall, SevenKings, our east area members started coming in to the hall. We saw some new faces and was very pleased to see the new members got interested in the monthly event of dal roti with exercises.

Something we need to think over and maybe to do half an hour exercises at every programmes while the members are coming in to the event.

The programme started on time and the lady from Redbridge Council who was going to do exercises was not in time, so Bhartiben started the warm up exercises, which was quite light and easy to adapt. We had the lady from Redbridge Council who turned up at 7.45 pm, and she started giving the articles to do exercise. And soon after she started the exercises. And only my remarks is that she was doing more of the aerobic exercises and is not at all suitable for the members who are over 60 years of age. . She finished the exercises in half an hour and many thanks to her for taking time to come and spend with east area members. .

Afterwards, a hot meal of daal with hot rotli, salad and gor was served, and everyone enjoyed the meal. All had tea and homemade biscuits, and while this was going on they collected a £1 each from everyone to give to the lady who had come to do the exercises.

There was one table of 6 players played cards and others were mingling with each other. Every one were happy and as usual time approaching to close the evening. Monthly events are very successful and people come to know each other and get news.

ઈસ્ટ એરિયા માં દાળ રોટી સાથે કસરતનો કાર્યક્રમ

શનિવાર ૧૮ મી મે ના ઈસ્ટ એરિયા ના સેન્ટ જોહ્નસ હોલ માં ૭.૦૦ થી ૧૦.૦૦ ના દાળ રોટી નો કાર્યક્રમ ગોઠવવામાં આવેલ. હોલ ખુલવાની સાથે મેમ્બેરો આવવા મંડ્યા અને નવા મેમ્બેરોની હાજરી હતી. અમોને ખુબજ આનંદ થયો કે નવા મેમ્બેરો આવીને ઈસ્ટ એરિયા ના કાર્યમાં ભાગ લિયે છે. બીજું મારો એ પણ વિચાર આવ્યો કે આપણા દરેક પ્રોગ્રામ માં અડધો કલાક એક્સરસાઈઝ રાખવી જોઈએ અને મેમ્બેરોને તેનાથી લાભ મળે.

આજનો કાર્યક્રમ માં રેડબ્રીજ કાઉન્સિલ માં થી લેડી એક્સરસાઈઝ કરાવવા આવવાની હતી તો કોઈ કારણે ટાઇમસર ના આવેલ, તો ભારતીબેને કસરત ની શરૂવાત કરી દીધી અને પછી જે લેડી આવવાની હતી તે આવીને અડધો કલાક બધાને એક્સરસાઈસીઝ કરાવી.

મારા પ્રમાણે તેની એક્સરસાઈઝ મોટી ઉંમરના મેમ્બેરો માટે વ્યાજબી ના હતી અને વયલી વયના માટે બરોબર કહેવાય. એ જે એક્સરસાઈઝ કરાવે છે તે એરોબિક્સ કહેવાય અને મોટા માટે વ્યાજબી ના કહેવાય. ઈસ્ટ એરિયા લેડી નો આભારી કે તે આવીને તેનો કિંમતી સમય આપણને આપ્યો.

એક્સરસાઈઝ પુરી થઇ એટલે બધા ને પેટમાં ગડબડ થવા લાગી અને ભૂખ ખુલી, અને ગરમ ગરમ દાળ અને સાથે ગરમ રોટલી પીરસવામાં આવી, અને તેની સાથે કચુંબર અને ગોર ખાવાની ખુબજ મઝા આવી. સર્વેનાં મુખમાં આનંદ માતો નહતો અને આરામથી બધા જમ્યા. પછી ઘરે બનાવેલ બિસ્કિટ અને ગરમ ચા પીરસવામાં આવી.

ત્યારબાદ માણસો મેડાવો કરતા હતા અને એક ટેબલ ઉપર કાર્ડ્સગેમ રમતા અને બાકીની મહિલા પણ મેડાવો કરવામાં મશગુલ હતા.

બીજી બાજુ રસોડામાં બધા હળીમળી ને કામ કર્યું અને આમારા પ્રમુખ સાહેબે મેમ્બેરો ને ખાસ વિનંતી કરી કે જમ્યા પછી રસોડામાં મદદ કરવા આવવાનું. ત્યાર બાદ ઘરે જવાનો સમય થઇ ગયો અને બધા શાંતિથી અને ખુશીથી ઘરે ગયા અને બધાને ખુબજ મઝા આવી.

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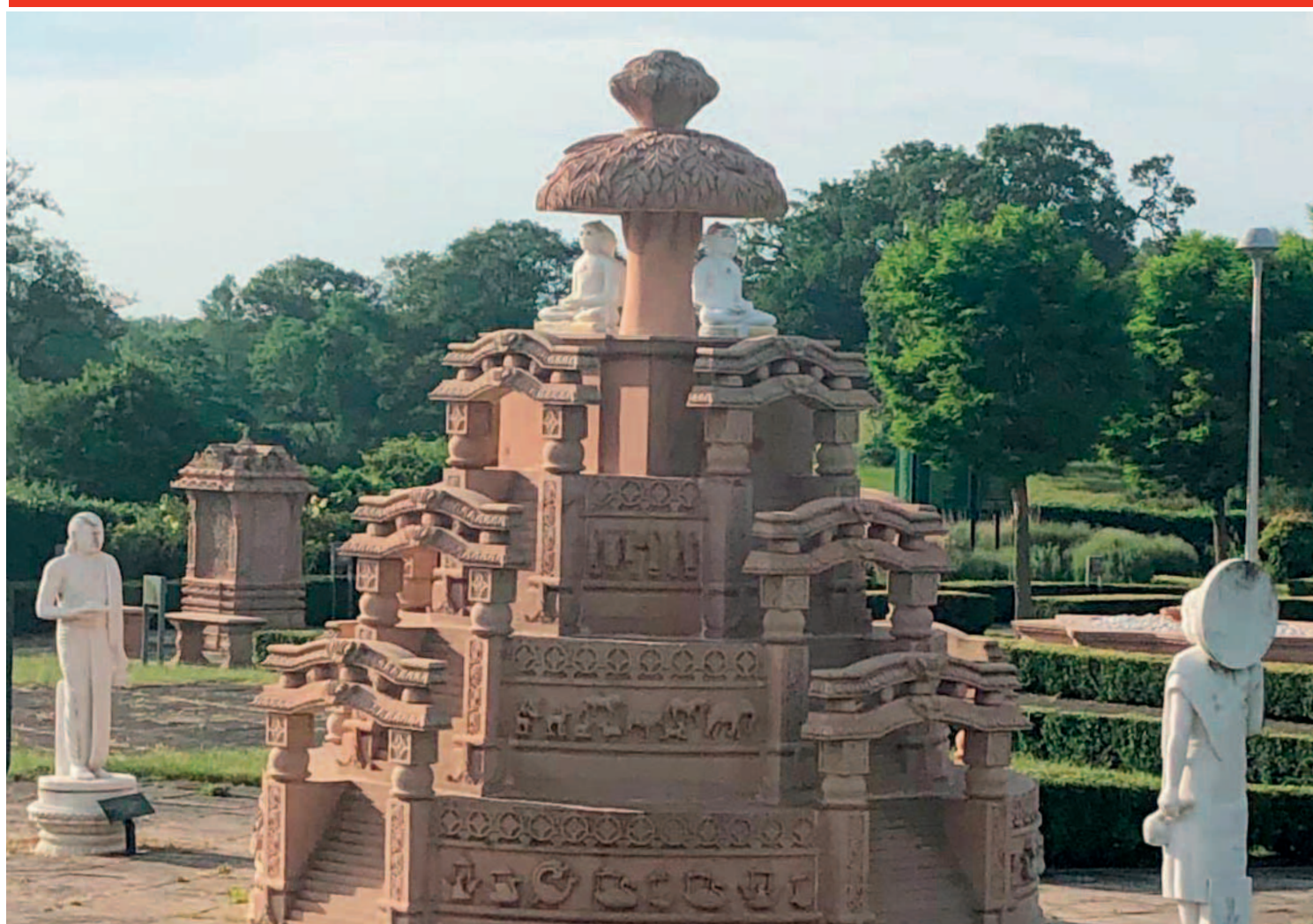


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Weddings, Birthday and Anniversary Parties, Meetings, Sadadi, etc,

Please phone or email the administrators at any of the offices with regard to availability and charges.

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Coopers Lane Road
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Info line 01707 661066
Email: admin@oshwal.org
Website: www.oshwal.co.uk

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If you would like to find out when and where any Sadadi are being held in respect of any deceased Oshwal, please call the information line on for further details.

All sadadi messages received will be placed on the website at www.oshwal.co.uk and also on the message line up to 4 days in advance only of the sadadi date. We request that all messages are kept very short & to the point. The reason is to avoid the engaged tone on the telephone line. Our admin staff will try to accommodate as much as they can but they will have a limitation on the length of the message. We wish to respect everyone wishes at such sad times for the family and request everyone for their kind cooperation in advance.

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